



# Mountain Monthly

FREE

JULY 2020

A safety guide  
for winter  
wood heating

Embracing a  
tourist influx



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# Mountain Monthly

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# They're back at school!

It was a case of a 'new normal' – whether a socially-distanced certificate photo at Middle Kinglake; teachers with welcome signs at the gate at Kinglake West; or the prep to grade 2s itching to get loose and play at Kinglake West.

And, how have our frontline teachers and kids coped during lockdown? See our school reports this edition for their take on what has changed.

Save a toot and a wave for our crossing supervisors too, as the 40KPH school zones are back in action.



## IN THIS ISSUE

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*The beauty of the Wirrawilla rainforest.  
Photo: Lorraine Casey*

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# The burning question for winter

A renewed campaign to have sales of new solid fuel heaters banned, or a buy-back system introduced has caused considerable concern, particularly in rural and regional areas.

However, the state's environment watchdog, the Environment Protection Authority (EPA), has recommended that it would prefer to educate users of solid fuel heating on how to buy and effectively use these appliances.

The buy back calls have come from some councils and the Victorian branch of the Australian Medical Association.

Bans on new sales, a statement issued by the EPA says, would simply lead to people retaining older and higher-emitting models.

A 2017 EPA report said smoke from such heaters was one of the largest contributors to Melbourne's air pollution and, was on track to cost the state's health system \$8 billion by 2027.

There are an estimated 190,000 indoor wood heaters across the state, that are claimed to have caused mild to serious health conditions.

Figures provided by the Australian Home Heating Association estimate the nationwide industry – including sales of wood – is worth well over \$400 million and is a significant provider of jobs.

The association says that wood heating in Australia provides a clean, efficient and environmentally friendly way to heat your home, but it too urges users to install their heaters correctly

AMA Victoria president Julian Rait, has backed calls for a buy back scheme, saying 'Long-term exposure can, we believe, contribute to heart and chronic lung disease.' 'There's evidence small particles – PM 2.5 – can also contribute

to coronary artery disease, strokes and heart attacks', Associate Professor Rait said.

The Australian Capital Territory has had a buy back scheme since 2004, with 1179 households receiving the rebates.

The CFA brigades throughout the shire and the ranges, also consistently seek to educate householders on the correct use of these appliances, not only to avoid house fires during winter, but to mitigate any health hazards caused by burning the wrong materials.

The Kinglake Fire Brigade's detailed guide can be found on page 42 of this edition.

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## Understand how they work

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With many new homes being built in the area – or new residents buying homes that include solid fuel heaters - the EPA says that it's important for people to understand how their heater operates and to use appropriate fuel.

An important message is to never burn household rubbish, driftwood, treated wood or painted wood. It is sure to pollute the air and it can produce toxic gases.

"While the impact of a single wood heater may be small – the cumulative impact on air quality, particularly through autumn and winter, is significant – but many of the air pollution problems associated with wood heating can be prevented or minimised by operating your heater correctly", the EPA says.

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## Tips on reducing smoke pollution

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- Only purchase a wood heater that is certified to the Australian Standards AS/NZS 4012:2014 and AS/NZS 4013:2014
- Ensure your heater is installed by a licensed



person in accordance with the Building Act 1993.

- Before winter have your flue professionally checked and cleaned.
- Refer to the manufacturer's operation manual for instructions specific to your wood heater model.
- Burn only dry, seasoned, good burning and untreated wood.
- Get a hot fire going quickly with plenty of paper and small kindling.
- Keep the air controls set high enough to keep the fire burning brightly.
- Never overload your wood heater with too much wood.
- Never leave your heater to smoulder overnight. This starves the fire of oxygen, producing more smoke

and air pollution.

- Go outside and check the chimney occasionally for smoke emissions.
- Consider the wellbeing of your neighbours.
- If you are concerned about the impacts of wood heater smoke on air quality, consider using other forms of energy for heating that produce less smoke, such as energy efficient gas or electric heaters.

*Mountain Monthly* has recently published tips from local firewood providers and suggests using our Business and Trades Guide for those suppliers and appliance services.

For more information go to [epa.vic.gov.au/for-community/environmental-information/air-quality/wood-smoke-air-quality/wood-smoke-pollution](http://epa.vic.gov.au/for-community/environmental-information/air-quality/wood-smoke-air-quality/wood-smoke-pollution)



## Letters to the Editor

All letters must contain the name, contact address/email address and phone number of the author, and should be no longer than 400 words. The author may request his/her name be withheld from publication, in which case the letter will carry the term 'name and address supplied'. Letters are published at the editor's discretion, and may be edited for legal reasons.

Dear Editor,

I am writing to Mountain Monthly to express disappointment re the article in the June edition concerning the 'Draft Cemetery Plans Released' for 265 Whittlesea-Kinglake Road.

The Cemetery Trust provided schematic drawings with no detailed analysis or costings.

The land at 265 was abandoned by Parks Victoria because of the enormous costs involved with earthworks and drainage.

The land at 265 was transferred to DHHS with no public consultation.

The only public meeting held to discuss the land at 265 was held in 2015. At that meeting there was a resounding NIL support for a cemetery on this site.

This beautiful piece of Kinglake is too valuable to become just a cemetery.

Murrindindi Council have repeatedly asked the Kinglake Ranges Cemetery Trust to conduct open, transparent and public discussion.

Let's talk about all the options and use this opportunity to bring the Kinglake Ranges Community together. If the majority support a cemetery, then the KRCT could move forward. However if the majority of people believe there are better alternatives for this magnificent iconic site with panoramic views across Melbourne then the whole community can move forward.

Previous articles (unsigned) in MM regarding the old cemetery site at 825 Whittlesea-Kinglake Road provided inaccurate and misleading information. This site was originally reserved as a cemetery in 1889.

Let's have a discussion, openly and with all the facts.

*Ming Griffiths*

### Kinglake West Supper Club Inc. Food Share

Our food share is a confidential service and still operating under the restrictions.  
Please contact 5786 5661 to arrange to collect items or if you need items dropped off.

## Annual Lyrebird Count will not be held

It has become an annual 'citizen science' ritual for the volunteers and Parks Victoria staff to get up before dawn in the middle of winter to count Lyrebirds in the national park.

But this July, the pandemic has seen it cancelled. Social distancing requirements and the need to ferry volunteers by four wheel drive to designated locations, has made it too difficult and risky.

The count has informed management of the species in the parks for the past 32 years and will resume again when conditions allow.

## Libraries and council customer services re-open

There will be a further easing of the council's library and customer service opening times from 1 July, but a range of restrictions will remain in place.

While these services resumed in a limited way in June, libraries will now be able to allow up to 20 people in each of the branches and the public computers will be available for use.

Councillor Rebecca Bowles said the mobile library and customer service would also resume, but only a few people would be allowed to use it at a time.

"Unfortunately we won't be resuming programs and events at any of our branches at this stage – it is simply too difficult to observe safe social distancing requirements", Cr Bowles said.

The Centrelink AccessPoint at the Kinglake Office will reopen from 1 July.

There is a State Government requirement to record the details of people entering the council buildings and this will be a condition of entry.

Customer services will resume, but Cr Bowles said if people needed to make payments cards are preferred over cash, or paying by card over the phone. Merchant fees on card transactions have been waived.

The Book Butler service that delivers library items to the home-bound or high risk categories will continue.

Check the council website for full details of available services, hours and restrictions which will apply from 1 July at [murrindindi.vic.gov.au](http://murrindindi.vic.gov.au) (click on the 'blue banner' at the top of the page) or call 5772 0333.



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# Historic tree removed at Kinglake West due to works damage

A 100 year old tree that survived Black Saturday and stood near the Kinglake West bushfire memorial has been removed after a council contractor cut through its roots.

Mountain Monthly received information and photographs of the works in progress from a local resident showing that the tree's roots had been cut while contractors were carrying out paving works.

The paving in the area provides access to the toilet block and memorial on the Whittlesea-Yea Road.

