



Mountain Monthly

FREE

APRIL 2020

**Corona Virus
MEASURES**

**RATES TO RISE
in Draft Budget**



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POSTPONED

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LATER IN 2020.**

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Mountain Monthly

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15 APRIL 2020

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Vital Rotary Fire Relief for Farmers Continues



As the world continued to shut down amidst the Covid-19 Virus outbreak, some vital relief efforts to help the state's fire affected farming communities were completed.

An important one was Kinglake Rotary's hay convoys, with the last of the bales delivered to farmers around Corryong.

Rotarians took 50 round bales to farmer Rob in Berrigama. While Rob only has a small herd of cattle, this vital feed will see him through a few months and help him recover from what has been a couple of tough years.

Rob has been through drought, and then broke his leg last year - which he is still recovering from - and then the fires hit.

The Rotarians reported that Rob

was incredibly thankful to everyone who made it happen and those who donated the hay from their farms in Kinglake and Yea.

The run was organised in conjunction with the Victorian Farmers' Federation and on the day, Bob Burns drove his 4wd and trailer; Lance Payne drove his semi-trailer kindly donated by Rock Logistics and; Peter McMahon drove his tipper and tag trailer.

But, an army also marches on its stomach and to keep the convoy drivers and workers fed, what became known as 'the Kelly Court girls' from Kinglake baked up a storm to keep them fed on the road, with some shared with the locals at the other end.

Rotary will continue to work with stock and station agents to purchase stockfeed for farmers in need.

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COVER PHOTO: *A bumper season for beautiful funghi. Photo: Neesha Sinclair*

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Responding to Corona Virus in the Ranges

With unprecedented states of emergency declared and government responses changing on a daily basis to the Corona Virus outbreak, Mountain Monthly was restricted as to how much current information we could bring our readers.

At the time of going to print, many local event organisers and individual groups involved in gatherings had either postponed, cancelled or were reviewing their options.

The Victorian Government's main focus under the declared State of Emergency was a ban on sporting and cultural events and functions that were not considered to be essential services.

To this end, the state's major museums, State Library, National Gallery and arts centres were expected to remain closed for an indefinite period.

These restrictions were expected to increase.

On a more regional and local level, the Shire of Murrindindi had activated its pandemic plan, while being able to maintain critical services to the community.

Regular updates can be found on the shire's website.

But, the Dindi Sustainability Expo planned for 18 April has been postponed, with other planned events and activities being reviewed.

The council's library branches in Alexandra, Yea and Kinglake remained open at our deadline time, but all events and programs have been suspended at the libraries.

The Mobile Library and Customer Service van has also been suspended until further notice.

Please check with the council website or call to check whether any listed events or functions are postponed or going ahead.

Local events

Major community events, such as the ANZAC Day Dawn

Markets – Kinglake Rotary's Produce & Artisan Markets have been postponed.

Check whether other regular, nearby markets are going ahead.

Arts & Culture – Kinglake Ranges Arts painting

Service Clubs – See the Kinglake Rotary report this edition for cancellations and postponements of planned programs.

School holidays – Ellimatta Youth will have a school holiday program, but this will not include excursions. Check what is available.

With school holidays in full swing and the Easter long weekend from 10-13 April, check what other programs may not go ahead.

Help for Wildlife - This volunteer group will continue to provide advice and rescue information when you call. But, they may be limited with the number of members who can personally respond, due to limiting their travel and exposure to public places. If you can contain small, injured wildlife, it can be taken to the nearest vet. If a large animal is injured on a roadway, please call 000 and ask for police. There will be updated messages on the HFW call lines.

Autumn/Winter heating – Firewood suppliers are expecting already flagged shortages to become worse as we head into the colder seasons.

See the article in this edition and plan for your heating needs now.

Animal supplies – Kinglake Ranges Vet Clinic was planning a home delivery service for existing clients within 30 km of the clinic. This service is free of charge.

Our plan is to offer this service every second day. It is aimed at at-risk clients and those in self-isolation and includes animal food products and ongoing medications. Call the clinic on 57861777 to check.

Helping others

The most severe impacts of the Corona Virus are already being felt by our most vulnerable community members – the aged, anyone with existing health conditions, those without transport or reliant on carers.

The general message has been to reach out to our neighbours or anyone in the community who may need help with transport, shopping and other needs.

Support systems and mechanisms will continue to emerge, but be mindful of those who may be less able to cope and offer to help where you can.

Our Businesses

Shop local!

As public movement becomes more restricted and events continue to be cancelled, our tourism, hospitality and service industries will be seriously affected.

Some have already decided to close for the rest of the summer tourist season.

Check availability before heading off.

But, as our Foodworks Supermarket in Kinglake and other outlets in the shire's main towns continue to service their customers, we can restrict our travel out of the area.

As many of our businesses are small and medium sized enterprises, we need to ask how we can help support them.

Service at St Peters Memorial Church will align with statewide bans and restricted events. Please check the Public notice in this edition for details.

Other events such as the Kinglake Country Fair to be held in late March was also postponed.

The planned Gaugin exhibition had also been postponed.

sessions at the Kinglake Neighbourhood House have been postponed at this stage.

Check with your Neighbourhood House or other service providers in regard to what may be cancelled.

Sport – Check with clubs and codes to determine whether training sessions or matches are going ahead.

What's on

Kinglake Ranges Events April 2020

Check that any events listed are proceeding

3

Landcare
Wasp
talk

5

Ecological
Walk at
Stony Creek
Reserve

5

Daylight
Savings
ends

10-13

Easter
long
weekend

15

Mountain
Monthly
deadline

MEETING

Kinglake District Cricket Club AGM

Monday 4 May 2020

7pm at Kinglake Memorial Reserve

PUBLIC NOTICE

ANZAC DAY DAWN SERVICE KINGLAKE St PETERS WW1 MEMORIAL SITE

5.30 AM SATURDAY 25 APRIL 2020

THIS YEAR'S SERVICE WILL BE RESTRICTED TO FLAG
RAISING AND WREATH LAYING FOR THOSE WISHING
TO ATTEND DUE TO THE IMPACT OF LARGE PUBLIC
GATHERINGS CAUSED BY COVID-19 WARNINGS

FOR FURTHER INFORMATION CONTACT
PETER CROOK 57862030

PETER CROOK
COORDINATOR KINGLAKE DAWN SERVICE

**FOR ALL YOUR
ADVERTISING NEEDS
CALL NEESHA SINCLAIR
ON 0491 200 533**

PUBLIC NOTICE

To All Horse Riders across the Kinglake Ranges

A reminder that the Kinglake Trust Reserve is a public ground governed by The Kinglake Trust Committee BUT the riding arenas and cross country jumps etc are owned by Kinglake Riders Club and Kinglake Pony Club and are **ONLY** for use by insured members of these two clubs. **Non members ARE NOT ENTITLED TO RIDE THEIR HORSES ON THESE GROUNDS !!**

This is a serious insurance liability issue! Thank you



4TH SUNDAY OF
THE MONTH, 10AM-2PM

KINGLAKE

Produce and Artisan
MARKET



POSTPONED

Stalls will feature a variety of Fresh Produce, Breads, Dips, Wines, Coffee, Crafts, Hot & Cold Foods (Sweet & Savoury), Jumping Castle, Face Painting, Live Music and much more from the Kinglake Ranges and surrounds.

Ellimatta Youth Space
94 Whittlesea-Kinglake Rd

Find us on 

Stallholder inquiries:
kinglakemarket@gmail.com or 0409 849 722

www.kinglakemarket.com



BOLLYGUM COMMUNITY MARKET



POSTPONED

Nestled in the heart of Bollygum Park's clearing, the market boasts a variety of stalls selling fresh produce, goods, fashion to homewares, garden to garden and fabulous food.

10AM – 2PM 2nd SUNDAY OF THE MONTH

We will see you in 2020 on
| 9 February | 8 March | 12 April | 10 May |

40 Kinglake-Whittlesea Road, Kinglake

New stallholders welcome!

Contact our Market Coordinator on 0474 837 900 or via the Bollygum Community Market Facebook page.

Rates to rise under draft council budget

Recommendations for the Shire of Murrindindi's draft 2020/2021 budget – including a 1.95% rise in rates – was due to be considered at a special council meeting in late March.

The draft budget will be made available for public comment and recommendations before it returns to council for formal adoption in May.

At the time of going to print, shire CEO, Craig Lloyd, said if the draft budget was adopted then 'rates are proposed to rise, as the cost of providing services and maintaining infrastructure continues to rise'.

"However, the proposed draft budget, if adopted, will limit increases to average rates to no more than 1.95% - which is below the 2% allowable under the Victorian Government's Fair Go Rates System. Additional savings have also been achieved across Council's services to ensure best value is being achieved", Mr Lloyd said.

Mr Lloyd said the 2020/2021 budget marked the final financial year in which Council could deliver on commitments to the community set out in the 2017-2021 Council Plan.

Council will consider adopting a range of new budget initiatives in the draft budget,

including an increased Capital Works Program delivering a range of projects across the Shire, including:

- \$3.86 million on roads and paths including reseals, re-sheeting, footpath renewals and improvements to unsealed roads
- \$175,000 to improve safety at the Kinglake West Primary School crossing and surrounds
- \$479,000 on Marysville Swimming Pool renewal works
- \$160,000 on Kinglake Public Toilet Renovation (Aitken Crescent)
- \$350,000 on a new public toilet in Kinglake Memorial Reserve
- \$45,000 on solar hot water showers for male and female amenity blocks at Eildon and Marysville swimming pools
- \$40,000 to replace bi fold doors at Yea Recreation Reserve Clubrooms
- \$189,000 to improve connectivity to Kellock Lodge (William Street to Johnston Street, with connection to Leckie Park)
- \$45,000 for additional shade sails at the Yea Swimming Pool
- \$100,000 for the extension of the

footpath in Falls Road, Marysville (Stage 1 – Gallipoli Park to Goulds Terrace)

- \$50,000 for bridge renewal at the entrance to the Yea Caravan Park

In addition, officers are recommending a range of initiatives including:

- free public entry to swimming pools in Alexandra, Eildon, Marysville and Yea.
- a one year trial of late-night pool openings on Fridays and Saturdays at the busiest Swimming Pools in Alexandra and Yea.
- the addition of an arborist to the council staff and a \$100,000 increase to funding for tree works.
- funding to implement the recently adopted Murrindindi Shire Tourism and Events Strategy.

Mr Lloyd said the list was not exhaustive and further details would be made available in the coming weeks.

Full details of the recommendations being made to Councillors will be available on the council's website. Subject to approval by Council, we will be making the draft widely available for public comment. Details of how our community can make comment will be provided following approval of the draft by Council.

Firewood supplies likely to run low

Being able to source already scarce, good quality firewood supplies for the autumn and winter seasons may be further affected in the wake of the Corona Virus fallout.

A timely warning that much of the supply coming into the state is 'green' wood and likely to attract higher sales prices, comes from Nagambie Firewood's Rob Fearn.

Rob has been in the business for 27 years and said even his supplies that were sourced before last summer and stored in order to dry out, are sold out until next May.

He also issued a warning to customers to carefully check they are receiving the weights they have ordered, and to be wary of online sites such as Facebook and Gumtree, that have already seen 'sales scams' with upfront payments and no deliveries of goods.

The Victorian Government estimates more than 1 million tonnes of firewood is burnt in the state each year.

"It really is a case now of thinking well ahead, or otherwise you will be joining the queues", he said.

Rob said that while it is a difficult idea for many to buy their firewood supplies and have them delivered in summer, it's those pre-orders this year that have been filled, with no guarantees of supply going into winter.

Much of the supply is coming from NSW, but it is mainly 'green' wood.

Adding to the supply issue is the pending shutdown of native timber harvesting in Victoria. Whereas previously, the 'waste' product from logging added to firewood supplies, it is now being sold in 'logging lengths', which means supply businesses have to be able to unload, cut and process it while meeting all the regulations.

The buying price for many smaller operators means having to charge increasingly high prices.

And, an added unknown is the weather. If we experience a wet autumn and winter then the ability to collect supplies becomes extremely limited. The last wet start to the cold seasons saw prices jump by up to an extra \$100 a tonne.

Rob also urged customers to check that they are getting what they pay for. If buying by the cubic metre, make sure it is stacked on a delivery vehicle so it can be measured, or it comes with a weighbridge document if buying by weight.

If you are tempted to try collecting your own, then ensure you check with your local shire council as to the requirements on roadsides.

You can also check on the Department of Environment, Land, Water and Planning (DELWP) website delwp.vic.gov.au where firewood collection on public land for your region is outlined.

Such collection may be seasonal or subject to permits.

First round FRRR grants close on 8 April

Kinglake Ranges Neighbourhood house and FRRR hosted two Grant Seeker information workshops during February.

The Grants for Resilience & Wellness (GR&W) have a specific focus on providing support for community-strengthening and resilience-building projects for

communities in the Kinglake Ranges that were affected by the 2009 Victorian bushfires.

GR&W are available to community-based organisations and communities of the Kinglake Ranges, specifically Kinglake, Kinglake Central, Kinglake West, Pheasant Creek, Toolangi and Flowerdale.

A total of 20 participants attended and discussed the grants and

how to apply. Community representatives had the opportunity to discuss project ideas and identify other community projects for potential collaboration.

The first round of grant applications opened on 4 March and closes on 8 April. A second round of grant applications will be open in August 2020.

For more information, contact Jennifer Worthington Community Grants Development Officer at the Kinglake Ranges Neighbourhood House.

E: grants@kinglakeranges.com.au or go to the Website: <https://kinglakeranges.com.au/grants-for-resilience-wellness/>

Community Foundation Grant Programs open for 2020

The Marysville and Triangle Community Foundation says its 2020 grants program opened on 16 March and unlike previous grant rounds offered by the Foundation, this one will be open for nine weeks, closing on May.

The Foundation has two grant streams available.

The Bushfire Recovery Fund was established to provide assistance to those affected by the 2009 bushfires in the Murrindindi Shire. Small grants are available for projects that relieve a hardship created by the fires and are open to community groups across the Shire.

This will be the final grant round from the Bushfire Recovery Fund. Any remaining

funds from the original Victorian Bushfire Appeal Fund allocation will be transferred to a new Trust, which will follow similar principles to the Bushfire Recovery Fund but will allow the Foundation to grow funds to continue to deliver its vision.

The second grant stream is the Triangle Community Development Fund. This fund supports recovery and community projects in the Marysville and Triangle area. There will be a second grant round for this program opening in August 2020.

Some of the grants supported in recent grant rounds include Singing For the Soul workshop and performance; Community Hub at Taggerty community garden; Marysville Jazz and Blues Weekend and;

the upgrade of facilities at Spring Valley Recreation Reserve in Flowerdale.

The chair of the MTCF, Tony Thompson, said potential applicants needed to contact the Foundation to discuss their project before submitting a grant application.

The MTCF was established with the vision of building a legacy for a vibrant, healthy and resilient future across the communities of Murrindindi Shire.

Information about the funds is available at the Foundation's website www.marysvilletrianglefoundation.org.au or by contacting the Executive Officer, Robyn Hill, on 0488 007 688.

Fire danger period ends

CFA Chief Officer and CEO Steve Warrington emphasised that although the FDP is coming to an end in some areas, it is important to remain vigilant.

He stated that where fire restrictions are still in force, a zero tolerance policy will continue to be enforced for those people responsible for illegal fires.

"Residents that wish to conduct burn-offs on their private properties need to follow some basic rules; register your burn-offs first and foremost, check weather conditions and monitor the wind, and follow local council laws and regulations."

Mr Warrington also highlighted the need for landowners to openly communicate with authorities and neighbours.

"As well as registering your burn-offs with

ESTA, you need to alert your neighbours to the fact that they may see smoke on the set dates."

"CFA crews have been extremely busy this fire season and would like to avoid having to respond to false alarms because people are not registering their burn-offs."

"By registering your burn-off, when somebody reports that they've spotted smoke, the incident will be cross-checked with the burn-off register and prevent a CFA crew from having to respond to a false alarm that takes them away from family, friends, work and other potential emergencies."

Landowners can register their burn-off with the Emergency Services Telecommunications Authority (ESTA)

by calling 1800 668 511 or emailing burnoffs@esta.vic.gov.au

Whether registering a burn-off by phone or email, people should be prepared to give some basic information including location, date, expected start and finish times, estimated size, and what they intend to burn.

"The burn-off line is very easy to use – the operators are friendly, and prompt you by asking the key questions," Mr Warrington said. "When conducting burn-offs, remain alert and always have resources on hand to extinguish the fire."

For the latest information on Fire Danger Period dates, visit: <https://www.cfa.vic.gov.au/warnings-restrictions/restrictions-during-the-fire-danger-period>



Moving Murrindindi
Volunteers Drive Community Transport

Moving Murrindindi is a new community transport initiative aimed at helping Murrindindi Shire residents get where they need to go.

We provide a flexible, low cost transport service to help you get to medical, therapeutic or social appointments across the region and into Melbourne.

To book a ride or become a volunteer driver call Community Accessibility Inc. on 5721 3045 or email access@gettingthere.net.au





**KINGLAKE HERITAGE
VEHICLE DISPLAY**
Sunday 19 April 10am-2pm
Kinglake West Oval
Whittlesea-Kinglake Road, Kinglake West

CANCELLED
Due to Unforeseen Circumstances

Food & Drinks Available - Entry by Donation
Enquiries - Ken Aitken 5786 1658 AH
Kinglake Historical Society



ACCREDITED TRAINING

RII20715 Certificate II Civil Construction

CHC30213 Certificate III Education Support

CHC33015 Certificate III Individual Support

CHC43115 Certificate IV Disability

SHORT COURSES

HLTAID003 Provide First Aid

HLTAID001 Provide cardiopulmonary resuscitation (CPR)

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**.....
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with takeaway food or weekly special meals



Rotary Club of Kinglake Ranges

It has been a turbulent time for everyone. From a Rotary point of view, here's an update of our proposed activities:

- Kinglake Country Fair including our regular markets now postponed to a later date, probably Spring.
- Our normal 4th Sunday markets held at Ellimatta – postponed for April To be reassessed month by month.
- Defensive Driving Course at Murcotts Sandown for our young drivers, L platers, and green and red P platers – postponed until spring (note this has been paid for but we don't want to take any chances).
- 4WD Weekend to be held in late May – to be reassessed in April and we will advise via Facebook and the Mountain Monthly.

Bushfire Recovery: Fortunately the last of the Hay runs was held at the beginning

of March when all remaining bales were delivered. Thanks to the Kelly Court ladies for those beautiful cakes and slices that were nibbled on the road and particularly shared with locals at the outbound end of the run. Needless to say, none were left by the time the team returned to Kinglake that night.

We still have some money in the bank account and will be working with local stock and station agents where they purchase the stockfeed pellets and distribute to local farmers in need.

They will take photos of the donations being received and as always there will be a transparent audit trail to ensure your donations are utilised properly. This will see the end of our stockfeed part of the bushfire recovery assistance.

The next phase of our assistance to these bushfire regions around Corryong will be to assist with infrastructure such as water tanks. If you would like to help, our Rotary

club is still accepting donations to the Hay account at Bendigo Bank BSB 633000 Account No. 144 264 876.

Anzac Dawn Service: Rotary will not be present due to the cancellation of the commemorations.

Pride of Workmanship Awards:

Among all the doom and gloom, these are still going ahead. If you would like to nominate someone who excels in customer service or a young person who contributes exceptionally to our community, please contact Neil Bowles (0408 630 509 or email neil.bowles@gotja.com) for the guidelines and application form.

Take care, make sure you do all the sensible things to protect yourselves and your family and we will get through this and back to our normal wonderful mountain lifestyle.

The Rotary Club of Kinglake Ranges Team

Toolangi-Castella community has spoken

Community members from Toolangi and Castella had their voices heard on Thursday 27 February when they came together at the CJ Dennis Hall as part of a community led Community Planning Project.

Nearly 60 community members attended the evening and took part in shaping their future direction.

The event was enormously valuable, with 8 projects prioritised for inclusion in the Toolangi-Castella Community Plan for 2020 – 2022. The projects, in no particular order, are

- Improved tennis courts – reinstating and developing tennis courts for community use, including site clean-up and drainage repair
- Development of local mountain biking trails and jumps
- Development of skate parks and other parks for young people
- Supporting activation and community use of the Toolangi Forest Discovery Centre – which includes liaising with the TFDC Committee and exploring all options
- Advocating to improve local phone and internet services
- Advocating for a hard rubbish service

– including investigation of alternative and viable options with business or community providers

- Celebrating local history – Create a local Toolangi-Castella history collection and acknowledge and connect with indigenous groups about indigenous cultural heritage, both past and present
- Increase the number of walking and horse-riding trails – including improvements to the Tall Trees Trail and signage for all key sites and tracks

Council's Community Planning Portfolio Councillor Sandice McAulay said it was great to hear that so many locals put their hand up to form action teams, which will help bring the 8 priority projects to life.

'It's not too late to get involved in an action team. If you're keen to get involved, please give Council a call on 5772 0333 and we can put you in touch with the action team that interests you.

'We invite community members to come along to a Community Planning meeting at 6pm on Monday 23 March at the Toolangi Castella District Community House. This will be an opportunity for action teams to start working together and exploring how they can deliver each of the priority projects for their community.

'Next, the Community Planning Group will finalise their draft Toolangi-Castella Community Plan which will reflect those 8 priority projects with a committed action team. The Plan will then go out to the broader community for feedback.

'The Plan will be created, owned and driven by the community, for the community and it will represent the voice of Toolangi-Castella community members.

'We have one more Community Planning event coming up for Marysville on Thursday 12 March at Marysville Community Centre. Everyone is welcome to attend this event and RSVPs are essential. It's a great night and it's an opportunity to help make a significant contribution to your community.

'The community has reached a huge milestone in their Community Planning journey and it wouldn't be possible without the wonderful people involved. A huge thanks must go out to IAG, and their local brand WFI Insurance, for their generous support of this Community Planning Pilot Program,' Cr McAulay added.



For more information or to get involved in an action team for one or more of the priority projects, see www.murrindindi.com.au/communityplanning or phone 5772 0333.

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For further information on animal registration go to www.murrindindi.vic.gov.au or call us on 5772 0333.



Our Heritage

Reflections on Anzac Day

On Anzac Day, many Kinglake residents take part in ceremonies to remember and pay tribute to the Australian men and women who have served this country in time of war, in particular those who enlisted from the Kinglake district. The landing at Gallipoli during World War 1 is always in the foreground of memories of that time.

In 1914, 48 young men from this district enlisted and, after some weeks of training, they were posted overseas to either Gallipoli or the Western Front where they were confronted with the horrors of war. As one of a fortunate generation of parents who did not have to see their sons sent to war, one of my reflections on Anzac Day is to wonder how the Kinglake families felt at that time.

In 1914, the Kinglake district had a small population scattered over 10 miles east to west along the ridge with farming and sawmilling as the main local enterprises and sources of employment. We know that two or more brothers enlisted from some of the Kinglake families and, as the number of young men leaving the community increased to 48, there would have been at least 35 families living in daily anxiety about their absent sons and brothers.

In addition, the absence of

48 young men from the small country communities of Kinglake West, Pheasant Creek, Kinglake Central and Kinglake would have left the work force in local timber mills and on local farms seriously reduced. Their absence also meant that local cricket and football teams struggled to continue over the war years.

The families of the whole district must have been disturbingly conscious of the gap left in their community and of the dangers facing the sons of the district who had bravely volunteered to serve 'King and Country'. In the typical Australian and Kinglake way, they responded by organising to support the district's 'boys' and their families.

Two Red Cross branches were formed, one at Kinglake and another at Kinglake West, the membership of both including men and women. These groups set about a busy program of activities to raise funds - dances, concerts, card parties, jumble sales, raffles and auctions. Local families pledged to make weekly donations of 3 pence and these were collected door to door by Red Cross members. The funds were used to purchase wool and fabric, and the women of all the local families knitted socks and scarves and sewed flannelette singlets and cotton shirts to be sent to the troops. Parcels



1914-18 District Honour Board.

of 'comforts' were packed and sent away each month to the 'boys' - jam, fruit cake, books and magazines and a letter of news from home - which were gratefully received when they reached their destination.

For Kinglake district families, the war years 1914-1918 were lived in this constant activity against a background of hopes and fear for the safety of the boys at the front. There was a general sense of loss and grief at the times when news of deaths in action came to local families, but rejoicing and celebration when the war was over. The returning soldiers were welcomed home at social evenings held in the local halls with all the local families in attendance. On these occasions, the halls were decorated with flags, and speeches and handsome presentations were made to each young local hero amid much cheering and singing of 'For They Are Jolly Good Fellows'.

When the war ended, the

Red Cross branches were supported by the whole Kinglake district community in having Honour Boards made listing the names of all the young men who had enlisted, 24 from Kinglake and 24 from Kinglake West, and these two boards were proudly hung in the local halls. Unfortunately, the Kinglake board was destroyed in the 1926 bushfires and the Kinglake West board in the 2009 fires.

In 2014, with bushfire recovery funding, the Kinglake Historical Society was able to have a new board made listing all 48 names and this board now hangs in the Community Centre to honour those 48 young men and the efforts of the Kinglake community in 1914-18.

In the years of World War 2, 1939 to 1945, a similar pattern of service and community support was in evidence in the Kinglake district and that will be a story for another time.

Deidre Hawkins

Kinglake Historical Society

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Time: 9.30am - 3.00pm

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Art workshops postponed

In an effort to help contain the spread of coronavirus, the committee of Kinglelake Ranges Arts has decided to postpone all upcoming workshops until further notice.

We apologise for any inconvenience this has caused.

We encourage you all to continue with your artistic endeavours during this period of isolation and the Kinglelake Ranges Arts Facebook page will, I hope, be filled with the results of these endeavours.

*Sue Bay, President,
Kinglelake Ranges Arts*



YAVA gallery & Arts Hub is located on the Main Street in Healesville.

The word YAVA is from a Sanskrit word that describes an ancient grain similar to barley which was life giving and nurturing (just like the arts). Shown in capitals as it reminds us of the valleys and hills in our Yarra valley.

YAVA was conceived at a Yarra Valley Art's committee strategic planning event to elevate arts and culture in the Yarra Valley, with the generous bequest from the Margaret Lawrence foundation.

Opening their doors to the public in May 2019, the first exhibition showcased members only and received great reviews. Exhibitions of noted artists have since followed and always include a YAVA artist member. All workshops tutors are artists from the Yarra Valley and have been very well attended.

The current exhibition is, Out Siders 6 March to 5 April. Be sure to visit and have a chat with the volunteers who help with the exhibitions. Also visit their web page. You will not be disappointed.

Nexus develops a diversity plan

Nexus Primary Health participated in its first ever Midsumma Pride March in February under the banner of 'Northern Health'. Nexus walked alongside Northern Health, DPV Health and Hume Whittlesea PCP.

This was the 25th Anniversary of the Pride March and saw 10,607 people marching. The Midsumma March was started to celebrate gender and sexual diversity in Melbourne and to stand in solidarity with the LGBTI+ community that had been subjected to discrimination and abuse for so many years.

Taking part in Midsumma March 2020 is an element of a wider Diversity and

Inclusion plan focusing on making Nexus one of the safest and most welcoming spaces for LGBTI+ community, Culturally and Linguistically Diverse (CALD), people with a disability, older adults, Aboriginal and Torres Strait Islander peoples and others who are experiencing disadvantage.

To support new incentives and programs, Nexus has developed a new Diversity Committee to focus on gaining Rainbow Tick Accreditation and various other schemes to support the diverse community living in Wallan, Broadford, Seymour and Kinglelake. Included in these schemes is an LGBTI+ youth and allies

social group that meets monthly.

More events, activities and promotions will come so keep your eyes peeled for flyers and posters displayed in Nexus facilities, the Nexus Primary health website and Facebook page.

To really make Nexus one of the most inclusive environments for these communities, we need your help. If you identify with the LGBTI+ community and would like to be involved in shaping Nexus for the future please contact Genna Vltas at gennav@nexusprimaryhealth.org.au or call 1300 773 352 for the Health and Diversity team.

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What does property and toilet paper have in common?

At the time of writing this report there is a bit going on. And, I expect readers turning to this report will be wanting to know: how will the current pandemic affect the property market in Melbourne?

We haven't seen any direct effects as of yet. Despite media advice that the public should avoid Open Homes in the middle of March, the auction clearance rate for the week ending March 15 was 72%. Twelve months earlier, during the market slump of 2019, the clearance rate was only 57%. So it doesn't look that bad, does it?