A statement sought from the shire by MM said the contractor had started work on the construction of kerb and channel and final sealing of the carpark without the council's knowledge.

"Unfortunately, the contractor has seriously damaged the roots of a significant tree during excavation", the

shire's statement said.

Council ordered that all work stop immediately.

Council's arborist inspected the tree and determined that it was now unstable, with a high risk of falling, due to the damage to the roots.

"As this tree is located in an area where there is public access, we undertook immediate heavy pruning of the tree to address the immediate risk".

The council said the matter was being further investigated with the contractor.

"We apologise for this situation and the damage to the tree which necessitates its removal.

"We understand how disappointing this would be to the community.

"We are also distressed by this situation and we will work to ensure this cannot happen again."





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## Plastic Free July

Murrindindi Shire Council is joining forces with Plastic Free July to talk to the community about single-use plastics and the steps we can take to reduce their use.

Environment councillor, Rebecca Bowles, said they will be supporting residents with resources to help them make positive changes - especially at home.

With many of us working from home and staying home on weekends, we've seen a rise in home baking – and everyone seems to be planning veggie gardens! These activities can help us to reduce our consumption of plastic.

"Council wants our community to get behind the Plastic Free July campaign to take on the challenge of plastic waste reduction. The focus for Plastic Free July this year is on things all of us can easily change around the house including how we shop, what we cook and the types of products we use in the home", Cr Bowles said.

She said she planned to use recycled mesh produce bags and refuse to buy any fruit or vegetables wrapped in plastic.

To take part, enter your details at [www.plasticfreejuly.org/take-the-challenge/](http://www.plasticfreejuly.org/take-the-challenge/) and take a pledge to reduce your reliance on single-use plastics for a day, a week or the entire month.

For more information and resources about Plastic Free July, and to participate in online activities, go to [murrindindi.vic.gov.au/plasticfreejuly](http://murrindindi.vic.gov.au/plasticfreejuly).

## Counting birds in winter

Many of our residents take part in the annual Aussie Backyard Bird Count, but



*Aitken Crescent, Kinglake.*

there are also seasonal surveys that further inform this valuable 'citizen science' project.

Murrindindi Shire Council's Environment, Library Services and Information Technology Portfolio Councillor, Rebecca Bowles, says that all you need to do is go outside for 20 minutes and count how many birds you see and what type they are. First, download the 'Birddata' app and take your smartphone or tablet outside to record all the birds you see at your place.

If you need help identifying any of the birds you see, you can take a look on the 'Birds in Backyards' website under the 'Bird Finder' section or you can download the free Aussie Bird Count app.

"If you see anything out of the ordinary or worth mentioning you can also add some notes to your survey. Maybe some birds were feeding on the native plants in your garden? Or maybe you noticed a few different species interacting with each other? Any extra information you can provide is helpful.

## Aitken Crescent and Kinglake streetscape plan update

Works on Aitken Crescent in Kinglake are almost finished, with completion expected by the end of June.

The council also expects to have a revised concept plan for the Kinglake streetscape project ready for final community feedback in late July.

The Aitken Crescent upgrades include construction of kerb and channel, pavement, asphaltting, stormwater drains and footpaths.

The streetscape project plans will incorporate feedback received from the community in 2019.

The council said the late July release of the revised plans was later than expected, but it had taken more time to incorporate the ideas from the community.

Construction of the streetscape is still expected to begin next summer.

# Shire CEO finds his voice

Murrindindi Shire CEO, Craig Lloyd, has given voice to a different 'message' during the Covid-19 crisis and released a debut single song.

Mr Lloyd's record, 'One Last Time', pays tribute to those who have struggled with drought.

The publicity material accompanying the release, says that Mr Lloyd's 'day job' has highlighted the challenges facing his community.

"Through my day job, I came across a lot of people who have been doing it tough during the drought and I've been hearing the stories of these people," he said.

"Those stories inspired the song".

Co-written with Lachlan Bryan at the 2020 CMAA Academy of Country Music, the song is about resilience.

"I want people to hear the story of this song and reflect on the way that some people have been doing it tough", he said.

"Through the interviews, I hope listeners get to know me a bit - my tastes and likes - and they'll get to hear the stories that float around in my head. It's good to get the stories out".

Mr Lloyd said he felt he'd come to performing and recording music later in life, but it was his broad life experience that gave him more inspiration to turn these into stories and songs that people could listen to.

"Having been a London Bobby previously, and seeing a different life over here, it's given me more experiences", he said.

'One Last Time' is available now and for further information go to [www.craiglloyd.com.au](http://www.craiglloyd.com.au)





# Proudly supporting the Kinglake community

Congratulations to three of our sponsor recipients!

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## The Power of Art

Art in all its forms illuminates our inner lives and enriches our emotional world. It impacts our lives in complex, subtle and inter-related ways, providing experiences and memories that we cherish.

From the beginning of European settlement and of course for many thousands of years before, arts and culture in the Kinglelake Ranges have played a key role in sustaining and promoting our community identities.

The arts have been a way of maintaining cultural heritage, connecting different generations and sharing that heritage with others. They have played a crucial role in helping our community to celebrate and survive in hard, as well as good, times.

Our local ancestors began enjoying a vibrant cultural life in Kinglelake with dances in 'Finegan's Barn' before local schools were built, circa 1879. The earliest concerts, meetings and dances carried on this tradition after construction of the schools.

With the construction of several halls in 1897, 1908 and 1927, local culture received a much-needed boost with the implementation of various cultural programs, as well as several ballroom dancing exhibitions with music provided by local musicians.

Concerts, meetings and dances were held in local schools from 1879 and musical productions continue to present day. The 1900's saw the arrival of the Glee Club in Kinglelake West while in the 1940's adult concerts were featured in the halls at Kinglelake West and Kinglelake Central. These included Deb balls, CWA concerts, a Minstrel Choir and dances at the Football Club, which on one occasion, featured ballet-dancing footballers.

By the 1950s the Kinglelake District Amateur Theatrical Society and the CWA Drama



Group were thriving, to be followed by ballroom dancing which was taught at Kinglelake West Hall in the 1960's and Deb Balls held in Kinglelake in the 1940s and 1960s. The Debra Balmforth School of Dance opened its doors in 1978 followed by the Kinglelake Repertory Group (drama) in the 1980's, as well as a very popular drama group run by Hilde Quixley.

'Pandemonium' a play written by Deidre Hawkins was produced at Kinglelake Primary School in 1983. Throughout the 1980's several community concerts were organised as fundraisers.

Prior to the opening of the Community Centre, the old RSL Hall served as a venue for the Kinglelake Gallery with visual art workshops and exhibitions both permanent and temporary.

The opening of the Community Centre in 1985 was celebrated with an art show featuring some of our most renowned artists, one of whom was Grace Paley who was later to become 'artist in residence' for the Mountain Monthly. During her time working with local schools Grace painted several exquisite portraits of the local school children, which were featured in the Mountain Monthly.

Grace went on to win several major art prizes and still paints and teaches at her new home in Batemans Bay. In 2009 Grace made a special trip to her original hometown of Kinglelake to conduct free

pastel workshops to help lift the moral of local artists who had been impacted by the bushfires. These were held in the Kinglelake West Hall and were followed by an exhibition showcasing the works of these artists.

The Kinglelake West Hall has been used for several art exhibitions, displays and workshops over the years up until the present day. The Community Centre has become the venue for the current Kinglelake Ranges Art Show, which is held annually and is already achieving Australia-wide recognition for the quality and diversity of its exhibition. For many years the Centre was also home to the Kinglelake Craft Guild which had a long and illustrious history of producing the finest intricately worked handcrafts.

Kinglelake has been home to several choirs including the CWA Choir in the 1950's and 1960's, the Kinglelake Singers from 1975 to 1990 and the Kinglelake Phoenix Singers formed in 2008 under the direction and management of local musician, singer and entertainer Karen Ostenried.