I expect buyers will be concerned about whether or not it is the right time to buy. By association, home owners will be uncertain about timeframes for selling. In 2019, media organisations forecast that price drops would be worse than 10% and that the Royal Commission into lending practice would result in GFC conditions. It didn't happen. In fact in many areas, prices bounced back if they didn't exceed previous medians.

The pandemic is not a financial problem, and though it may have economic effects, if a direct Commission into finance didn't backslide the property market then this won't either.

On the home front, we are seeing buyer demand for well-priced properties. To answer the question, what does property and toilet paper have in common, the answer is: supply and demand. Buyers will be fighting over properties just like they're fighting over four-ply.

The Andrews government has announced that they expect the middle of winter



to be the peak of the current pandemic. If this is the case, winter will probably see larger numbers of householders staying indoors outside of normal work hours. If you are considering listing for sale, it would be well-advised to hit the market as soon as possible, while there is still strong buyer activity.

As it is difficult to look forward six months, and I've misplaced my crystal ball, my advice is to act on what we know now, and sell while conditions are good.

People always need somewhere to live. With high volumes of properties available for sale right across Melbourne, those vendors are going to need to buy. At the moment, Integrity Real Estate has stock everywhere—our mantra in our offices is

Integrity knows no bounds. We are selling in Alexandra, Croydon Hills, Buxton, Mount Evelyn, and Lilydale. Selecting an agency with a practised repertoire of digital marketing tactics is of paramount importance in the modern day. Most of our vendors in these areas are moving to regional locations, especially if they live in metropolitan or suburban Melbourne. As a result, we forecast that this demand will remain for the next few months until the weather turns decidedly cold.

Winter is usually a slower time to sell than summer and spring. Although my advice is always to assess the economic conditions rather than the weather, as we still sell volume in the winter months, vendors have been conditioned over decades to sell when the flowers are out.

We are programmed to wake up in the spring, so I suppose it's only natural. However, this year may be a bit different.

Thinking of selling? It's simple. While there is demand, respond to it. Especially for my readers in country areas, now could be the renaissance for regional properties—when people are disillusioned with living in the suburbs, they want to move where there is space and fresh air. If you are looking for advice on when to sell, give us a call on 5786 2033 for a no-obligation chat.

And take it easy everyone. It seems that most people I speak to are on the same page about what's going on, so let's all keep calm together, and only buy 1 packet of pasta instead of 10.

*Rob Verhagen
Integrity Real Estate*

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END OF FIRE RESTRICTIONS AND AMNESTY BURN PERIOD

The CFA officially declared an end to the fire danger period on Monday 16 March. From this time, residents in farming areas can burn off vegetation material without a permit. Residents in township zones and built up areas can burn-off vegetation material without a permit from Monday 16 March 2020 to Monday 4 May 2020.

Residents can also deposit green waste free of charge and all year round at any of Council's Resource Recovery Centres.

There are a number of conditions that still apply. Before burning off, please register your burn by calling 1800 668 511. For more information about burning off and the amnesty period, please visit our website and search 'amnesty', or give us a call.

The immediate impact

How our days can change! One minute I am happily doing my weekly grocery shop planning my meals, budgeting and meal prepping like any other week.

The next, I am struggling for a car park, can't get a trolley and having many people rushing around in a mad panic to purchase everything they can in sight. Keeping in mind our articles are written one month out from production! . . . so as you are reading my editorial – I am not sure what this situation will look like.

The emergence and rapid spread of the Coronavirus Disease (COVID-19) has demonstrated how quickly change can take place in our economy.



In Australia we have over 298 confirmed cases and 5 deaths – to date reported. Less than 3% of these reported cases and less than 1% of the fatalities.

A surprising outcome for me has been the panic that gripped sections of our population. Some blame can be laid at the feet of the media and that the government has also played a role in driving this irrational behaviour.

We do need to consider the economic

impacts of COVID-19 and on top of the bushfires and flooding across our nation – the effects are yet to be fully felt.

Business activity may fall across many sectors, particularly tourism, hospitality and retail. The risk of increased underemployment and unemployment will have a direct impact on many of my customers and many businesses.

Across our own community this is impacting everyone directly in some way. Hopefully we can work together as we have before to keep continuing to support one another and be kind. Look after yourselves and keep informed and up to date with information as much as possible.

Nicole Sevenich

Nicole Sevenich is Credit Representative No. 479851

Dealing with damage in a property transaction

We might have got our latest property purchase right but finding the ideal position at a doable price – or selling well – begs the question of what happens if a property's condition has changed dramatically when it comes to settlement time?

Rochelle Manderson from TBA Law examines this situation.

Putting it simply, a property must be in the same condition at the time of settlement, as it was in when the contract was signed.

But, what does that actually mean and what constitutes fair wear and tear, as opposed to game changing damage?

The Contract for the Sale for Real Estate is generally what we call a standard form contract. This means the general conditions contained within the contract remain the same with each property transfer, unless specifically amended by way of a special condition.

When you read your contract, you will likely see the general conditions have either been drafted by the LIV or by the REAV. In either case, the relevant provision you need to look at in this instance is General Condition 24.

Before your eyes begin to glaze over, General Condition 24 is far more exciting than you may first think. This is the provision that requires the Vendor (that's the party selling the property) to deliver the property and goods to the Purchaser on settlement in the same condition as at the time of sale, fair wear and tear excluded.

This should not be onerous for the Vendor, as no requirement is made to improve



the property, and general household maintenance is all that is required between the sale and settlement.

The Purchaser will conduct their final inspection prior to settlement, and this is where the purchaser should note if there is damage to the property since signing the contracts. If there is substantial damage, the purchaser can require the vendor to reinstate the property (ie – fix the damage) prior to settlement. In these circumstances, settlement may be delayed, however, settlement cannot be delayed if the damage to the property is beyond fair wear and tear, but is still considered to be only minor damage. Again, the Vendor must remedy this prior to settlement, but there is a second option in these circumstances.

How to make the Vendor comply

General Condition 24 has a proverbial sting in its tail by allowing funds, up to \$5,000, to be held back at settlement to restore the property and, hence, remedy the Vendor's breach. In such circumstances, the purchaser must nominate the amount (up to \$5,000) to be held by a nominated stakeholder pending resolution of the dispute following settlement.

However, in these circumstances, **the purchaser must also provide the equal amount to the stakeholder at settlement.** This is an incentive for the purchaser to

actually deal with the matter quickly and release the balance of the funds to the Vendor.

If you are unsure if the damage constitutes the GC24 treatment, you should be guided by your legal representative. They will be able to assess more accurately whether damage is substantial, minor, fair wear and tear, or insignificant, in your particular circumstances.

For a vendor, ensure you keep the property maintained in the condition it was in at the time the contracts were signed. If you are at all concerned, then take your own photographs on or about the day you sign with the purchaser.

So too can the purchaser take photos of their own at this time should they be concerned at all about any part of the property. Remember, real estate agent photographs are not indicative of the time of sale.

For the purchaser, your final inspection gives you the chance to view the property and ensure it is in the condition it was at the time of sale. You should not be concerned about a coffee stain, as that is clearly fair wear and tear, however you should be concerned if the bathtub is broken when it had not been at the time you signed the contract, as that is damage.

In a worse-case scenario, if a wall has fallen down, you will have substantial damage. If the property has been destroyed or is uninhabitable, the purchaser can rescind the contract under the Sale of Land Act.

Generally speaking, issues such as these are rare, however they can occur. So be alert to the property you are buying, or simply maintain the property you are selling, and your experience should be a pleasurable one.



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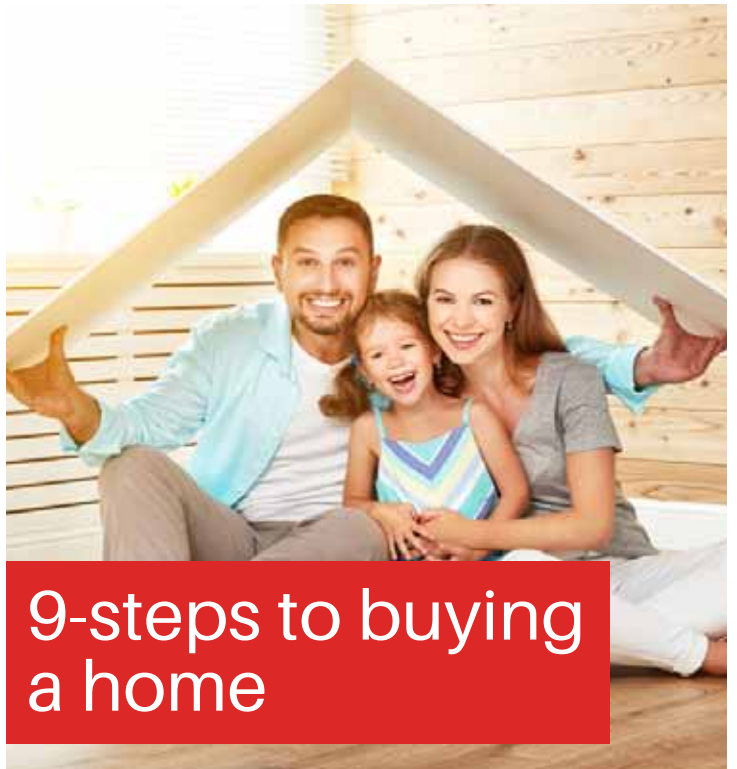
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Boost your immune system now

As the world goes into lockdown, this month we will recap how important good food and traditional methods of cooking and eating - as well as many common herbs and spices - can make a massive difference to your immune system.

The nature of the Covid19 virus is a damp toxin that primarily attacks the ACE2 receptors of the lungs. It's important to note that Hypertension medication inhibits ACE2 receptors, which may explain why older people are more vulnerable to the virus than the young. There are many things you can do and some of the most important factors include diet, stress and sleep.

It seems our ability to fight infection is directly related to adequate sleep, while increased stress levels also depress our immune response. Trials have shown that 20 minutes of meditation helps fight infections, so relax and get plenty of sleep if you're run down. Recent studies on type 2 diabetes have found that eating sugar has a measurable decrease in immune function, so keep sugary foods to only a treat, not every day.

Supplementation to boost immunity depends on what you take when. Vitamin A (think carrots), C and E work best when taken prior to getting a cold. This includes cod fish liver oil for the kids (eg. Hypol) as this is full of the vitamin A and D that is vital for immune function.

Astragalus is a Chinese herb that has shown real promise in clinical trials in boosting immune cell count, as does Shitake and Reishi mushrooms. Zinc and selenium are important for fighting infection and are effective taken as a preventative as well as when you have a cold. Echinacea has shown repeatedly to be most beneficial when taken during the early phases of a cold, as well as Korean ginseng, while both are useful to take as winter takes hold to boost what we know



of in Chinese Medicine as your 'defensive Qi'.

Food is the most important daily medicine. Research shows that one of our most common vegetables is very important. Carrots that have been boiled for around 15 minutes release in an absorbable form high levels of interferon that interferes with viral replication. Soup is the easiest way then to boost your immunity daily. During the research for this article there were many articles on Science Direct and Google Scholar that showed immune boosting aspects to many herbs and vegetables. Very prominent herbs/foods include, sage, thyme, oregano, celery, cinnamon, barley and Gou Ji Berries. Warm soups are clearly an ancient remedy that is fully supported by research.

Try and avoid a lot of raw foods as they are difficult to digest when your body is adjusting to a colder season and cold drinks also put cold in our tummies while the body is trying to keep warm so drink warm water, hot teas and lots of healthy soup. Keeping yourself warm inside and out is paramount as it ensures your immune system can resist the invasion of pathogens, so adding warming spices such as a good 1/4 teaspoon of cinnamon

on your brekky each morning really boosts inner warmth; as does ginger which you can have a few fresh slices with lemon and honey as a tea, and add ginger to your stir-fries and curries. Turmeric, chilli, garlic and black pepper are all very warming and directly fight cold and flu. The trick is to eat these things daily in whichever way takes your fancy. Stewed fruit is an easy way to incorporate warming spices, a great excuse to eat warming apple crumbles with cloves, nutmeg and cinnamon or poached pears and cinnamon and ginger are really lovely ways to get that inner cosy going.

Remember antibiotics do nothing to viruses, only bacterial infections, while they kill your good digestive bacteria - which have been clinically shown to assist in immune function. Anti-inflammatories such as Ibuprofen suppress the immune system and thus allow viruses to sink deeper into the body, so avoid them and use simple cooling methods such as tepid water and lavender as a compress and peppermint/ chrysanthemum tea to cool a fever.

With a cold, damp winter that we are having so many people are struggling this year with coughs, so boosting your intake of leeks, onions, spring onions, garlic etc are very good for warming lungs and clearing phlegm. These are best in soups such as chicken vegetable or minestrone or add to any soup or stew.

So, get into some immune boosting herbs now, and eat well and heed professional advice.

Dr Angie Palmer
Registered Chinese Medicine doctor



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Exercise for pregnancy

Pregnancy is an incredible time for a woman marked by an amazing, and at times challenging, transformation. Pregnancy might leave you feeling delighted, anxious, exhilarated and exhausted — sometimes all at once.

Common physical changes during pregnancy include bouts of nausea from rapidly rising levels of oestrogen and progesterone, tender, swollen breasts, increased urination, fatigue and dizziness, and increasing laxity in joints due to hormones, all of which must be managed appropriately to avoid injury.

For those going through pregnancy and not experiencing any complications there is no reason why they cannot exercise while pregnant. On the contrary, staying active and incorporating regular exercise into a pregnancy

routine offers a host of benefits for the mum-to-be. Regular exercise will help keep pregnant women healthy and help avoid pregnancy complications like preeclampsia and diabetes. Not all exercises are suitable for pregnant women however — so seek professional advice early.

Things to remember

- Exercise should be terminated should any of the following occur: vaginal bleeding, shortness of breath before exertion, dizziness, headache, chest pain or muscle pain
- Pregnant women should avoid exercising in lying on their back after the first trimester to ensure that venous obstruction does not occur
- Deconditioning typically occurs during the initial

post natal period, so women should gradually increase physical activity levels until pre-pregnancy physical fitness levels are achieved.

- Increased laxity in joints due to hormonal changes can cause injury if not managed appropriately.