Our literary culture has likewise spanned several years and produced many renowned and gifted writers. The talent and originality of our local writers is evidenced by the quality of poetry and stories, which have been published in the Mountain Monthly over the past 40 years.

Deidre Hawkins was born and bred in ➤





### from page 11

Kinglake and raised her three children here with husband, Morris. A former teacher, she is also a writer, historian and editor whose stories and poems describing pioneer and local families' history have brought the past to life in the pages of the Mountain Monthly from 1981 to the present day.

We celebrate all the local writers who have contributed to our cultural heritage through the pages of Mountain Monthly.

Mountain Monthly is also part of our cultural history and the guardian of our arts heritage. A keeper and recorder of our past, a reflection of our present and the promise of a culturally significant and exciting future for the arts in the Kinglake Ranges.

Our artists may be hidden at the moment, but they are maintaining their very busy artistic lives, continuing to create and to produce artworks, stories, music and song which describe their reaction to present-day events and the ebb and flow of their community's cultural life-force.

Michelle Bolmat

Note: Special Thanks to Deidre Hawkins for supplying the historic details of the Kinglake Halls and to Sheryl White for the portrait photos.

Next Month: Bushfires and Beyond – the ongoing story of the arts in the Kinglake Ranges.



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## WINTER WARMERS IS BACK!

THANKS TO THE **BENDIGO BANK** WE WILL BE RUNNING WINTER WARMER LUNCHES AGAIN THIS YEAR!

But, like everything else in 2020 so far, there will need to be some changes. To comply with current restrictions for seating arrangements we would ask you to call the KRNH on **5786 1301** to book your seat at the table!

We will also be doing take away meals if you would prefer to eat in the comfort of your own home.

Gluten free and vegetarian meals are available and the usual gold coin donation would be appreciated .

We look forward to seeing your faces, and as we always say,

“ Food tastes better when we eat together” even though this year we will be a bit further apart!

Dates: Thursdays 23 & 30 July | 6, 13, 20 & 27 August | 3 September (7 weeks)

Time: 1.00pm - 2.00pm

Cost: Gold coin donation. Thank you to **BENDIGO BANK** for their support of this Program!



## FOOD SHARE

Food Share is a community based program that provides food for people in need to help them through tough times. The food is donated from **Foodbank Victoria**, **Kinglake Foodworks** & **Flying Tarts Bakery & Cafe**.

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# Recession: what are the facts

"We're going into a recession," an accountant says as she spends \$4.20 on her regular coffee. "Sure," the barista answers, run off her feet with takeaway orders.

The accountant returns to a pile of work from young clients requesting more information on the huge range of new government incentives available for buyers.

End of story.

People love to throw around the line 'We're going into a recession', but the real question is: what are the ramifications on your personal life?

A global recession is one thing to monitor, but it does not always guarantee a local recession, and even when a local recession occurs, its effect on jobs is another thing altogether. It has been 30 years since we have seen a local recession to the scale of the one we are currently in.

There was a recession in 2008-09 (remember Kevin '07?) but,

we paid our way through that one. I expect the same will happen now.

Although the corona virus is new, the recession is cyclic – only the causes are different. We have a recession every 10 years, although some people are unaware of it: Corona 2020, GFC 2009, 9/11 2001, Keating's recession of the 90's – we've been here before. So what are the facts?

Let's look at the early 1990's: Unemployment rate: 6.9% Dow Jones Stock Price Fall (19 October 1987): 22.6%

Compare to 2020: Unemployment rate: 6.2% Dow Jones Stock Price Fall (16 March 2020): 12.9%

As you can see, compared to the 'recession we had to have', unemployment is on par. But, the stock market registered a smaller drop.

When you look at this history, it becomes evident that if you take corona virus out of the picture, this is nothing new. So if someone says to you, 'We're



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going into a recession', you can say, 'What's new'?

I think it is likely that unemployment will rise beyond 6.2%. IT IS A FACT corona virus has had more of an effect on jobs than the 08-09 GFC. The reason for this is obvious.

Coronavirus has had a material impact on the way human beings work and physically interact with one another.

The question is, are the types of job losses Australia is experiencing affecting the real estate market? The answer is, not hugely.

This is why we have seen so much market confidence. Let me flag that conditions have been tough and stressful. There is no doubt about that. I've got plenty of friends who have lost their jobs. Looking at the facts does not mean I am any less aware of how hard the last few months have been.

That being said, although industries like hospitality, contract work, and tourism have been hit hard, just as many people have

deferred to work-from-home arrangements without their hours changing very much.

A sharp loss of employment does not guarantee a direct impact on real estate, because not everybody is in the market to buy. The people who are now in the market to buy are reaping the benefits of government incentives as well as riding a wave of positive sentiment.

So, I don't think it is misleading at all to say that conditions are good, and just in time for Spring.

If you are thinking of selling and you want informed advice, the team at Integrity is happy to talk about all things – not just real estate. We consider it our obligation to help people make informed decisions, and we do this out of our own time.

If you are feeling a bit overwhelmed with conflicting information, or with all the changes that are going on, give me, Will, or Jordyn a call on 5786 2033. We're here to help.

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# Repayment 'holidays'

While we are in these unprecedented times, there are no doubt many people who are struggling and trying to keep up with their debts - and this may be the case for some time to come.

While the lenders have been very quick to promote themselves as the 'solution', it is very important not to confuse a payment 'holiday' with a payment from the bank/lender.

This is not meant as a criticism of the lenders/banks as to how they are responding to the panic and stressful situations their clients are finding themselves in. However, when it comes to these offers there can be some very grey areas.

You may think by taking this option you are saving money by entering into the repayment 'holiday' arrangement. Be mindful, that this is almost never the case.

The borrower will receive some short-term cash flow relief, but the debt is still likely to grow during the repayment holiday period, leaving the borrower with a larger debt than at the start.

An example of this is:

## FINANCE facts

The borrower has a loan of \$300,000, and the monthly repayment might be \$1500.

If their current lender offers a 6 month payment 'holiday', while the borrower does not need to make a repayment for the 6 months, the lender will add these missed payments to the loan amount. Using these figures the debt would go from \$300,000 to \$309,000.

After the 6 month holiday the lender may ask for a monthly repayment to be increased for a period of time to make up for the missed instalments or perhaps increase the term of the loan.

The lender will want all the money repaid. If the lender insists that the payments are increased to make up the missed payments this can place further cash flow strain on an already stressful situation. For this reason borrowers need to be fully

aware of the long-term impact, this may or may not cause.

While there are some borrowers who may have no option but to place the loan on a holiday repayment, please reach out to your current lenders for more information and a solid understanding of the process and any flow-on from that 'holiday'.

There is also an emotional rollercoaster of uncertainty around what the coming months look like and how this will impact income, different industries and also whether the Jobkeeper payments will still be in place to financially assist those in need.

Businesses are far from fully recovered and it is fair to say our new normal is very different to the previous normal. Banks and lenders are working with their clients for the best possible outcome.

Please ensure you make the relevant enquiries as it applies to your situation.

Reach out if you need further information or a discussion around your current structure. Happy to help.

Nicole Sevenich, Buyers Choice  
Nicole Sevenich is Credit Representative No. 479851



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# What are your rights when it comes to seeking a refund or exchange on consumer goods?

By Rochelle Manderson, TBA Law

Knowing your rights for the return and exchange of goods; when you can return goods; who to return them to and; what you can receive as a refund or exchange can save a lot of time and effort.

These rights apply to the consumer who has purchased the item, or to the recipient of a gift of the item.

Just because you have changed your mind may not produce the required outcome if you haven't taken notice of the conditions imposed by the seller in regard to refunds or exchanges.

The Australian Consumer Law (The ACL) includes consumer rights to return items that are not fit for purpose, are not as described, or not of acceptable quality. They bind any retailer, be they a small store or a large chain, as well as secondhand stores and opportunity shops.

However, they do not bind private sales. They can't be contracted out of, so any signage or fine print on your receipt stating no refund or no return/exchange is illegal and not enforceable.