Types of exercise recommended

The following examples are some of types of exercise that are appropriate for women who are pregnant:

- Walking
- Swimming
- Clinical or pre/post natal Pilates and yoga
- Stretching
- General strength training exercises
- Hydrotherapy (only in early months of pregnancy)
- Pelvic floor exercise (this is especially crucial post-pregnancy)

What exercises should be avoided during pregnancy?

- Contact sports or high impact activities that may cause loss of balance or trauma
- Competition sports/activities
- Lying on your back after the 4th month of pregnancy
- Exercising in an overheated pool or environment

It is important to seek guidance from your doctor and/or obstetrician to ensure you do not have any complications that will harm you or your baby. Once your doctor has given you the all clear, expert supervision and specialised exercise prescription is recommended by an Accredited Exercise Physiologist (AEP).

For further information or to book an appointment with Jennifer Loke (AEP), please call 9716 2250.



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Having spent over 20 years as a volunteer firefighter with the CFA, Peter is in the unique position of being able to approach Trauma and Resilience in emergency services from a user's as well as a practitioner's perspective.

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By Trevor Graham, Ranger Team Leader, Parks Victoria

Funding to protect native vegetation

Ongoing work to improve native vegetation in local parks will continue over the coming 12 months thanks to a recent funding boost of \$145,000 from the Reducing Bushfire Risk Native Vegetation Improvement program.

We will be running a fox control program, as well as deer control and blackberry control at Horseshoe Lagoon

Flora and Fauna Reserve. This work will complement the recent environmental watering at the lagoon. Fox control in particular will help protect endangered Broad Shelled Turtles that nest at the site.

The funding will also enable us to continue ongoing programs in Kinglake National Park that reduce pest plants and animals - including goats, foxes, cats and deer - as well as focus on protecting threatened species. These species include Brush-tailed

phascogale, Swamp bush pea, Red-tip Greenhood among others.

Enjoying our lesser visited gems

Kinglake National Park has lots of attractions for people to enjoy – some better known than others. We are keen for locals to help us introduce visitors to some of the lesser visited parts of the park. As an alternative to Masons Falls and Mt Sugarloaf - which were super busy over the March long weekend with cars spilling out of carparks

and along roads - why not have a picnic at Jehosaphat Gully instead. With free BBQs, shelters, picnic tables and toilets, it is not only a great place to relax, but is also the starting point for walks of various lengths.

Or for something a bit different, point visitors down to the base of the range to enjoy the wide open expanses of Toorourrong Reservoir Park. Gentle walks, great views, free BBQs, shelters, picnic tables, open spaces for games, and a peaceful lagoon await.



Name: *Perovskia atriplicifolia* 'Little Spires'

Common name: Russian Sage

A fabulous import from North America where it is very highly rated. It is a compact, erect, multi-stemmed sub-shrub or deciduous perennial. Terminal panicles of small violet-blue flowers, borne on thin white stems, clad with finely-dissected, aromatic grey-green leaves. It is very upright in growth and has long spires of rich violet flowers which combine well with its grey foliage.

Howyn Gardens **Plant of the month**

Height: 400mm–600mm.

Width: Up to 600mm.

Position: Full Sun, dry conditions. Very frost tolerant. Soil type includes chalk, loam and sand. Ensure drainage is good.

Growth habit and uses: Tough, drought tolerant, sun lover. It looks better and does much better when planted in a group. Mass planting, feature plant, foliage. Looks stunning in dry landscapes, and in cottage or Mediterranean gardens. It associates wonderfully with other grey-leaved plants such as lavender and contracts well with the bright colours of Echinacea, Helenium and clump forming grasses. Virtually pest

and disease free, drought and salt tolerant, deer and rabbit resistant.

Flowering time and colour: Long flowering season, from late spring right through to autumn. Beautiful violet blue flowers and contrasting white stems.

Planting: Cut back plants almost to the ground in late winter to early spring as soon as the new growth appears. Russian sage can also be divided at this stage to create new plants. Divide plants to ensure they have a good root system and water in well with Seasol to encourage root growth. A small handful of slow release fertiliser will ensure consistent growth.

Week long stand-off between protesters and VicForests

By daybreak on Monday 2 March, a lone tree-sitter was perched 40 metres up in the Leadbeater's Possum Special Protection Zone in the 'Valley of the Giants' in Toolangi State Forest, waiting to face the machinery that would soon arrive to start bulldozing the logging access road.

The Aboriginal flag banner read 'Stop Logging Country'.

When the landscape scale 2009 fires roared through central Victoria, an area of old wet forest in Toolangi was spared. This rich ecosystem is home to tall trees, ancient tree ferns, threatened Greater Gliders and two critically endangered species: the Leadbeater's Possum (Victoria's faunal emblem) and the Barred Galaxias fish.

Recently, VicForests controversially announced the imminent logging of this coupe, assessed in 1977 by DELWP as 'old growth' and not logged since. Old growth Mountain Ash forests contain more carbon per hectare than any other terrestrial forest so are seen as vital in the battle against climate change.

The area of forest given over to Government owned VicForests for logging, the 'coupe', is also opposite the much-loved tourist attraction, the 'Kalatha Giant' Mountain Ash.

The tree sitter was part of the local emergency response. So was the crowd of concerned citizens, their cars parked in the Kalatha Giant carpark, who displayed hand-painted signs saying 'Protect the Unburnt', 'Save Kalatha' and 'Logging Habitat is Criminal'.

During the day, officers from the Game Management Authority and police arrived. Locals were told to remove their cars



from the carpark and forbidden to take the normal route back to Toolangi via the Tanglefoot Picnic Ground. Instead, they had to wend their way out via rough forestry tracks. No reason was given.

The tree-sitter was removed from the tree by Search and Rescue and arrested.

Passive resistance to the logging continued throughout the week. On Tuesday afternoon the protesters were removed from the immediate area and NAIDOC chairperson, Stacie Piper, was prevented from approaching, when police oversaw the closure of Kalatha Road. On Wednesday, with the protesters excluded, a muddy road was quickly bulldozed through the Leadbeater's Possum Special Protection Zone allowing the machines to start cutting down trees.

Rain on Thursday and another tree sit on Friday ensured that this was the only

logging done. The community declared a win when machinery left the site soon after with no further damage done.

The battle isn't over yet. There has been incredible rallying together from the community of Toolangi, Warburton, Kinglake, Broadford and Melbourne suburbs in this recent protest, but this is just a part of the wider, long term protest over logging of our State forests for supply of wood to the Nippon Inc owned paper mill.

As we mourn the loss of human life and homes, the loss of more than 1 million hectares of forest, and over 1 billion animals, VicForests continued to log unburnt forest. The Government's own reports indicate that the East Gippsland fires have been an ecological disaster with some species, including the threatened Greater Glider, having lost a huge proportion of their range. A Supreme Court challenge by community group Wildlife of the Central Highlands has stopped logging in some of our unburnt forest where fire affected threatened species such as the Greater Glider have been detected, but only in a few coupes. Logging continues in other areas including coupes that contain Greater Gliders. VicForests stated in court that they intend to continue to supply the same volume of wood to the paper mill as before the fires.

It's simply business as usual for VicForests. To make up the shortfall from what has burnt, VicForests is increasing the intensity of logging near us in Kinglake, Toolangi, Rubicon, Matlock and Warburton; areas where the forest and animal populations are still recovering from the 2009 fires.

Kinglake Friends of the Forest



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Ecological walk

Come to our ecological walk at Stony Creek Reserve in early April (details below). This small but important reserve in Kinglake West with dense and ferny understory, many fallen hollow logs and large old trees, provides ideal habitat for many native animals.

Across Australia many small and medium sized ground dwelling native mammals are disappearing by fox and cat predation, by the clearing of native vegetation, and recent catastrophic fires. We cannot promise a Koala sighting, although Landcare's Chris Cobern provided the photo from local Island Creek. Hope it keeps away from the nearby logging coupe.

Logging and fire safety

Professor David Lindenmeyer, local world leading expert in natural resource management, conservation science, and biodiversity conservation, this week repeated his warnings of the greatly increased fire threat of logging practices in living forests. His many forest research studies over decades contributed to his deep concern over logging our ever shrinking mature forests, threatened species, protecting biodiversity, and increasingly urgent carbon storage. Many jobs could be created by much better and cleverer resourcing of vegetation management at all levels.

Clean Up Australia Day

Our dedicated volunteers were at Wallaby Springs Reserve in March (see photo) cleaning up people's thoughtlessly discarded rubbish. All types of waste found from fast food containers, bottles, cans, cigarette butts, disposable nappies, carparts/tyres, etc. On the brighter side, our work area was much cleaner than some past years and apparently less green waste dumped since MSC started accepting it at their Resource Recovery Centres for FREE from all shire residents.

Bushfires follow up

Travelling around East Gippsland and Kangaroo Island after the fires, I found



Above: Clean Up Australia at Wallaby Springs. Below: KLG volunteers clearing Stony Creek Track after storms.



that locals appreciated empathy and understanding, offers of assistance, and spending back into their communities – just as we were helped after Black Saturday.

You can support the many assistance agencies or take individual actions such as weeding of burnt areas during early vegetation recovery, wildlife rescue, and restoration of fencing.

Membership

Share in caring for our local natural landscapes, information on our local flora and fauna, our popular free 'Sustainable Gardening in Kinglake' booklet, a good library, tools for borrowing, and plug in to courses, lectures, seminars, and workshops on all the issues regularly raised here. \$20 per year to cover costs, or go on our free "friends" mailing list.

Next meeting

Monday 20 April at Kinglake Memorial Reserve Hall (upstairs) at 7.30 pm. Meetings on the THIRD Monday each month. All welcome.

Next events

- Wasp Talk by Ron Litjens at Yea Butter Factory 7.30 pm 3 April.



Koala at Island Creek.

- Ecological Walk through Stony Creek Reserve at 10-12 on Sunday morning April 5 and a light lunch. Meet at Jouvelet Street entrance. Contact John Stewart on 0419 858504 for more details.
- Biodiversity/Sustainability Expo 18 April at Yea
- Fungi Foray Vic Field Nats 10 May 10.30am at Masons Falls

Roger Cook, President, Ph: 5786 5453



Kinglake

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RABBIT CONTROL

When it comes to rabbit control, we all have a role to play.

Council is ramping up rabbit control measures on Council-managed land in the Kinglake and Pheasant Creek area, and we're urging property owners to do the same.

Please talk to your neighbours about rabbits and how you can each start taking action to control these pests on your properties.

For more information about how you can help control the spread of rabbits, visit pestsmart.org.au or agriculture.vic.gov.au



Buzzing little beings

Melangyna viridiceps.

By Emily Friedel
Murrindindi Guide

Hoverflies are a common sight in the garden during warmer weather, hovering for a moment in one spot, then moving up or sideways or even backwards before pausing to hover again. Being such an everyday occurrence in the garden makes these buzzing little beings easy to overlook and take for granted, but we gardeners would do well to pay them more attention.

There are thousands of species of hoverflies, which make up the family Syrphidae, and they inhabit every continent except Antarctica. Many species mimic bees and wasps in an attempt to ward off predators, and the hoverflies most of us are familiar with in the garden have black-and-yellow banded markings to give the impression they possess a nasty sting. However, unlike the insects they impersonate, hoverflies are quite harmless to humans.

Noticing the characteristic stop-start flight pattern of the hoverfly should cause a little flutter of joy in the heart of any green thumb – they are one of the ‘goodies’ of the garden. In fact, they regularly appear in lists of the best beneficial bugs you can have around.

The larvae of many species of hoverfly are merciless aphid hunters, including larvae of the common hoverfly (*Melangyna viridiceps*), which is found all over eastern mainland

Australia and is one species you’re almost certain to have glimpsed in your backyard.

Aphid-eating hoverfly larvae are usually green or brown, flattened, legless maggots, and they love feasting on soft-bodied, sap-sucking pests like aphids. According to Cornell University, each hoverfly larvae can consume up to 400 aphids during development and, when they’re plentiful, hoverfly larvae can reduce aphid populations by 70-100%.

Adult hoverflies feed on nectar and pollen, so an easy way to attract them to the garden is to grow plenty of nectar-producing flowers. As they move from flower to flower, they also provide a valuable pollination service. Once they’ve found your sweet floral offerings, you can sit back and wait for them to lay eggs in any pesky aphid colonies, and then let the larvae do their work.

To make sure hoverflies are in fit condition to do your dirty work in the garden, avoid using insecticides, especially broad-spectrum varieties because they’re as likely to kill your aphid-assassins as any pest you’re trying to control.

And next time you see the little yellow and black body of a hoverfly darting around flowers in the backyard, maybe hover there for a moment yourself and think about all the good these unsung garden heroes are doing for your plants and your peace of mind.



Sarcoptic mange is caused by a tiny mite called *Sarcoptes scabiei* that burrows around in the surface of the skin. It causes severe itching in infected dogs, making them scratch and bite at their skin constantly. This can lead to hair loss, redness and scabs, especially on the legs and belly. It can affect dogs of any age.

Sarcoptic mange is highly contagious to other dogs and can also be transmitted to humans and cats (in humans it is known as scabies). The affected dog's bedding, collar and harness should be discarded if

possible or washed with hot water. Many adventurous dogs in the country contract sarcoptic mange from foxes, wombats and their burrows.

Mites are more closely related to spiders than insects and they cannot be seen with the naked eye. To diagnose sarcoptic mange at the clinic samples scraped from the skin are examined under the microscope. If only a small number of mites are present in the skin this test is sometimes negative but treatment may still be prescribed if the suspicion of

infection is high.

There are spot-on products, and flavoured chews available to treat and prevent sarcoptic mange. The frequency of administration for treatment and prevention is different so please consult the clinic. If the dog's skin is scabby, moist or bleeding then there may be a secondary infection and antibiotics may be prescribed. Due to the contagious nature of the condition all dogs in the household should be treated.

Mountain Ranges Vet Clinic

Be alert for European Wasp nests

With the onset of Autumn, European Wasps are becoming more active and the council is asking community members to be proactive in reporting nests.

Council's Environment, Library Services and Information Technology Portfolio Councillor, Rebecca Bowles, said that while wasp numbers haven't been as high as last year, so far, an influx was expected over the next few months.

'Given nests are usually in the ground and hard to identify, keep a lookout during the day for wasps flying around, as that is when they are usually leaving



Photo Wikipedia

and re-entering the nest. Once you know where the nest is, try to avoid treatment until the evening. European wasps will be less active then and you'll be less likely to receive a nasty sting" Cr Bowles said.