## When can you return an item?

You can return an item if it is not as described. This includes any description on the packaging, or any description given to you by the seller of the item. Goods must be as described pursuant to s 56 of the ACL.

Goods can be returned if they are not fit for purpose. This includes their usual purpose, and any purpose described by the seller at the time of sale. This also includes any statement made at the time of the sale, so if you make it clear to the seller your purpose for the goods,



and they indicate the item is fit for that purpose and it is not, you can return the item.

Goods can be returned if they are not of acceptable quality. Acceptable quality is described under s 54 (2) of the ACL, and is defined as what a reasonable consumer, fully appointed with the goods, would consider to be or regard as acceptable.

Essentially it is a reasonable person test. The goods must be acceptable in their appearance, free of defects, safe, and must be durable. Durable will depend on the type of goods you have purchased and the price you have paid for the item. For example, you would expect a large appliance to last years, while you would only expect a scented candle to last days to weeks, depending on the size and regularity of use.

If you have purchased the goods from a secondhand store, their durability will be less than if purchased new, and any obvious defects at the time of purchase will not allow you to request a refund. If they were clearly visible or disclosed to you at the time of sale, you are stuck with that defect.

If the defect in the item is a major failure, that being a reasonable person would not have purchased the item had they known of the defect, it is the consumer's choice as to whether they want a repair, a refund or the item replaced. If the defect

is not considered a major failure, it is the store or manufacturer's choice to repair, refund or replace. This must occur within a reasonable time.

## What do you need to return your item?

You do not need original packaging or a receipt, you only need proof of the transaction, such as a credit card statement or product serial number. This falls under s100 (4) of the ACL. This section also allows the consumer to choose whether they return the item to the seller or to the manufacturer.

## Are there any limitations?

There are some limitations to the ACL. For example, if you damaged the item yourself, you are not entitled to return it for a refund. If you purchase a \$10 dog bed and Fido destroys it overnight, leaving your living area looking like snow has fallen, it is your loss. Or the ceramic plate you dropped on your kitchen floor, it is also your loss.

If you are unreasonable in your purpose. You cannot buy a child's tricycle, tell the seller you want a tricycle that can also fly, and then return it when it cannot fly. Finally, if you have simply changed your mind, you do not have a right to return the product under the ACL. However, it may be worth approaching the store to see if they will allow a return or exchange in that situation, as they may do so as a sign of good will.

## In conclusion

You have the legal right to return defective goods to the seller or manufacturer under the ACL, however, reasonable is the word! If you fall within the jurisdiction of the ACL, and you satisfy the requirements described above, you are entitled to a return – repair, refund or replace.

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Further information about these roles can be obtained at [murrindindi.vic.gov.au/jobs](http://murrindindi.vic.gov.au/jobs) or by calling Council's Coordinator Customer Service Trish Lucas on 5772 0333.

Applications should be addressed to Manager Customer Experience, Jacqui Rabel. You can submit your application and any accompanying attachments:

- online – you will receive an email notification confirming your submission
- by email to [msc@murrindindi.vic.gov.au](mailto:msc@murrindindi.vic.gov.au)

**Applications close: 12 noon, Monday 13 July 2020**





# Managing the influx in 'our backyard'



By Jane O'Connor

## Where are all these people coming from?

It is winter, cold, changeable and the locals are stoking up the fire.

You can't get a parking spot in the Kinglake township at weekends, let alone at any of the obvious, highly attractive national and state park areas generally, and don't mention 'waterfall' or there will be a queue.

Add to the mix the marketing message that we are 'just an hour from Melbourne' and the covid-lockdown population is keen to breathe our fresher air.

The fact that more than 40% of our shire is made up of state and crown land has come into sharp focus almost over night.

The cyclists, motorcyclists and 'Sunday drivers' are obvious, but there is another major influx and they are taking to the bush – many for the first time.

Seasoned bushwalkers – both locals and visitors – know, respect and equip themselves for the incredible variety of challenging terrain our extensive state and national parks have to offer.

However, in some locations bush walking tracks have had to be closed due the sheer volume of traffic and the non-adherence to social distancing rules. Picnic areas are crowded in spite of the low temperatures.

As a keen bushwalker and local resident of many years standing, I have long enjoyed 'our own backyard', but been equally surprised by the amount of incoming traffic.

It carries with it all of the predictable outcomes of any 'rush' into an area – people unfamiliar with the terrain and conditions; ill-equipped to handle more challenging locations; miscalculating time factors and weather.

As the state moves to encourage as much domestic tourism as possible to help revive the industry, and business in general, this emerging situation is also stretching our parks and other staff to the limit.

From the state forest trails of Toolangi to national park access throughout Kinglake and Kinglake West, reports of up to 300 cars and more a day on fine and long weekends in one car park alone have ➤

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been reported at obvious destination points. Other beauty spots that aren't used to and don't cater for large numbers are seeing a regular 'traffic jam' and some heated exchanges in 'the queue'.

The upside is that Bed and breakfasts and other accommodation in some areas are reporting that they are again getting regular bookings and do arm their guests with the right information before they head out.

My walking companion and I have driven day trippers back to their cars when they've completely lost track of where they are and taken the time to talk to others who are equally confused.

A major shock for some is when their phone reception dies (common in large parts of our territory) and reliance on the map app dies along with it.

We don't pretend to have done the in-depth market research on where the traffic is hailing from, but anecdotal information points to some common factors.

A key decider appears to be that if it's a 'day trip', they get out into the environment and soak in some nature and views, can safely get back home in time for dinner, then it's on the list.

They are either coming via Healesville and the Yarra Valley into Toolangi and going no further than that; or up the Kinglake-Heidleberg Road;

and through Whittlesea to the accessible national park areas to the west.

"Imagine having this as your backyard, how lucky are you?" said two women as we drove them back through the Toolangi State Forest to their carpark, off a cold Mount St Leonards road with the mist already descending.

They had finally planned a day out of lockdown in Port Melbourne and Carlton and started in the beautiful and gentle Wirrawilla Walk, which they'd found on a website .

Leaving the safe boardwalk and heading onto more challenging loop tracks – such as the Tanglefoot or Myrtle Gully – and up for an 8 to 10km round trip sounded great.

What they may have considered a good, brisk walk in their home environment, had a vastly different- steeper, colder and wetter - reality in ours, even on well formed tracks.

But, they were super keen to learn more and to come back.

On the same trip, a young couple had taken the same side trail. The young mum with a toddler in a carry sling and high heeled dress boots on and was about to take a different, more treacherous track that even we 'veterans' treat with great respect.

In writing this article, I make no judgements on the rights and wrongs of the situation, or have the answers as to how we should be handling it, but



rather as a potential catalyst for the community to think about how we can embrace, engage and educate our influx of visitors and new residents.

The expert park authorities - Parks Victoria, DELWP and Melbourne Water - offer detailed information for visitors to check before they leave home. So too does the Shire of Murrindindi when it comes to which of its attractions are open.

The signage on these destinations is also clear as to what you can and can't do in the area, distances and terrain involved, where there may be picnic spots or toilets and what to see.

Let's back them up and help where we can.

We and they are aware that visitors are climbing through locked gates in closed areas; at times accessing closed privately owned plantations;

letting the dog run free off leash in Lyrebird breeding habitat; not always practicing safe distancing and; many other 'don't do's'.

As a starting point, we can recognise the fact that these are publicly owned areas and become our own best ambassadors who offer some sensible guidance and local knowledge when asked – including where to go for a coffee and lunch, to buy something for dinner on the way home, or where other interesting things may be on offer.

Mountain Monthly will continue to bring our readers some useful information on where to begin safely exploring our beautiful 'backyard' and to share with our visitors.

The map in each edition of *MM* is also a useful guide to help people with directions.



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# Whittlesea Physiotherapy

## Return to sport

Sports clubs and players are being urged to ensure they are match fit before they hit the court or field as corona virus restrictions ease and Australians return to normal life.