She said the council would be responding quickly to reports of nests on Council-controlled land and buildings and urged residents to inform them if they located any on council property.

More information on European Wasps is available at www.murrindindi.vic.gov.au. and provides information on identifying European Wasps and their nests, and procedures on how to safely eradicate them.

People requiring further advice on how to deal with a wasp nest on their property or to report a nest on Council land can contact 5772 0333.

ENVIRONMENT MATTERS

Mushroom foraging

During autumn, mushrooms can be seen sprouting in fields and forests throughout much of Australia thus indicating that foraging season is well and truly here.

Mushrooms are classified as fungi with more than 38,000 types being found globally. They are characterised due to their presence of caps as well as threadlike roots that are more commonly termed as gills. In addition, they require certain weather in order to proliferate. Once humid conditions have arrived, they can usually be spotted after a bout of heavy rain. Optimal temperatures for foraging are between 15oC and 23oC with April and early May being the peak timing for gathering.



While it is becoming a trend for chefs to use locally harvested mushrooms as food source in their dishes, there also is a concern that they are used in a sustainable manner. As a result, care needs to be taken to make sure that they can still play their part in biodiversity and assist

with the role of providing underground networks to soils through their connective fibres referred to as mycelia, as well as the decaying of leaf litter to restore nutrients back again into soil. Furthermore, fungi found in nature are also a nourishing meal for native animals and a habitat for many invertebrates, so some diligence must be exercised.

Picking edible mushrooms from the ground is an art in itself, with some varieties being poisonous and even fatal. As a result, it is better to travel with someone that has prior knowledge or is an expert in this area.

So if you want to be at one with nature and have a hunger for all things fungi, a mushroom foraging tour may be something worth a try.



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Kinglake Riders Club

Kinglake Riders rallies are held on the 4th Saturday each month at the club grounds at the Kinglake Trust Reserve, Kinglake.

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Ellimatta Youth Seeking FRRR Resilience and Wellness Grant and Needs Kinglake Ranges Communities Support

Ellimatta Youth incorporated was established after the 2009 Black Saturday Bushfires to support the recovery of the Kinglake Ranges young people.

Ellimatta Youth has struggled to secure ongoing and sustainable funding for the youth programs and activities recognised as essential support services for the Kinglake Ranges young people.

Since 2016 Ellimatta Youths' program funding has reduced from \$232,700 to approximately \$111,750 a reduction of 48%. The funding for youth workers during this period has decreased by 38%.

The reduction in funding has impacted the level and consistency of the youth services provided. The cut and inconsistency in the youth services affect Ellimatta Youths worker's ability to build connections with the Kinglake Ranges youth and stakeholders such as primary

and secondary schools requiring our support.

Ellimatta youth is again seeking to secure funding for youth programs and activities for the next two years through a Foundation for Rural and Regional Renewal (FRRR) Resilience and Wellness grant. The grants for Resilience and Wellness is the residual funding from the Victorian Bushfire Appeal Fund. The grants are open to Kinglake Ranges to provide support for community strengthening and resilience-building projects and are very competitive with many applications being submitted.

The grant eligibility requirements:

- Activities need to benefit youth from 2009 bushfires directly,
- Do not cover ongoing core organisational operation costs (e.g.,

rent, utilities, regular wages, loan repayments),

- Start-up costs for new or pilot services and programs,
- Building organisational capacity is not a priority of the GR&W grant program.

Ellimatta Youth FRRR grant application will cover the delivery of the existing youth program and activities. However, the application does not include the core Not for Profit business functions such as accommodation costs, insurance, registrations, maintenance, policy, and procedures, etc. These functions and activities need funding to keep the Ellimatta Youth operational.

For Ellimatta Youth to continue to provide the much-needed Kinglake Ranges youth services, we need community support in the following ways:

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- Committee of Management - Currently, there are vacancies on the committee of management board, e.g. Vice President, Treasurer, Committee members to assist with the management of membership, sponsorships, volunteers, and fundraising.
- Fundraising sub-committee to assist with and organise fundraising events, including developing contemporary electronic fundraising campaigns.
- Membership and Sponsorship Sub-committee to assist in developing and promoting membership and sponsorship packages that deliver value for members and local businesses.
- Grants sub-committee to assist with investigating and preparing grant applications to support youth services.
- Volunteer sub-committee to assist in promoting and supporting volunteer opportunities, including training and volunteer recognition events.
- Stakeholder Engagement and Communication sub-committee to promote and engage the Kinglake Ranges communities and service groups to encourage support for Ellimatta Youth programs and activities.

The Kinglake Ranges young people will greatly appreciate your support. You can contact Wayne Harvey, Executive Officer Ellimatta Youth, email: wayne@ellimattayouth.org.au, Mobile: 0499023184 to discuss how you can get involved in Ellimatta Youth.

End of First Term Holiday Program

Ellimatta Youth is running the end of the first term Holiday Program on 30 March, 1, 6 & 8 April 2020.

The holiday Program will be at the Ellimatta Youth Centre, 94 Whittlesea-Kinglake Road, Kinglake.

Ellimatta Youth is not offering external excursions as part of the Holiday Program due to COVID 19 health risks.

However, the program will be offering activities such as arts and crafts, cooking, and movies.

You can register for the Holiday Program on Ellimatta Youth website <https://ellimattayouth.org.au/events-calendar/>

Parents and Community Feedback Workshop

Ellimatta Youth held a Parent and Community Feedback workshop in March, facilitated by Genna Vlitas and Eliane Pigott from Nexus Primary Health. The workshop was attended by 14 parents and community members and discussed Kinglake Range's youth concerns and needs from a parent and community perspective.

The workshop objectives were:

- To identify issues affecting youths that parents and community members are observing and have a concern with.
- To assess Ellimatta Youth's existing youth programs against the youth concerns and needs to identify support areas that need improvement.

The workshop participants identified the top 5 concerns for youth as:

- Mental Health, youth ability to cope with normal stresses of life, to achieve educational goals and contribute to his/her community and peer group. PTSD was identified as a concern.
- Youth Isolation is a contributor to mental health due to the need to travel outside of Kinglake Ranges for education, socialisation, and work. The need for young people, especially secondary school youth, to travel outside the Kinglake Ranges is breaking down youth connectedness with the community, school, and peer groups.
- Substance Abuse, the use of drugs and alcohol by Kinglake Ranges youth was identified as requiring more attention to develop the support to assist youth with good decision-making skills.
- Social Support, the level of connectedness the youth has with the community, schools, and peer groups. Isolation is seen as a contributor to breaking down relationships and networks that can provide a sense of belonging and support.
- Employment opportunities for youth to engage with local businesses was identified as an area that needs further development to create employment opportunities and provide youth with guidance on developing educational and life setting goals.

Participants believe Ellimatta Youth is in a good position with the existing

youth programs and activities to support Kinglake Range's young people. However, there is a need to strengthen the programs and activities to address youth substance abuse.

If you would like to contribute to the discussion, please feel free to send your thoughts on Kinglake Ranges youth concerns and needs to hello@ellimattayouth.org.au

Comedy Night 30 May 2020

Ellimatta Youth is planning to hold a Comedy Night on 30 May 2020. Comedy Night will feature comedians from the Melbourne and Sydney International Comedy Festivals.

The cost of tickets is \$30.00 for adults, \$20.00 for Student (13 years and over), or \$80.00 for a family ticket.

The Comedy Night is subject to government advice and controls for COVID 19

Further information will be made available via the Ellimatta Youths website and Facebook.

Ellimatta Drop-in Centre

Michelle and Leo have been working with Kinglake Ranges youth to identify and design activities such as art and craft, music, cooking, vegetable gardening. The activity planning for the second term is still underway, so you have an opportunity to get involved. You will be surprised how much fun you can have by getting involved. You get a chance meet with other Kinglake Ranges young people and have fun trying different activities.

For more details on Drop-in centre activities refer to the Ellimatta Youth Website (www.ellimattayouth.org.au)

- Senior Drop-in Centre has moved to Mondays from 4:00 pm to 6:30 pm for ages 13 to 18-year-old
- Junior Drop-in Centre is on Wednesdays from 3:30 pm to 6:00 pm for ages 10 to 12-year-old.
- Makerspace STEM Code Club, Makerspace, and Science without Math. The times for the Makerspace STEM program are:
 - Mondays - 4:00 pm to 5:00 pm Junior Makerspace 5 pm to 6 pm Science without Math
 - Wednesdays - 4:00 pm to 5:00 pm Scratch Code club 5:00 pm to 6:00 pm Senior Makerspace



There are still plenty of opportunities to try something new, learn something for work or join a group so what are you waiting for? Keep an eye on our website for up to the minute information www.wchi.com.au.

If you are interested in a career in Animal Care, Construction Trades or Horticulture then we have a deal for you. Register your interest for free introductory sessions in Term 2 by giving us a call. To be eligible you must have a green Medicare card and not be enrolled in mainstream secondary school. This training is provided by Jesuit Social Services.

Do you need a change at work? Take a course to improve your skills or take on something completely new.

Control Traffic with Stop Slow Bat (RIIWH5205D)

You must have English reading and comprehension skills and basic arithmetic for this course and ideally be over 17 and have your Drivers Licence or Learners Permit. This course is suitable for new students or those requiring a refresher. Friday 15 May 7.45am-4pm \$230 per person.

White Card

The Construction Industry Induction Card is required to work on any Victorian construction site. Get yours today! Friday 22 May 7.45am-3pm \$140 per person (inc Worksafe Fee).

First Aid

We are running regular First Aid and Mental Health First Aid during the first half

of 2020. First Aid (CPR, Provide First Aid & Provide First Aid in an Emergency in an Education & Care Setting). Saturday 2 May 9am-5pm \$85/\$150/\$195.

Youth Mental Health First Aid

Learn the signs and symptoms of common mental health problems in adults and adolescents, where and how to get help and what to do.

Youth Mental Health First Aid

Thursday 11 June and Friday 12 June 9am-4pm \$260/\$230 concession.

Starting your own Business?

If you are considering a completely different track for your work life then join us for these upcoming sessions where you can be your own boss.

Ride Sourcing and Tax

Find out what is required to set up your own Ride Sourcing business (or find out if you are compliant so there are no nasty surprises).

Monday 25 May 9.30am-12 noon (2 Part Workshop) FREE

Bookings at www.eventbrite.com.au
Training provided by the ATO

Fix It Friday RETURNS

Fix it Friday is back in 2020. Sweep your problems into a pile and bring them to our experts for real help that doesn't involve a queue or a call centre.

Meet experts from Whittlesea Community Connections, Social Worker, Espresso Legal, Uniting Financial Counselling, NDIS, Centrelink and Lift (Mental Health Program).

No appointment necessary, it's Free
Friday 17 April 10am-1pm

Pottery – 'Sgraffito'

'Sgraffito' is a pottery decoration technique produced by applying layers of colour or colours to pottery and then scratching off parts of the layers to create contrasting images.

Thursdays for 9 weeks from 23 July 6.30pm-8.30pm \$250/\$220 concession

Create your own Lampshade

Don't spend hours online looking for just the right shade for your décor – make it yourself. BYO fabric or we can supply it for you. Everyone goes home with a lampshade at the end of the session. Saturday 16 May 10am-1pm \$65/\$60 concession.

Introduction to 'Free Motion Embroidery'

You won't believe what you can do with your sewing machine (or one of ours). Saturday 23 May 10am-3pm \$55/\$45 concession.

Cooking with Bec Cassar from 'Bowl Full of Soul'

Bec is back with another series of her fabulous cooking workshops, do one or all of them and say goodbye to boring meals. Each 6pm to 9pm session includes dinner.

Thai Time Wednesday 27 May
Soup it Up Wednesday 3 June
Mid Week Menus Wednesday 10 June

\$60 per class or \$50 each for 2 or more.
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Kinglake Children's Centre

What is play-based learning?

You may have heard the term play-based learning, but what is it? How does it benefit children and their development? Why is it important in the early years?

In a formal sense, the Early Years Learning Frameworks (which all early childhood settings are bound to) describes play-based learning as 'a context for learning through which children organise and make sense of their social worlds, as they engage actively with people, objects and representations'.

Play-based learning is a complex form of natural enquiry that requires an educator who knows each child's overall development, emerging strengths and interests. Through play-based learning, educators can introduce and reinforce concepts we want children to learn in a way that engages each child's interests.

Play-based learning capitalises on children's natural sense of inquiry and discovery through hands-on exploration of the world around them. Educators embed elements of teaching and learning within the play experiences that children are interested in and naturally drawn to – and therefore more likely to stay engaged with. This is why educators have to know each individual child so well, to know what they are interested in and how each child learns best.

What does this look like?

You may see children moving around a room choosing what they want to engage with. They may be playing in a group together, on their own, with an educator or a combination of all 3. This will all be based on the child's individual needs and interests as well as their stage of development.

You may see a child 'just painting' or 'just digging in



the sandpit', but we see so much more learning. We see a child developing their mathematical and literacy skills by exploring different ways of moving and labelling these. We see a child building on their understanding of who they are and where they fit, a critical skill to engage in social situations. We see children learning to negotiate and building vocabulary necessary to engage in large group situations in all different contexts.

Here are four ways play-based learning benefits children in the early years

Encourages language skills - Engaging in active play from an early age encourages the development of language skills. During the early years, a child's vocabulary grows and develops as they play together with peers and interact with adults. Adults have the opportunity to support language development through play; they can do this by asking questions, encouraging conversation and introducing unfamiliar words. The context of play allows for this to happen in a natural way and learning is amplified as it is enjoyable and relevant to the child's interests.

Supports pre-literacy skills- Participating in play that involves music and rhyme supports the development of pre-literacy skills, such as listening skills and sound

recognition. Activities such as singing songs and reciting rhymes play a big part in laying the foundations for reading and basic literacy. Rhyme, rhythm and repetition help children to develop their memorisation skills and their ability to differentiate sounds.

Develops social and emotional skills- Engagement in play is closely associated with the development of social and emotional skills. Playing cooperative games and circle games brings joy as children share these social experiences with friends. It also plays an important pedagogical role of developing a sense of belonging to a community. Without the feeling of connectedness, children will not be able to engage in learning.

The ability to develop positive relationships has also been linked to play-based learning. As children play with each other they learn to get along with one another, use words to communicate their needs, cooperate and resolve conflicts. Emotional competence and empathy are developed through play as children learn about the feelings, emotions and motivations of others. It is essential to provide opportunities for young children to engage in dramatised play to demonstrate ways of caring and showing empathy.