While many Australians have been walking, running and cycling to maintain their fitness during quarantine, this doesn't mean you're ready to go straight back into a local footy, basketball, netball or soccer game. A carefully planned return to competitive

sport will help avoid common sports injuries to hamstrings, knees, ankles and hips/groins.

Maintaining general fitness from running and walking is great while competitive sport hasn't been possible, but we need to remind all teams and players that they need to return to sport gradually when restrictions ease.

Participating in injury reduction programs that involve a combination of targeted strength, agility and balance exercises can decrease hamstring injuries as well as

reduce knee, ankle and hip/groin injuries. Research shows ACL injuries can be reduced by 50% and overall injuries by 30%, in both male and female sportspeople.

Sports clubs and individuals are recommended to consult with their local physio or exercise physiologist to help put together a graded return to sport training plan, or to work with coaches to implement adequate injury prevention training.

Most people are itching to get back out onto the field or

court and be with teammates, but we can't just jump straight back into high speed running, agility and contact activities and expect we'll be fine. We need to return gradually. With proper training, we can avoid injuries that may sideline us for the rest of the season or have more serious long-term consequences.

If you would like more information, please contact one of the friendly staff at Whittlesea Physiotherapy on 03 9716 2250 or [info@whittleseaphysiotherapy.com.au](mailto:info@whittleseaphysiotherapy.com.au)

## When Ian came to stay

For many people, the prospect of having to go into an aged care facility is daunting, with the sudden transition from a familiar home to the 'unknown'.

But, there is now the option of short-stay, respite care, that can take the pressure off a partner or other carers at home.

Ian was apprehensive about his future options, but he'd had a series of falls and his wife was struggling to cope.

"The best thing about coming in for short-term care was that it was so much easier for my wife – when I was falling it was not fair on her. I'm a big guy, and she would struggle to pick me up and help me", he says.

"She bought me a special chair (which cost a fortune) to try and make me more comfortable and help me get up and out of it - but it was quite low, and it was just terrible and it was so hard to get in and out.

"I've learnt you have to be very careful where you sit!"

Ian would stay for a week in an Estia Health home and says he and his wife would both feel better after having a break – 'then I would go home, and I'd have another bad fall'.



He had five or six short-stays, and after this, the decision was made that it was best he moved in permanently.

"Since moving in, I haven't felt like I'm about to have a fall. I think it's the fact that I've always got something to hang on to, either the railing or a seat, and I have people here to help me – the team here have made me feel much safer", Ian says.

When Ian moved in, he found the team extremely supportive and friendly – they all knew

his name and took the time to get to know him. Ian quickly started to settle in and appreciated the personalised daily care he received.

Group activities are an important part of his life at Estia Health.

"I like to go to the Men's Shed on Thursdays and Fridays – in fact I love it. I used to be a mechanic by trade, but I don't do anything like that anymore. I just like to go down and play snooker and have a rest. The thing I enjoy most about the

Men's Shed is the company and the friendly banter," says Ian. "It's nice when my wife comes to visit – we sit and just get to talk.

The most important thing to me living here is the staff, they all respect you and they treat you well."

To find out more or enquire about how you could arrange a short-stay at an Estia Health home visit [estiahealth.com.au/warmwelcome](http://estiahealth.com.au/warmwelcome) or call 03 5955 2979.





## Menopause and weight maintenance

Watching the news the other night on a commercial TV station, I was shocked to see them recommend pre-packaged meals from a supermarket chain as a means to deal with Menopause. Despite the obvious problems with advertising being presented as a news item, the amazing amount of plastic waste and low nutrient issues with eating pre-cooked and packaged foods on a daily basis, there was no actual evidence showing such meals would do anything to assist menopause.

They did however qualify the 'infotainment' with suggestions that weight loss would assist the severity of hot flushes, that your metabolism does change and that spicy foods and sugar can aggravate symptoms. I couldn't agree more and thought some more practical advice could also assist with the many issues that effect menopausal women.

Underpinning the issues is understanding what is occurring in your body; and also your body type and tendencies can greatly assist your transition through this difficult time.

The issue of portion control is a good point here. Ever noticed the size of dinner plates in dinner sets made decades ago? They are about half the size and that is a really great way to reduce your portion sizes to reflect changes in metabolism. The simple fact is due to the Yin (blood) no longer shed monthly, we simply don't

need as much food intake to replenish it. So, have a look at some Opportunity shops for some lovely old crockery sets or use bread and butter plates and eat slowly and enjoy each mouthful of food.

The Thyroid gland has a big role in metabolism too, and it also assists in regulating hormones so it is a good idea to check its functioning during the pause. Nothing reflects Yin and Yang quite like this ancient gland as it regulates body temperature, fluid regulation and digestion.

So, if your body is more Yin - such as, it holds fluids; tends to feel the cold more than heat; has sluggish digestion and tiredness; your diet needs to be more Yang to balance this out.

In this case you need more warming foods such as soups and casseroles, stirfries and vegetables cinnamon and ginger, (not too much chilli however, small amounts are fine) as well as lots of beans.

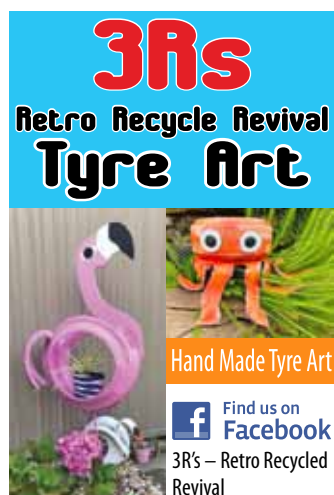
Notice that beans are shaped like kidneys and they do a great job assisting the kidneys to clear excess water, so think red kidney beans, black beans, adzuki beans etc as very beneficial. What not to do is eat lots of raw cold foods such as salads. You will not lose weight as they are too cold and you will just feel tired and damp. Also, it's important to eat seaweed as it also clears fluids and assists in thyroid function. Go the Sushi!

If your body is more Yang (or Yin deficient) you will be sensitive to heat, feel flushed often, get flushed cheeks, and find it hard to wind down; then you need to eat more Yin supplementing foods to reduce the Yang (think hot flushes) from rising like the breath of a dragon!

Juicy foods are important such as mandarins, oranges, stewed apples and rhubarb. Fish, Tofu and soy milk are very important for you, and cut out red meat, spicy foods (or eat small amounts with good amounts of yoghurt and cucumber), celery, avocados and root vegetables. Steamed vegies and soups are still good for you too as they are moistening and nutritious, especially vegetable soups with lentils and tomatoes and bay leaf.

Understanding your body type is vital at this time to allow your body to transition from the reproductive phase of life to the more self productive phase in life. For more information please come and chat to us at Kinglake Chinese Medicine and learn to eat for your body type.

*Stay well, Dr Anglea Palmer, Chinese Medicine*



## Murrindindi Guide winter edition online

Read about the people, places and creatures in our shire in the winter 2020 edition of the Murrindindi Guide online at

<https://issuu.com/murrindindiguide>

or [https://issuu.com/murrindindiguide/docs/murrindindi\\_guide\\_winter\\_2020](https://issuu.com/murrindindiguide/docs/murrindindi_guide_winter_2020)





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# Danielle Green MP

## STATE MEMBER FOR YAN YEAN

Parliamentary Secretary for Sport  
Parliamentary Secretary for Regional Victoria

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Authorised by D Green, Suite 3, 14 Yan Yean Rd, Diamond Creek. Funded from Parliamentary budget.

# Cindy McLeish MP

## State Member for Eildon

*Your local voice for  
Murrindindi Shire  
and the Kinglake Ranges*



### Contact Cindy

Shop 10, 38-40 Bell Street, Yarra Glen  
PO Box 128, Yarra Glen VIC 3775  
03 9730 1066

[Cindy.McLeish@parliament.vic.gov.au](mailto:Cindy.McLeish@parliament.vic.gov.au)

**[www.CindyMcLeish.com.au](http://www.CindyMcLeish.com.au)**

Authorised by Cindy McLeish MP, Shop 10, 38-40 Bell Street, Yarra Glen.  
Funded from Parliament Electorate Office & Communications Budget.