Playing is also a known stress release and children can engage in calm play when the day becomes 'too much' for them. Calm play can be therapeutic and allows time for the brain to process information and recharge.

Fosters creativity and imagination- Research has linked play to fostering creativity and imagination, valued traits that are vital in the modern world. Using imagination, children are able to find solutions to a variety of problems they encounter. Fostering imagination in its 'natural habitat' of play at an early age is fundamental to developing curiosity and raising a generation of creative problem-solvers.

It is important to remember that play needs to be freely chosen and bring enjoyment to children. Learning through play creates a brain that has increased '**flexibility and improved potential for learning in later life**.' Play-based learning is widely seen as an essential tool for early years teaching and learning as it greatly benefits children in developing essential life skills.

It all looks like fun and games, but it is a really critical element of children's learning as you can see above. These are just some of the skills that children learn whilst playing and the benefits are amazing. There has been research completed on children's brain development that promotes the use of play based learning from birth all the way until a child turns seven. Up until then their brains really aren't equipped with the ability to learn in a more formalised way which is why play is an amazing teaching strategy for early years educators to use.

Feel free to come have a look around our centre. Please contact Julie-Anne or our director Sue on 5786 1352, if you would like to come in for a tour.

Toolangi Primary School

As we near the end of Term 1, we can reflect back on what has been a term of change, enthusiasm and excitement here at Toolangi Primary School. Some special events throughout the term highlight the value of small school experiences, and demonstrate the connection our school has with the school community.

In March we celebrated International Women's Day by inviting the significant role models in the lives of our children to join us for an afternoon tea. Students thoughtfully invited some of the women who they look up to and created certificates and handmade gifts as a way of showing our appreciation. Thank-you to all the mothers, aunties, sisters, grandmothers, teachers and family friends who were present, and also to those who we were thinking of who could not join us on the day.

Our amazing Junior teacher, Tess, baked scones, helped students to whip cream and lathered the scones with jam in preparation for our event.

We were also joined by Kay, our former Principal who has played such an important role in our school community over the past 13 years, and local soap maker, Sandra, who has created her own beautiful products under the name YummyYou. Sandra talked about the challenges she faced in setting up and establishing a small business in the Yarra Valley, and she had some sage advice for our students on the values and skillsets she needed to draw on throughout her journey. Students felted soaps to give as gifts in celebration of International Women's Day.

Science at Toolangi Primary School



Students' felted 'soaps'.



Above: Observing the reaction from the carbon and salt with the vinegar, and seeing the reaction that produces a gas. Below: Measuring the length of burn time with a plant in the dome.



Each week our students work with Julia as part of our science program. Over the course of Term 1, our Senior class has been investigating 'carbon.' Experiments over the past few weeks capture the curiosity of our students and Julia's expertise and knowledge.

This week we investigated the connection between carbon and pancakes. We discovered that bi-carbonate soda is carbon stored in salt and when we add this to an acidic substance like vinegar, we see the carbon released from the salt as carbon dioxide, the bubbles are the result of the reaction.

When we released bi-carb soda into a bottle of vinegar, we could see the carbon dioxide gas captured in a balloon. When we cooked the pancake mixture, we could see the carbon dioxide released as bubbles (and caught by the gluten from wheat flour) as the pancake batter cooked.

We also discovered that French crepes do not include bi-carbonate soda in the recipe, because we want our crepes to be flat and thin. We used berries and apples from the garden to make simple condiments to add to our pancakes.

In previous weeks, we have learned about carbon capturing capacity of plants and the by-product of oxygen. By measuring

how long it took for a candle to burn, placed inside a sealed glass bowl, both with and without a plant, we could prove that plants produce oxygen.

This experiment gave us an opportunity to practice fair experimentation, the idea of variables and to make predictions based on what we already know.

Our results proved that a plant in the bowl increased the length of time a candle could burn because it was able to absorb a small amount of carbon dioxide from the candle and release oxygen, increasing the burn time.

We also captured the energy within the smoke and the ability of the fuel source (smoke) to ignite using slow-motion video, and we have put the video up on the school website for your viewing. Our science curriculum is based around our natural world and the reactions that occur within it.

Community engagement: The Toolangi/ Castella Community Planning Dinner was an opportunity for our school to consider how we can connect with our local community and provide a network for families and communities to work together. We were pleased to see lots of ideas about what kinds of activities and connections people in the community want to access, and we hope we can increase our involvement in this space. Stay tuned for one such community asset we hope to bring to Toolangi in the near future!

Play-group: We run a small, informal playgroup at Toolangi Primary School, where parents can come together and enjoy the opportunity to connect, to share information and to enjoy the vibrancy that the early years offer. If you would like to know more about our playgroup, which runs on a Friday morning, please contact us at the school.

Kinglake Primary School

Our students and staff have settled into the new learning year very well and are enjoying new friendships and new learning challenges. We welcomed our new preps to school, Arlo, Gypsy, Lachlan, Jackson, Kobi, Miranda, Chloe, Elizabeth and Bianca. They have loved getting to know their teacher, Mrs Hocking, making new friends and meeting their grade 5/6 buddies. We wish them every success and joy as they begin their learning journey at Kinglake Primary.

We also welcomed this year Mrs Rebecca Jarvis to the teaching team, teaching grade 3/4. Mrs McLennan takes a well deserved break on Long Service Leave.

Twilight Sports: Each year we begin the year with a family picnic and outdoor games. This is a wonderful way for our new families to meet other current families and for all families to meet and chat to staff. Although it was a wet day our families were treated to a beautiful evening and a whole lot of fun and laughs as both children and adults participated in the games and events.

Prep Buddies: Our newest members to the school, our prep students wouldn't have settled in quite so well if it wasn't for the kindness of their big buddies from grade 5/6. Our preps just love their big buddies and look forward to doing all sorts of different



and fun activities with them. The program is designed to make the transition to school easier from our preps, with a supportive hand from older students, but also to promote leadership in our senior students, which they do so well. Our prep and grade 5/6 student buddies do many activities together including reading, maths games, creative art activities, sport and games. Our grade 5/6 students look forward to Buddies day just as much as our prep student do!

Student Leadership: Our senior students in grade 5/6

are given the opportunity to nominate for a student leadership position within the school. These positions range from School Captain, House Sports Captains, sustainability, Literacy, STEM and Creative Arts Captains. All with very different roles and all supporting our school community to make KPS the wonderful school it is and a great place to learn. All captains are encouraged to come up with their own original ideas and to work alongside a designated teacher for support and to help their ideas come to fruition. We support student

voice and input into these roles, students even get to choose which captaincies will be available for nomination each year.

This year we congratulate Matt and Keeley (pictured) on being chosen as our school captains and know they will do a fabulous job leading and representing our school. We thank Ms Cindy McLeish MP for joining us and presenting badges to our students and to speak about leadership.

Our Grade 6 students also commence a leadership learning journey with the help of the trained staff from Elimatta Youth Services. Each year our grade 6 students undertake a 4 week intensive leadership course with Elimatta at school to develop personal skills, attitudes and better understand the qualities and role of a leader. They also plan two projects that must be completed by the end of the year. One project is an internal project that leaves the school community better off after their leadership. The second project is an external, local community project that will give back to the wider community of Kinglake. This leadership program has been running for the last three years and has been highly successful. Our students and families love it and our students look forward to their opportunity to make a difference in their final grade 6 year.

Deb Keating, Principal

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Kinglake West Primary School

First term just seems to have flown with so many things happening as we start the year and set everything up for the rest of it. We have had elections, incursions, sports trials and food.

We have even had a wonderful ride to school day that saw our bike shed overflow.

Classes are really settled and learning is going full steam ahead. The Annual Report is being finalised and we are very proud of last year's results with our school being ahead of the state in all areas.

We have listened to some amazing speeches from our Grade 6 students who stood for election as School Captains and then as House Captains. The speeches were really good and we were very pleased with the quality of ideas that the children gave us.

It has been really great to see the new Captains trying to fulfil the promises that they made. Congratulations to Sara D and Jack C who were elected School Captains and to Bailey M and Mollie T who are our new Vice Captains. The House Captains have also been elected and were great helpers on the family sports night BBQ. Congratulations to the House Captains: Eagles- Jack W and Connor F; Wombats- Hunter D and Georgia H; Kangaroos- Dayna K and Stefanie H and; Possums- Lucy G and Evelyn H.

Our Junior School Council elections were held with the children from Grade 1-6 presenting their speeches to their class. JSC is a very powerful body at Kinglake West as they organise fundraisers, present ideas and organise equipment and activities for the whole school. Congratulations to Iris H, Hudson N, Oliver H, Finley N, Emily R, Willow B, Emily G, Levy S, Lilah Z, Kael M, Maarty M, Evie O, Clayton H, Camryn N and Riley F.

Every year we have a small group of students who participate in the swimming



Some archaeology has kept the students busy.

trials for the Sugarloaf District and this year was no different. We had several children try out and some great successes. Congratulations in Freestyle to: Zach T (4), Hayley W (5), Jack M (1), Phoenix R (5), Maya O (5) and Tyler O (1); in Backstroke to: Zach T (5), Jack M (1), and Maya O (6); in Breaststroke to: Jack M (1) and in Butterfly to: Zach T (4), Jack M (4) and Phoenix R (5) Jack M continued to the Division trials where he finished 4th in breaststroke and 7th in Butterfly, a fantastic effort.

To raise funds to help families in need our Chaplain, Tracey Jones, organises a Pancake morning tea for all students on Shrove Tuesday each year. This year was another outstanding success with almost the whole school ordering pancakes, which at 3 pancakes per order meant they were cooking over 500 pancakes in the morning and then adding a variety of toppings to them. This day was very well appreciated by all of the children, but would not have been possible without the team of volunteers who worked so hard to make it happen. Thanks to Leah D, Julie B, Hayley G and Gian and Kelly who worked so hard.

Our Mad About Science incursion was held in February with the children being treated to a very fast paced event with some shocks and humour

thrown in. The children really enjoyed the shows that were conducted with the grades 3-6 receiving a science lesson in their classrooms and the P-2 having a show with lots of squeals of delight. Hopefully we have sparked the curiosity of many students who now want to pursue a career in science.

Every year we hold a family picnic with free sausage in bread and a sports night to gather our families together and to present the school and house captains to the community. This year we had our night booked for the late February, but the heavy rain all day would have made for a wet night so we postponed until the next week. The children came along and had a great time taking part in the activities including horse riding (on Hobby Horses), Lilly Pad jumping and an obstacle course. The food was cooked beautifully and there were some families who stayed on well after the night had finished.

Our ride to school in March had around 120 children riding, walking and scooting to school. Our bike shed was packed and there was a real sense of fun and excitement around the school. It is great that so many families support the event by driving their children to the pick-up points

so that they can participate. Thanks to the staff who also support the event by meeting the groups at the pick-up points and walking and riding along with the children.

As a part of their unit of work on dinosaurs our Prep children played the role of archaeologists and excavated dinosaurs from the icy rocks. It was a great activity and the children loved using their spoons to find what species of dinosaur they had and how some real archaeologist works.

Coming up next term will be our Rug Rats sessions which are fun and action activity sessions for pre-schoolers (from 18mths to 5 years old) that introduces them to what school is like, practises some skills and provides lots of fun as well as a chance for parents and grandparents to have a chat with each other. This year our Rug Rats program will happen on a Tuesday morning from 9.10am starting on 21 April and running for 5 sessions. This year we will have PMP, storytime and music as activities that the children will take part in. Come along and get involved, we love our Rug Rats sessions and so do the children.

We are holding our Open Day on 21 April (the same day as the last Rug Rats session) and I invite people in the community to come along and look around the school. It may be that your children are at our school and you want to see what they do in class, it may be that you are looking around at the local schools to enrol your children in or that you came to Kinglake West many years ago and want to see how the school has changed since you were here. It doesn't matter what the reason is, we do invite you to come along and have a look around. School tours will be conducted at 9 am and again at 11.30am if you want to ask questions or you can just pop in and have a look for yourself.

Catch up with you in May to tell you all about our exciting April.

Strathewen Primary School

We're finishing off the term with our annual Family BBQ and Egg Drop event. This is always a highlight for our students, as they work at home to construct their 'egg drop contraption', to take on the challenge of having to carry a fresh egg safely from the upstairs balcony, down to the pathway below.

We see some great engineering endeavours as everyone aims for success. Easter Bonnets are also created for the parade and we get together to enjoy a range of 'egg sports' events. It's a great night for families to get together and catch up. We finish off the evening with the school wide 'egg hunt', which is lots of fun.

Our recent Sunday Working Bee saw volunteers work on a tidy up around the grounds and installation of the wonderful pottery goblin faces, created by the students in their workshop with parent Anthony, was commenced.

Our Kitchen Garden program is in full swing, with plenty of veg for our weekly cooking sessions and a steady supply to allow for lots of giveaways to families. Thursday mornings see groups of students outside, planting, harvesting, propagating and using worm farm 'soup' for fertilising. Teams then head into the kitchen to use our own produce for some terrific cooking, which we all get to taste and enjoy.

Our whole school intensive swimming program has finished up for 2020. We've certainly got a keen group of swimmers this year, with even the youngest students taking to the water with confidence.

Our annual Surf Day is coming up. We'll all head down to Torquay and take part in surf lessons with the Torquay Surf Academy instructors. This has been a school tradition since 2009 and with years of experience behind them, most students know how to surf and happily ride their board in on the waves.

As well as surfing, we enjoy beach sports and rockpooling adventures. This day is only possible thanks to the amazing team at the Rotary Club of Torquay. They meet us with morning tea, coordinate the surf school and cook us a great BBQ lunch. We're always joined by a great

band of volunteers for the day - parents, friends and grandparents. It's a long day, with an early departure and a 6pm return, but it's terrific!

With the beginning of term 2, we'll see the commencement of this year's Bushfire Education Partnership for grades 5 and 6. Now in its 5th year, our award winning program is always eagerly anticipated and we've got some great things planned for 2020. Just recently, we enjoyed a busy day of filming at school with the ABC's 7.30 Report, featuring our Strathewen Arthurs Creek Bushfire Education Partnership. Keep an eye out for our program going to air.

For anyone interested in checking out what we've been doing over the last few years we have a Facebook page. Go on to Strathewen Arthurs Creek Bushfire Education Partnership to view the behind the scenes footage. We feature each year of learning and our collection of short films, including our 2019 community information messages.

Each week our senior students continue to collect data from two set sites within our school ground. This data is sent through to the CFA to assist with calculating the Fire Danger Rating for our district. Using the fine fuels moisture meter, students measure the moisture content in the lower leaf litter and they record the air temperature and humidity levels. For now, we're ready to start next term with our CFA Field Trip out into the bush, with our CFA truck convoy and a team of volunteers.

Our Pre-Prep program sessions continue each week, with all pre-schoolers welcome at school every Thursday morning for the 9-11am play-based school sessions. If you have a little one who would enjoy a pre-school morning with our team, join us for storytime, art activities, outdoor fun, show and tell sessions and lots more. We have a great little group with us on Thursdays. They happily come along each week to enjoy school life.

If you are looking for a great school, feel free to contact us for further information or to organise a visit to see our school in action.

Jane Hayward, Principal



Church Services

ANGLICAN CHURCH

St Peter's Memorial Church:

Cnr Bald Spur/Whittlesea-Kinglake Rds, Kinglake (Mel 250,B4)

Sunday Service: 8.30am Communion

Phone: 9716 2042

Christ Church, Whittlesea

5-9 Wallan Rd, Whittlesea (Mel 246E9)

Sunday service: 10.30am Communion

Minister: Rev.Dr Ruwan Palapathwala

97162042 or mob 0458113099

frruwan@gmail.com

www.whittleseakinglakeanglican.org.au

Weddings and baptisms by appointment.

Whittlesea Opportunity Shop 7 Laurel St, Whittlesea

Enquiries: 9716 3144

Mon-Fri 10am-4pm, Sat 9.30am-12.30pm

CAMPFIRE HOME CHURCH

21 Campbells Creek Rd, Castella.

Meets at 10 am every Sunday morning.

Ring Mark (57861970) or Jack (59629363) for details

NEW HORIZONS

Whittlesea and Laurimar

(an Assemblies of God Church Member)

Senior Pastor: Shane and Millie Lepp

Phone: 9716 3057 or 0418 526 773

Sunday Services – Whittlesea

10am includes full Children's Church

28 Forest Street Whittlesea

Youth: every Sunday morning connect group
during school term. Friday Nights Monthly.
All youth welcome.

Contact: Natalie Stoner on 0413 724 014

Mainly Music Program Thursday 9am-10.30am

New Horizons Community Kitchen

Wednesdays 12-1pm, Church portable free lunch every

Wednesday, great time of fellowship.

For more info, contact church office on 9716 3057

ST MARY'S CATHOLIC CHURCH

128 Main Road, Kinglake

Sunday Mass 8.30am

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Office: 48 Mernda Village Dv, Mernda

Phone: 9715 2455

Email: merndawhittlesea@cam.org.au

Website: www.cam.org.au/merndawhittlesea

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Baptisms: Christine Hall 97152 455 Mon-Tue

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Pastoral Associate: Sandy Starbuck Tue-Wed & Fri

UNITING CHURCH

1050 Main Rd, Kinglake West

Services: 9am 1st & 3rd Sunday

Minister: 5786 5661

Friday night meals 6pm during school terms

The Meeting Place available for hire 5786 5661

WHITTLESEA PRESBYTERIAN

Weekly services, including Sunday School

10.30am, 7 Lime St. Whittlesea

Enquiries: A. Johnson 9407 1797

Sunday School: Adele 9715 1198, Diane 5783 1658

Campfire Home Church

Under Review

At the school I work at, a teacher stayed late because she was 'collecting the evidence' to update her records for a School Review. It reminded me that we all have expectations, obligations, regulations, protocols, prerequisites, rules, guidelines, contracts, and laws that we are required to follow – whether from family, friends, governments, clubs, employers, law courts, or God.

Sometimes, these requirements can be very burdensome – especially if we don't like being told what to do, or we think they're unfair – but the consequences (risks) of ignoring them can be serious. Missing an appointment at Centrelink can mean losing benefits; forgetting an assignment can mean failure; missing training can mean being dropped from the team; betraying a trust can mean losing a friend; and speeding can get you killed. Making excuses, or expressing sorrow, doesn't change the fact that we're guilty, but sometimes we can receive mercy. My wife got a speeding ticket, but it was cancelled when she asked for special consideration for a good record.

We are ALL going to die – whether of old age, an accident, the coronavirus, or a million other possibilities – and after that comes the judgment, when God will review everything we have said and done in our life. (Hebrews 9:27) But we have a big problem. ALL of us have fallen short of God's standards, and are guilty as charged.

Some believe that we'll be okay, so long as our good deeds outweigh our bad ones; others believe that a loving God will just let us off; and some hope that God won't turn up. None of them are right. BUT there is GOOD NEWS

EASTER celebrates the fact that Jesus willingly took the guilty verdict, and punishment for our wrongdoings (sins) upon Himself, so that whoever believes in Him will not perish but have everlasting life. As the scriptures say; "...He was pierced through for our transgressions, He was crushed for our iniquities; The punishment fell on Him for our well-being...All of us like sheep have gone astray, each of us has turned to his own way; BUT the LORD has caused the iniquity of us all to fall on Him." Isaiah 53:5,6

His sacrifice shows us how much Jesus loves us, and how far He was willing to go to save us. His resurrection shows us that He can keep His promises, and that this life is not the end of the story. For centuries, millions of men and women have risked everything – including death – to follow Him, and to share the good news of Easter with all who will listen.

When you stand before God to have your life reviewed, and all the evidence is presented, will you trust in what Jesus has done for you, or will you stand on your own record and hope for the best?

Mark Trodd

A Place of warmth and hope in a cold and fragile world

Join us any Sunday at 10am. See Church directory for contact details.

Kinglake Fire Brigade

April has arrived and with that comes the end of daylight savings, on Sunday the 5th.

Change your clock, change your battery

By the time you read this article you may have already changed your clock but did you consider changing your smoke alarm battery also?

Only working smoke alarms save lives so changing the battery annually is a safe action to take and changing with the clock makes it easy to remember. Don't wait till it starts to 'chirp', it may not function when you need it to.

Also have you checked your smoke alarm?

People install smoke alarms expecting them to go off when there is a fire, and don't realise they need to be maintained. They require a little upkeep, approximately 10 minutes and all you need to do is push the test button and dust it with a vacuum once a month. How old is it? Smoke alarms only have a 10 year life, you can find the date of manufacture and/or replacement displayed on the alarm. They also need to be disposed of carefully.

For more information on smoke alarms please go to www.cfa.vic.gov.au or visit your local fire station.

There are some exciting initiatives happening in the area that we are involved in. Here is one that we have been involved in with the Murrindindi council.

Dry Fire Hydrant, Morris Court, Kinglake By Chris Lloyd 1st Lieutenant

Recently, Kinglake Fire Brigade in a collaborative venture with Murrindindi Shire Council, initiated a design proposal to install a trial dry fire hydrant at the bridge over Number One Creek in Morris Court, Kinglake.

Kinglake Fire Brigade recently

identified a number of locations within its response area where water supplies for fire fighting purposes were either minimal or non-existent. The Hawkins Estate was one of those areas where the availability of fire fighting water throughout the estate was either non-existent or very difficult to access.

Water was available in number one creek with ready access to it by fire fighting appliances (heavy fire trucks) being one of the main obstacles. Many brigades throughout the Municipality are also working closely with the Council to improve water supplies for the broader community for fire fighting purposes.

Dry fire hydrants essentially are a pipe fitted with a suction strainer and a fire service pump suction connection and are a permanent fixture. These are not charged with water like street mains in the suburban environment. In the instance of Morris Court, this option was presented as a possible solution that would provide a level of mitigation to an identified risk. A preliminary design was completed by the Brigade and presented to Council for review and discussion with the various stakeholders concerned. A preliminary site meeting was held with the brigade and council in order to visualise actual site conditions prior to installation occurring.

Materials were sourced by the Kinglake Fire Brigade at no cost to either the brigade or council as this installation has been classified as a 'trial installation' to confirm suitability for its intended purpose. The success of the trial hydrant hopefully will lead to other similar installations at water points across Murrindindi Shire where normal access is also difficult but large static supplies are available.

At this stage the Brigade



has successfully achieved draughting water from the dry hydrant with further testing to take place in the near future.

Training

Over the next few months we will continue to train as normal, on Wednesday nights and Sunday mornings. As winter is coming, a lot of this training will involve fires within houses/structures. To begin with we are about to commence training on flue/chimney fires, to update our skills and knowledge.

Community safety coordinator

We start our Winter campaign soon and the aim is Home Fire Safety education.

Also a reminder that we have a Facebook page, 'Kinglake CFA', which we update regularly. come and have a chat.

Recruitment

Anyone wanting to join, we train Wednesday nights 7.30-9.30pm and Sunday mornings 9.30-11.30am (sometimes 12.30, depending on what we are doing).

All welcome, and you don't have to be a firefighter, there are many other important roles within the Brigade that people can do. For further information please contact myself on 043936034.

Linda Craske, Community Safety Coordinator

Kinglake West Fire Brigade

Kinglake West Junior Fire Brigade Recruiting Now

Come And Join

Kinglake West Fire Brigade is recruiting now for Juniors. This is a free program, with uniforms and equipment supplied, opened to all 11 – 15 year-old girls and boys.

The Junior program runs on Monday nights (usually every second) from 7pm, at the Kinglake West Fire Station, for approximately 1½ hrs each night, and possibly a Saturday or Sunday occasionally. Training does not run during school holidays or on Public Holidays. Juniors are always supervised by a minimum of 2 CFA Junior Leaders, who are trained and comply with the Working with Children's Act 2005 and the CFA Junior Volunteer Development Program (JVDP).

The main objective of the program is to develop confidence, teamwork and have fun. Activities include practical firefighting drills, map reading and radio use, first aid training, fundraising, fire safety awareness, community service, leadership development, social activities and group excursions. There is no cost to join.



If you would like more information about the program or if your son/daughter is interested, expression of interest is being taken now, as places are limited.

Being a volunteer is also an advantage to have on your resume.

Please contact leaders on the phone numbers listed below, or drop into the Kinglake West CFA station one Monday Evening at 7.00pm.

Glenn Varley: 0418 350 805 or Leah Varley: 0408 350 805



Kinglake CERT

Our newest recruits completed their training and have obtained their Authority to Practice - Under Supervision (ATP-US). They have eagerly been attending call-outs with us to experience what the role is all about and we look forward to watching their confidence and skills grow as they progress toward their full Authority to Practice (ATP).

Someone nearby might need CPR. Could you help?

You may have seen a lot of discussion in the media lately about Good Samaritans attending to people in need of assistance when experiencing a cardiac arrest. Ambulance Victoria, along with Victorian Government, have been working to promote early intervention and assistance in the event of cardiac arrest to increase survival outcomes within the community.

Cardiac arrest is often unexpected. For every minute a patient doesn't get CPR/defibrillation, their chances of survival fall by 10%.

GoodSAM (Smartphone Activated Medic) connects responders to patients in those first critical minutes of cardiac arrest while paramedics are on the way.

What is the GoodSAM app? GoodSAM is a free global smartphone app that alerts responders to someone nearby in cardiac arrest. GoodSAM is linked to the Triple Zero (000) communications centre, so as soon as an ambulance is dispatched, a GoodSAM alert will notify you.

How does it work?

How can you help a stranger in cardiac arrest? It's easier than you think.

1. A Triple Zero call (000)

triggers an alert to be sent to a GoodSAM Responder.

2. The responder is told the location of the patient and the nearest available defibrillator (AED).

3. At the same time, the closest available ambulance is simultaneously sent to the patient, and in some parts of Victoria, the fire brigade is also dispatched.

4. Meanwhile, the GoodSAM Responder can provide CPR and, if possible, make use of the nearest available defibrillator. This gives the patient a greater chance of survival.

Become a GoodSAM

Responder The steps that must be completed to register as a GoodSAM Responder.

1. Download the GoodSAM Responder app on a mobile device.

2. Register your personal details and upload your photo ID. (If you do not belong to one of the listed organisations, select 'Australian Public'. Alternatively, if you can provide evidence of first aid training you can select 'GoodSAM').

3. Once your details are verified (typically within three business days) you will receive a confirmation email.

4. Log into the GoodSAM app to start receiving alerts!

A reminder that if you require an ambulance, call 000 and if the CERT team are available they will be dispatched by the Ambulance Service at the same time as the nearest ambulance.

We wish everyone a very Happy and Safe Easter Holiday Season

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The Little Speckled Hen	0409 118 038

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Sustainable Building Design	9710 1220

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Bridge 2 Eden	9718 1316
Burkes Chicken Bar	9718 1759
Greasy Zoes	9718 0324
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Heart and Soul Café	9718 1555

Henry Hursts Restaurant	9718 0244
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Rhodes Greek Tavern	9718 1597
Tasty Thai	9718 0093
Wild Wombat Cafe	9718 0011

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Oku Den	9718 2929
Workin' Clobber	9718 2564

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The Wilde Bunch - Florist	9718 2565
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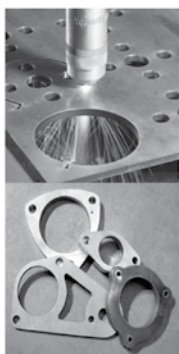
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Whittlesea Medical Imaging 9716 0278

MEMBER OF PARLIAMENT

Cindy McLeish 9730 1066

Danielle Green 9432 9782

METAL FABRICATIONS

Outer Edge Creations – Custom Fabrications

0409 575 846

NURSERY / GARDEN

Allowyn Gardens 9730 2400

PAINTERS

John Kyme Painter & Decorator

0418 564 851

PEST CONTROL

Melbourne Wildlife and Pest Control

0438 728 400

PHARMACY

Hurstbridge Pharmacy 9718 2628

Kinglake Community Pharmacy 5786 1109

PLASTERING

PDL Plastering 0417 558 727 or 5786 5591

PLUMBING & PUMP SERVICES/SALES

Irelands Plumbing 0447 710 631

Kinglake Plumbing & Drainage 0408 176 342

Mountain Range Plumbing

Damien 0418 506 130

Perspective Plumbing 0411 295 646

POST OFFICE

Kinglake Post Office 5786 1209

REAL ESTATE AGENTS

Mason, White, McDougall 5786 1199

Integrity Real Estate 5786 2033

REMOVALS

Whittlesea Removals 9466 9455

ROLLER SHUTTERS

Custom Roller Shutters 0401 843 828

SCRAP METAL

United Metal Recycling 9467 5505

SEPTIC SERVICES

Septic Services 0421 764 072

Septic Tank Specialists (Kinglake)

0408 176 344

Bob Wallace & Sons 0419 131 958

LOCAL BUSINESS DIRECTORY

STOCKFEED

Pheasant Creek Stockfeeds & Supplies	5786 5891
St Andrews Stockfeed	9710 1673

SOLAR PV SYSTEMS

Aztek Wind and Solar	0409 179 169
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TANK CLEANING

Accent On Tank Cleaning	0407 684 910
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TIMBER SUPPLIES

Simply Timber & Roofing	03 5743 0000
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TOWING & TRANSPORT

Eddy's Towing	0407 849 252 or 5797 8220
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TREE SERVICES

Morgan's Tree Services Pty Ltd	0419 895 464
Star Tree Service	5783 3170
Unlimbited Tree Services	0419 506 739

VALUATIONS

Yarra Valley Valuations	5961 9176
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VETERINARY SERVICES

Mountain Ranges Vet Clinic	5786 1777
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WATER BORES

Northwest Drilling	0409 362 289 or 9436 1982
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WATER SUPPLIERS

Kinglake West Water	Anthony 0417 518 104
Mt Robertson Spring Water	0400 389 022 or 5786 1389

WEB DESIGN & INTERNET SERVICES

Tech Infonet	0419 182 858
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MURRINDINDI SHIRE COUNCIL

Customer Service and General Enquiries	(03) 5772 0333
Alexandra Library	(03) 5772 0382
Yea Library	(03) 5736 0036
Kinglake Library	(03) 5786 1522
Mobile Library	0429 412 521
Operations Emergencies*	0407 509 413
(eg collapsed bridge or trees over road)	
Community Safety Emergencies*	0419 572 425
(eg stock on roads or dog attacks)	

*These numbers must only be used in the case of an emergency.