**Murrindindi**  
Shire Council

### KINGLAKE MEMORIAL RESERVE HAVE YOUR SAY

The draft Master Plan for the Kinglake Memorial Reserve is now available for public feedback.

The draft Plan has been built with the input and feedback gathered from user groups and the community in earlier stages of the project.

Council invites community members to view the draft Master Plan on our website at [murrindindi.vic.gov.au/projects](http://murrindindi.vic.gov.au/projects) and provide feedback via an online survey by 19 July 2020.

Alternatively, if you wish to speak to someone from Council about the project, you can call us on 5772 0333. You can also discuss the project with our consultants, Michael Smith and Associates, by calling 9830 0414.



## Not the good old days

It is hard for us to imagine in this day and age how difficult life was for residents of the Kinglake district in the early farming days, but this article from the *Weekly Times* in 1916 tells the story:

"To reach the Kinglake tableland, a horse-drawn vehicle, in 12 miles, has to climb from 600 feet above sea level at Whittlesea to 2000 feet. It is a beautiful drive but beauty does not help the producer. Kinglake is an outpost of three Shires and not one of them worries about its remote roads.

"Consequently, when laboriously ascending from Whittlesea, a traveller with a delicate stomach is so tossed about in his buggy or jinker that he is likely to suffer from 'sea sickness'. A lady who has lived in Kinglake for 25 years is thus afflicted on almost every occasion that she descends to the lower country in winter when the wheels plough deep into the soils and rise again over a hidden obstruction.

"The conveyances creak and groan and bruise externally in dismal accompaniment to the passenger's stomachic disorder. On 6 September last, three derelict broken vehicles were observed on this wretched specimen of a road which is provided by a modern State to assist and foster development.

"The first pioneers reached Kinglake between 40 and 50 years ago. They soon found that, although the



**Mr James McPherson.**

land would grow almost a superabundance of a diversity of crops, they could not get much produce to market. Even in 1916, the position has only slightly improved.

"Until 25 years ago, the permanent inhabitants of the tableland could be counted almost on the fingers of two hands. Then there was an increase in population. The collapse of the 'boom' in

Melbourne rendered the city less attractive. Thousands of men were forced to look beyond its boundaries for a living. Between 1890 and 1896, the population outside the metropolitan area increased by 71,314 compared with an increase of only 24,300 within it, the only seven-year period since 1890 when the country developed more rapidly than the city.

"Kinglake received a substantial benefit from this rush outward. New areas were taken up from the State and land was purchased from the pioneers. The task of clearing was resumed vigorously and virgin soil was sown or planted.

"Then to those newer people came the same pathetic awakening. It was easy to produce prolific crops; it was disastrously difficult to transport and market them. In a little while, one and another family left discouraged and even ruined. It is said that not more than half of those settlers are left. In some cases, while the parents continue faithful, knowing that the land has a high productive capacity, the sons (and often the daughters) have gone to the city, with its regular wages and greater comfort, or to other districts or to other States.

"In not providing the outlet to market, the State is frequently unwittingly guilty of the greatest cruelty. For instance, some time ago, a man in England, attracted by glowing

reports from our agents, immigrated into Victoria with his wife and family and with upwards of £100 in savings. For six weeks, he vainly tried to get work through the Labour Bureau. Then, although he had not practical experience, he was induced to invest his savings in comparatively virgin land at Kinglake. The money was spent on unremunerative improvements and, within a few months, the man, admitted to be a hard worker, had to throw up his holding. He was disappointed and disillusioned and rendered bitter because his wife, from a robust woman, had become practically an invalid. That man is today a city worker.

"Kinglake has stagnated because: 1. The original areas were too large. 2. Good roads were not provided. 3. There was no railway."

From *'The Weekly Times'* 23 September 1916.

The photograph is of Mr James McPherson (1916), one of the pioneers, whose sons had left the farm at Kinglake West for employment elsewhere as life on the farm had proved just too difficult and financially unrewarding. Thankfully some of the early selectors did persevere and eventually succeed - hats off to them! - and the roads were eventually improved.

Deidre Hawkins,  
Kinglake Historical Society  
c/o Kinglake Ranges  
Neighbourhood House  
5786 1301

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**Murrindindi**  
Shire Council

**PLASTIC  
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2020**



## Local groups receive Bendigo Bank Grants

Three Kinglake groups are the recipients of Bendigo Bank community grants.

They are:

- Kinglake Ranges Neighbourhood House for \$1412 for the Winter Warmers program.
- Kinglake Ranges Men's Shed for \$1530 to purchase a large evaporative cooling system
- Kinglake Lions Club \$1500 towards purchase of a new trailer



# Rotary Club of Kinglake Ranges

Rotary has two concentrations – local community needs and international aid. Recently we addressed an urgent need for international assistance to Vanuatu in the wake of Cyclone Harold.

There was virtually not a house or building not damaged, especially on the very tiny islands of Malo and Santo.

By supporting Disaster Relief for Vanuatu we have donated 20 kits supplied by the Shelter Box organisation. The aid items will be directly related to what the community needs to help rebuild.

Our donation of \$2,000 ensures 20 families who have lost everything will have kitchen sets, ropes, solar lights and tarps so at least they have a cover over their heads and can cook their food in safety.

Natural disasters unfortunately are all too common both within Australia and overseas and Rotary is an organisation that always steps up to help wherever it can.

Don't forget – when our local Kinglake Markets open up (covid-19 restrictions are all that are stopping this happening) we will have vacancies for community groups to share in fundraising options through the Wishing Well – if you would like to be involved please phone Andy on 0418 567 005.





# THE DINDI STORE

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## HELLEBORUS SPECIES

### Lenten rose/Hellebore

**Description of plant:** One of the most beautiful winter flowers, the members of the hellebore family. This family gives the gardener handsome weather resistant winter flowers of excellent quality and form. Many varieties are available, including Hellebore orientalis, h. odorus, h. viridis and h. argutifolius.

**Height:** 30cm - 50cm

**Width:** 40cm - 50cm

**Colours:** Not just the old-fashioned whites and pinks anymore, but a whole multitude of new colours. Burgundy, yellow, apricot, mauve, white with speckled dark red, slate, very special picotee (dark edged petals) and clear whites.

**Conditions:** Their requirements range from alkaline to acid soils but mainly alkaline with good decomposed leaf matter and compost added to the soil. They dislike extremes of wetness and dryness. Plant under deciduous trees which provide dappled shade in the summer but good light for flowering in winter. Remove last year's leaf growth

# Flowyn Gardens Plant of the month



to make way for new flowers and leaves. Feed with liquid plant food as flowers appear to lengthen the blooming period.

**Drought/frost tolerant:** Some do well in full sun, but most enjoy dappled shade, especially in a woodland setting. They are cold and frost tolerant due to their leathery leaves.

**Propagation:** By seed, when ripe in late spring, or division of big clumps in spring and autumn.



# ENVIRONMENT MATTERS

## Speleothems

As travel restrictions due to COVID-19 begin to ease, we can all once again savour the many sights that surround us, and also take part in activities such as camping or hiking within our national parks. Yet for those that like to indulge in spectacle and awe, natural attractions such as limestone caves are worthy of exploration.

Limestone caves are formed as a result of weak acidified water made from a mixture of rainwater and carbon dioxide, dissolving in the crevices of calcium deposits in the stone leaving gaps and holes and in turn, slowly causing the configuration of underground chambers.

However, the most striking part of limestone caves are the sheer spectacle of speleothems. Derived from the Ancient Greek words for cave and deposit, these structural decorations are secondary mineral residues

made of calcite, aragonite or gypsum. As the liquid form of carbonic acid trickles into the cavities of the constructed limestone caves filling the air, the combination causes dissolved carbon dioxide to be emitted into the air. As a result, the remaining water is weaker in acidity and finds it hard to hold onto the same amount of dissolved calcium as it did previously, causing the spare amount of mineral to slowly form speleothems that spread throughout the cave interior.

Being a freak of nature, speleothems can differ considerably in terms of size, composition and colour. However, they are often categorised depending upon what water process they endure to materialise. Those formed from the dripping of water from the ceilings and on the floors, such as stalactites, straws, columns and stalagmites are classified as dripstones. The structures that take shape due to the evaporating of water are pore



**Speleothem structures in Princess Margaret Rose Cave, Victoria.**  
Photo courtesy of Priya Mohandoss

deposits, such as helectites and appear as twists or curls. This process also allows for cave coral to proliferate. Those speleothems made with the flowing of water are called flowstones such as shawls. They originate when residue travels in sheets down cave walls. When excess calcium

is formed sitting in a pool of water, rimstone dams and cave pearls eventuate.

So if you would like indulge in a showcase of speleothems, take the time to discover all that these limestone caves have to offer.

Priya Mohandoss





## CANDIDATE INFORMATION WORKSHOP

Victorian Local Government Association (VLGA), in partnership with Murrindindi Shire Council, is running an online candidate workshop and training session for those who are interested in running as a candidate in the 2020 Local Government Elections.

The workshop will be held from 5.00 pm - 8.00 pm on Friday 17 July and will cover roles and responsibilities of councils and councillors, current issues facing local government, candidate information for the 2020 elections and campaign tips and tools.

For more information and to register for the workshop, visit [www.vlga.org.au](http://www.vlga.org.au)

[murrindindi.vic.gov.au](http://murrindindi.vic.gov.au)  
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### Nature walks

Walking around our district is one of the joys of living here. Being closer to natural landscapes gives us an advantage that we sometimes neglect until something like the pandemic reminds us of our luck!

My family has spotlighted on several nights recently mainly seeing Sugar Gliders, Ringtailed Possums, and occasional Wombats, Lyrebirds, Microbats, and Wallabies (and Rabbits of course).

### Lyrebird survey

Hopefully, the annual Lyrebird Survey will be happening in July if restrictions allow. The early morning meditation in the Kinglake dawn waiting for the first unique calls is an experience not to be missed and to get you primed we include a photo of this large songbird, the Superb Lyrebird also known as Buln-Buln to some First Nations people in this area.

### Fox control

Introduced Foxes regularly kill large numbers of indigenous animals. The King Parrot Creek Fox Control Program has reported on successful control of foxes on participating private properties in that catchment area using a variety of strictly controlled methods including soft jawed traps, skilled shooters, and 1080 fox bait. This biodegradable and target specific bait contains tiny amounts of the toxin (Sodium Fluoroacetate), which is naturally occurring in over 30 species of Australian native plants, so that indigenous fauna predators including



*Top: King Parrot tasting Round-leaved Pomaderris locally. Above: Superb Lyrebird (Menura novaehollandiae) in Kinglake National Park.*

Wedgetailed Eagles, Goannas, Bandicoots and Quolls have all developed immunity over many thousands of years.

### Threatened flora

Once Landcare events resume, we will continue to distribute the Critically Endangered Round-leaved Pomaderris (see photo) free to interested residents starting with our National Tree Day planting activity in August.

A reminder that in recent years, Kings Road, Kinglake West; Deviation Road, Kinglake; Captains Creek Road, Kinglake/Glenburn and; Burns Road, Glenburn have all had botanical assessments produced under the State Government/MSc funded Ribbons of Remnant Roadsides Program and are

available for your perusal at Kinglake Library or email [ugln.projects@ugln.net](mailto:ugln.projects@ugln.net) for a copy or a link.

### Membership

Share in caring for our local natural landscapes, information on our local flora and fauna, our popular free 'Sustainable Gardening in Kinglake' booklet, a good library, tools for borrowing, and plug in to future courses, lectures, seminars, workshops, or Zoom presentations on farm dams, planning shelterbelts, birds, pest management and on all the issues regularly raised here. A nominal amount per year to cover costs, or go on our free 'friends' mailing list so we can keep in touch and share information - at a good social distance of course.

### Next meeting

Usually third Monday each month, but postponed until further notice.

### Next events

- Postponed or restricted until further notice, but, we are planning future events.
- Early to mid July – Kinglake National Park Annual Lyrebird Survey (TBC by Parks Victoria)
- National Tree Day event at member's property at Kinglake West on 2nd August. Limited to members at this stage because of restrictions. Enquiries contact Chris Cobern on 0413 855490

Roger Cook, President  
Ph: 5786 5453





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## Kinglake Riders Club

Kinglake Riders rallies are held on the 4th Saturday each month at the club grounds at the Kinglake Trust Reserve, Kinglake.

**PRESIDENT:** SANDRA BINDER monsoonspace@yahoo.com PH 0499 653 098  
**VICE PRESIDENT:** PAT EVERINGTON paevington@bigpond.com PH 5786 1787  
**SECRETARY:** PAT HANCOCK pathancock22@gmail.com M 0429 195 825

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# Eagleglen Track, Kinglake: too precious to log



*Eagleglen Track – photo Karena Goldfinch*

## Eagleglen Track

Early last year I was shocked to learn that sections of the Kinglake Ranges were scheduled to be logged. I didn't think they'd log while the forest is still regenerating after Black Saturday and so close to residential areas. When I learnt that after logging over 80% of these huge hardwood trees would be turned into pulp for paper, and only a small fraction used for timber, I was appalled. It made no sense.



*Family picnic Kinglake 1964 (author centre, wearing braces)*

## Family picnic

As a young child in the 1960's, I used to come up to Kinglake for Sunday picnics with my extended family. There'd usually be a couple of carloads of us and I recall being fascinated by lyrebirds, and feeling dwarfed by the majestic trees and huge tree ferns. It felt magical!

After becoming a parent, I introduced my own children to the forest. Now, having been a GP for over 30 years, I continue to enjoy visiting Kinglake for a break from work and for day hikes with friends. Feeling great affection for Kinglake's forests, last year I decided to join Kinglake Friends of the Forest. After joining, I attended one of their information sessions at Kinglake Community Hall, and learned about Greater Gliders - large gliding marsupials that live high in hollows of Messmates, Mountain Grey gums and Broad Leafed peppermints.

After the talk, we set out spotlighting

along Eagleglen Track, donning head torches and peering into the canopy trying to spot these elusive creatures. I'd never seen one before and that night I spotted six of them! I've been on a number of spotlighting tours since, seeing up to 11 in a two hour period, spotting the light reflected in their eyes as they look down.

Greater Gliders are nocturnal, eating flower buds and young leaves high in the canopy. They spend their days sleeping in tree hollows – up to 20 different dens each. This is why large mature trees and continuous forest are vital. The Greater Glider population has dropped by 80% over the last 20 years due to logging, land clearing and bushfires. Without protection they face extinction and are now listed as a threatened species.



I recently learned that VicForests is planning to log the Eagleglen Track area sometime in mid 2020. It runs through Mount Robertson State Forest, just off Exton's Road. The wide dirt track passes through mixed eucalypt forest scattered with wattle, goodenia, ferns and bracken, plus a variety of wildflowers such as pink heath, love creeper, daisies and hardenbergia. The area is used by walkers, horse riders, mountain bikers, 4WDs and trail riders and the nearby carpark has toilet facilities for picnickers and day trippers.

When forest is allocated for logging, it becomes known as a 'coupe'. These coupes are named and numbered and the one surrounding Eagleglen is known as Wallaces (295-548-0020 – Toolangi district). Logging is expected to occur on both sides of the track, destroying the homes of these threatened gliders and devastating the area for recreational use.

Wallaces has not previously been commercially logged and has many hollow-bearing trees. Right now – early winter – is the time of year baby gliders are born, and if not for logging they would live in their mothers' pouches until emerging around October.