For further information on Council or opening hours of the Resource Recovery Centres please visit the website <https://www.murrindindi.vic.gov.au/Home>

MOUNTAIN MONTHLY - THE RANGES NEWS

www.mountainmonthly.com.au

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ADVERTISING RATES 2020

Black and White Rates Space Design

1/16	(45mm w X 65mm h)	\$39.00	\$12.00
1/8	(90mm w X 60mm h)	\$67.00	\$17.00
1/4	(90mm w X 130mm h)	\$129.00	\$23.00
1/3	(188mm w X 85mm h)	\$145.00	\$26.00
1/2	(188mm w X 130mm h)	\$200.00	\$32.00
Full Page	(188mm w X 275mm h)	\$350.00	\$47.00

Please supply completed artwork as CMYK high resolution PDF or jpg.

Line Classified – \$12.00 prepaid \$15.00 account
Changes to existing ads – \$15.00. (1-2 changes only)
Position surcharge: 30% for page 5 and 20% for page 7.
Late fee past deadline: 5% of total account.
Advertising packages available in 3, 6 or 12 month blocks.

Full Colour Rates Space Design

1/16	45mm w X 65mm h)	\$59.00	\$19.00
1/8	(90mm w X 60mm h)	\$99.00	\$24.00
1/4	(90mm w X 130mm h)	\$190.00	\$28.00
1/3	(188mm w X 85mm h)	\$237.00	\$33.00
1/2	188mm w X 130mm h)	\$278.00	\$38.00
Full Page	188mm w X 275mm h)	\$557.00	\$64.00
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Back Cover		\$747.00	\$64.00

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COMMUNITY & EMERGENCY CONTACT NUMBERS

EMERGENCY SERVICES

Kinglake Police	5786 1333
CFA	000
Police	000
Ambulance	000
SES	13 25 00
Nexus Primary Health	1300 77 33 52
Kinglake Ranges Health Centre	
Whittlesea Medical Clinic	
Whittlesea	9716 2207
Mill Park Super Clinic 24hrs	9436 4155
Dentist – Whittlesea	9716 0333
Dental 24 hr Emergency (Bundoora)	1800 233 684
Taxi	9310 5422
TRU Energy Power Failure	133 466
Bray Vets	0418 350 492
Mountain Ranges Vet Clinic	5786 1777
Help for Wildlife	0477 555 611
Wildlife Victoria	1300 094 535
Funeral Director	9438 5416
Local Laws	0419 572 425

CRISIS NUMBERS

Berry Street	5770 2200
Kids Helpline	1800 551 800
Lifeline 24hr	13 11 14
Breastfeeding Helpline 24hrs	1800 686 268
24hr Maternal & Child Health line	13 22 29
Griefline 12noon – 3am	9935 7400
Poisons Information	13 11 26

ALCOHOL AND DRUG SERVICES

Nexus Primary Health	1300 773 352
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MENTAL HEALTH SERVICES

Mental Health Advice Line	1300 280 737
Crisis Assessment & Treatment Team	1300 859 789
Aged Psychiatric Assessment and Treatment	1300 369 005
Adult Mental Health Mon-Fri BH	5735 0333
Afterhours/Weekends/24hrs	1300 369 005
Child And Adolescent Mental Health	
Monday to Friday 9-5	5735 0300
Afterhours	1300 369 005
Mental Illness Fellowship	5735 2000
Goulburn Valley Health Mental Health Services	
Seymour	1300 369 005
Epping	1300 874 243
Heidelberg	1300 859 862

HOUSING SERVICES

Office of Housing – (Seymour DHS)	5793 6400
Rural Housing Network	5735 2000
Pathways – homeless or at risk of becoming	5735 2055
Homeless	
– Outreach Connections Program BH	0409 812 159
The Bridge – for people up to 25yrs	5799 1298
Nexus Primary Health	1300 773 352
Consumer Affairs – Tenancy advice	1300 558 181

AGED AND DISABILITY SERVICES

Aged Care Assessment Service	5823 6000
Aged Psychiatric Assessment and Treatment	1300 369 005
National Dementia Helpline	1800 100 500
Carers' Respite and Information Service	1800 059 059
Community Interlink	1800 222 582
DHS – Disability Access and Response Team	1800 783 783
Regional Information and Advocacy Council	1800 221 944
Victorian Aids and Equipment Program	1300 747 937
Interchange	
– for children with disabilities	5735 4600
Nexus Primary Health	1300 773 352
– Rural Access Worker – Disability Case Management –	
Physiotherapy, OT, Speech, Dietetics, Continence Advice, Podiatry	
SCOPE	5799 0148
Deaf Access Victoria	1300 302 335
Vision Australia	5831 3555
Kinglake Carers' Support Group	5786 1232

CHILD AND FAMILY SERVICES

DHS Child Protection	1800 650 227
After Hours	13 12 78
Ellimatta Youth Inc	5786 1711
Foster Care – Berry Street Victoria	5799 0039
Family Day Care – Murrindindi Shire	1800 633 792
Permanent Care & Adoption – DHS	5832 1500
Specialist Children's Services – DHS	1800 783 783
Familycare	1800 663 107 or 5735 4600
Telephone Parenting Program	1800 880 660
Access & Support Worker	5774 2404

FAMILY VIOLENCE

Nexus Primary Health	1300 773 352
Womens Domestic Violence Crisis Service	9322 3555 or 1800 015 188
Whittlesea Family Violence Unit, Mill Park Police	9407 3333

COUNSELLING SERVICES

ATAPS (Access to allied and psychiatric services)	5734 8400
Ellimatta Youth Inc	5786 1711
General Counselling	
– Yea Community Health	5736 0400
Familycare	1800 663 107
Bushfire Financial Counselling	8401 0100 or 1800 002 992
Nexus Primary Health	1300 773 352
– Women in Relationships, Financial Counselling, Gambling	
Counselling, trauma, family therapy, play therapy	
G.V Centre Against Sexual Assault	5831 2343
Men & Relationships Program	1800 663 107
Relationships Australia	1300 364 277
Catholic Care	5786 1016
Victims Support Agency	1300 362 739
Victims of Crime Helpline	1800 819 817
ACGB Australian Centre for Grief and Bereavement	9265 2111

HEALTH SERVICES

Hurstbridge Medical Centre	9718 2611
FamilyCare	5735 6400
Yea Medical Centre	5736 0444
Yea & District Memorial Hospital	5736 0400
– Acute care, District nursing, Ultrasound, Pathology, Physiotherapy, Visiting specialists	
Nexus Primary Health	
(Kinglake Ranges Health Centre)	1300 77 33 52
– Dietitian, OT, Diabetes educator, Asthma educator, Counsellor, Support Worker, general practitioner, practice nurse	
Maternal and Child Health	5786 1337
Lower Hume Palliative Care	5735 8070

COMMUNITY SUPPORT RESOURCES

Ellimatta Youth Inc	5786 1711
Kinglake Neighbourhood House	5786 1301
Kinglake Ranges Men's Shed	5786 5999
KRBN	5786 1976

SCHOOLS

Kinglake PS	5786 1284
Middle Kinglake PS	5786 1295
Kinglake West PS	5786 5262
Flowerdale PS	5780 1264
Toolangi PS	5962 9255
Strathewen PS	9714 8278
Yea High	5797 2207
Whittlesea SC	9719 1200
Diamond Valley	9438 1411

KINDERGARTENS/PLAYGROUPS

Kinglake Ranges Childrens Centre	5786 1352
Kinglake Playgroup	5786 1301
Flowerdale Kinder	5780 2816

PUBLIC PLACES

Bollygum Park	5786 1426
Community Centre Bookings	5786 1522
Kinglake Library	5786 1522
Kinglake Tool Library	0414 976 499
Sports Stadium Bookings	5786 1522
Kinglake West Hall	0435 414 110
Football Clubrooms	5786 1580
National Park	13 19 63 www.parks.vic.gov.au
Flowerdale Community Hall	5780 2027
Flowerdale Community House	5780 2664

PATIENT TRANSPORT

Red Cross Patient Transport Service	0419 872 230
Lower Hume Community Transport Scheme	5799 2965

JUSTICES OF THE PEACE

L Gunter (Flowerdale)	0417 535 566
Elizabeth Reid (JP)	0409 948 512
K Stewart (Kinglake)	5786 1557

RESOURCE RECOVERY CENTRE

TRANSFER STATION (KINGLAKE)

CHARGES FOR MURRINDINDI RATEPAYERS

We recommend you check the website

www.murrindindindi.vic.gov.au for current charges



Integrity

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For Sale



10 Acres

4 3 7

Kinglake
\$895,000 - \$935,000



5 Acres

6 3 4

Lilydale
\$1.5 mil - \$1.65 mil



7 Acres

4 2 3

Whanagarwen
\$619,000



5 Acres

3 1 10

Kinglake West
Contact Agent



5 Acres

3 2 10

Kinglake West
\$760,000 - \$790,000



2,775 m²

Kinglake
\$265,000



1,484 m²

3 2

Mount Evelyn
Contact Agent



10 Acres

Castella
\$150,000



1.55 Acres

3 2 2

Kinglake
\$725,000 - \$755,000



Kinglake Fish 'N' Chippery

Kinglake
\$290,000



526 m²

Kilsyth
\$450,000 - \$470,000



687 m²

Yea
\$425,000 - \$450,000

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Yarra Glen

YOUR # 1 AGENT IN THE DISTRICT



masonwhite McDougall



KINGLAKE WEST



QUALITY INVESTMENT OR QUIET LIVING DOWN A COUNTRY LANE

Investors, downsizers, first home and entry level buyers make this lovely 3 bedrooms plus study (fourth bedroom) brick veneer home first on your open home list. With open kitchen/living, gas cooktop, electric oven, Island bench, wood combustion heater, Slate tiling and the double sliding doors to rear covered decking bring the outdoors indoors. The home provides low maintenance living. All 3 bedrooms have built in robes, the master has walk in robe and ensuite and with a landscaped 836sqm block with natural country surrounds makes this an affordable easy living home.

ASKING: \$460,000-\$495,000

AH: Donna Wilson 0409 676 933

GLENBURN



ENTRY POINT HOME, FANTASTIC LOCATION, ON THE RIVER

This three-bedroom brick veneer home is a fantastic opportunity to secure a property less than a minutes' drive to the melba Hwy, with quick access to the beautiful old town of Yea or 20 minutes to the Yarra Valley and the township of Yarra Glen. This property is on 4300m2 level block or just over an acre and is tucked away down a lovely quiet road with the Yea River at your back boundary. The house has concrete stumps and was re-wired 7 years ago, so with a bit of spit and polish it would make a great first home, investment property or even an easy to manage downsize property.

ASKING: \$510,000-\$550

AH: Jodie Thorneycroft 0438 861 288

KINGLAKE



COUNTRY LIVING FOR THE LARGE FAMILY

Set in the very popular Kinglake Township and a stone's throw from the highly loved bollygum playground, this 8yo family home needs some attention but what an opportunity to add your own creativity and reap the rewards. Nestled away in a quiet location, this generous sized Colourbond Homestead with five bedrooms and two living areas must be inspected for those looking for a large, affordable family home. Zoned living with main bedroom with His and Hers wardrobes, ensuite and with its own private retreat or study located at one end of the home with another 4 bedrooms and living area at the other end of the home. **ASKING: \$580,000 CONTACT: To inspect this property contact Jodie Thorneycroft on 0438 861 288**

KINGLAKE WEST



CUTE COUNTRY HOME

Take the time to inspect this beautifully presented home on a lovely flat allotment in a popular location. Offering 3 bedrooms with BIR'S, lovely hostess kitchen adjoining meals area. With plenty of natural sunlight to the living area with large colonial windows, cathedral ceilings and split system. Enjoy all this sitting in your paved terrace overlooking your beautiful easily maintained garden. This property represents an opportunity to embrace country lifestyle and within easy commuting distance to Melbourne. \$360 per week. PLEASE NOTE THERE IS A UNIT ON THE PROPERTY WHICH IS RENTED OUT SEPARATELY. AVAILABLE NOW.

AH: CLAIRE BITTLES ON 5786 1199

KINGLAKE WEST



KINGLAKE



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RING KINGLAKE'S LEADING AGENT FOR A FRIENDLY NO OBLIGATION APPRAISAL OR JUST CALL IN FOR A FRIENDLY CHAT ABOUT YOUR REAL ESTATE REQUIREMENTS.

5786 1199

1GLENBURN ROAD, KINGLAKE
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Our other offices are located at Hurstbridge, Diamond Creek and Whittlesea