To help save this beautiful area of forest, and home to gliders and so many other wonderful species, please consider emailing or calling the relevant politicians:

The Premier Dan Andrews [daniel.andrews@parliament.vic.gov.au](mailto:daniel.andrews@parliament.vic.gov.au) or 03 8392 2261

Environment Minister Lily D'Ambrosio [lily.dambrosio@parliament.vic.gov.au](mailto:lily.dambrosio@parliament.vic.gov.au) or 03 9637 9504

Agricultural Minister Jaclyn Symes [symes@parliament.vic.gov.au](mailto:symes@parliament.vic.gov.au) or 03 7005 9474

For more information, check out the Kinglake Friends of the Forest Inc website:

<https://friendsofkinglakeforest.com/>  
or their Facebook page [https://www.facebook.com/pg/Kinglake-Friends-of-the-Forest-Inc-449764088934522/posts/?ref=page\\_internal](https://www.facebook.com/pg/Kinglake-Friends-of-the-Forest-Inc-449764088934522/posts/?ref=page_internal)

The next spotlighting tour is scheduled for 11 July. Bookings essential as for COVID compliance the tour is limited to 20 people

If you haven't wandered along Eagleglen Track yet, you might wish to do so soon, before it's too late!

*Wendy Bernet,  
Kinglake Friends of the Forest Inc*

## Kinglake Friends of the Forest next spotlighting night



Discover Kinglake's wild-night-life  
Walk in the forest with us  
Saturday 11th July 2020  
Numbers restricted due to covid  
health directives  
Email or message us to book  
[kinglakefriendsoftheforests@gmail.com](mailto:kinglakefriendsoftheforests@gmail.com)  
Kinglake Friends of the Forest facebook page



## Flowerdale Primary School



*Above: Theo went for some colour coordination for crazy hair day. Below: Loklan got creative with the crazy hair.*



*Above: It was 'crazy hair' day at Flowerdale primary and Jess, Izabella and Jaxon joined in the fun. Below: Music with Mrs G.*



**T**hey are brimming with happiness. The joy is in their smiles. They hug each other. They hug us.

Each one is a little taller, hair a little longer. But, we notice something else – a more subtle change...they play a little better, there are fewer dramas, they are more tolerant and accepting of each other. And, by these small clues we truly know they have missed their friends, and they are very grateful to be back at school. We are delighted to have them back with us.

The transition from remote learning to school based learning takes time. By afternoon the younger children are tired. We have restructured our days to help them re-adapt. We are working hard to help them rebuild the many skills they have learned over their schooling, to refocus their energies and to develop positivity across the whole school. So far, it is working just fine.

**Welcome Mrs G:** We are privileged to have Mrs Nicole Gellatly join our teaching staff. Nicole works across all classes delivering music lessons. She also works in the Junior Room each Thursday

and is our new go-to teacher to replace staff who are away. After just two weeks, Nicole has endeared herself to the children, who respond with warmth and happiness, and our staff agrees she is a perfect addition to our team.

**Babies Galore:** As her tummy swells with new life, our lovely Integration Aide, Jayde is about to leave us for a while. We will miss her and we wish her and her husband, Andrew, immense happiness as they welcome their baby boy into the world.

At the time of writing, baby Archie – the new son of Bree and Paul Zala – is exactly 7 weeks old. We have met him on-line and the children were delighted to see Mrs Zala and her cute little bundle of joy.

**Crazy Hair Day:** No return to school is complete without Crazy Hair Day, and our school was awash with some unique hair styles from adults and children alike. Just look at the photos.

Have a lovely July everyone.

*Annie Robertson*



# Strathewen Primary School



We're very happy to be back on site at SPS.

It has certainly been a challenging time for students, families, teachers and schools over recent months, as we managed to adapt to a very different education system.

Thank you to everyone who contributed to making remote learning a success at SPS. Teachers worked tirelessly, preparing fortnightly remote learning packs, having them ready for a socially distanced pick up by families, while supervising some students onsite and supporting others remotely.

Parents, grandparents, older siblings and carers worked with our students daily, as they learnt from home, keeping up with the daily routine of the school timetable. Our students were fantastic, coping with the challenges of remote learning, getting stuck into their work tasks each day.

We have compiled a wonderful collection of photos of our crew learning remotely. We've been talking with our students about how these strange times we've been managing will become a significant part of world history.

Throughout the weeks at home, students and parents shared their remote learning experiences.

At school, we were able to use this time to have some work done safely around the place. Our soft fall mulch has been refreshed under all play equipment, work has been done in the grounds and



gardens and we had Brett Cardwell, from Cardytoons, here updating our pavement art play area. The grounds were looking good for a return to school and everyone is enjoying the chance to catch up with friends.

## Some thoughts from our students

*"COVID-19 has affected people all around the world. During Home Learning I was at home with my brothers. It was hard, because I didn't get to see my friends. It was a big change for us kids because we'd never done home schooling before. I have done all the work that I've been given and I think I've done a good job. It's hard to keep social distancing. We can't go shopping, unless it's necessary. We haven't been able to see our friends or go to their houses until recently. I hope that people are OK during this crisis. Stay safe and keep social distancing!"* Yvie

*"The pandemic has been a difficult experience. We had to do Remote Learning every day. It was different for my family because there are so many of us and everyone was cramped at home. It was difficult not being able to see my friends or to go out, or to see my Nanny. Over the home learning time we had face-to-face chats online. We talked to my Nanny, Aunties and Uncles. My Uncle David is working on a vaccine for the virus. He is a scientist. Now that we're all back at school, I hope that things will be back to normal soon. People around the world have been going through a lot."* Giselle

*"The best thing about being in isolation has been spending time with my family. The worst thing was not being able to see my friends. I think this pandemic has taught us all a lesson and that lesson is to be kind to others. I'm very excited about being back at school and seeing all of my friends. COVID-19 has had a huge impact on the world and I don't think it will ever be the*

*same again".* Noah

*"It has been a little bit hard for me in lockdown and working from home. Social distancing has helped to stop the spread of this virus, but it has been difficult. Remote learning has been challenging. It's been weird without seeing everyone at school and not going out or doing anything much. COVID-19 has really affected our lives. We haven't been going to friends' houses, or going to the movies, travelling overseas or interstate."*

*"We can all help slow the spread of this virus by socially distancing, using hand sanitiser, washing our hands and not touching our faces. If we all do this we can really slow the spread. Thank you to all the nurses and doctors for helping all the sick and elderly people who have been affected. Thank you to the scientists who are working on a vaccine. People in 100 years will be studying and talking about this pandemic".* Lana

*"COVID-19 has been challenging because I didn't see my friends for weeks, only on my iPad. I prefer going to school because learning is easier and much more fun. I liked some things about doing school at home. I didn't have to get up early in the morning and we got to sleep in. We didn't have to drive anywhere. I like working at home and at school. They're both good in different ways. At school you can play with your friends and work with your teachers and at home you can ride your motorbike at recess and feed the cows".* Walter

For those with little ones who are interested in our Thursday Pre-Prep program, we have our sessions on hold until further notice. Feel free to call the school if you have any questions about our prep transition program or future enrolments.

Jane Hayward, Principal



## Middle Kinglake Primary School

It certainly was great to be back at school after spending the majority of term 2 learning from home. Students returned with smiles on their faces, happy to be reunited with their friends and get back into the school routine. We celebrated achievements from learning from home and also our successful return to school with a whole school party. Students came dressed in their party clothes and we had a big lunchtime feast.

Our school captains made a speech each to welcome everyone back....

Chloe ... "Welcome back everyone! I am so happy to be back at school and it is really lovely to see everyone. I know that this term has been a little strange but at least we're all safe and healthy and things are starting to get back to normal. I would like to thank all the teachers for the effort and time they put into our home school packs and Ms Callander for the updates, information and photos to keep us all connected while we have been at home. While home school has been a bit difficult and I'm sure we've all had our ups and downs, it is also nice to think about some of the fun and different ways we have done our school work. Something I have learned is that I am so much more grateful for the things that I haven't been able to do, such as going to the park, seeing my friends, going to school every day and even simple things like going grocery shopping. We have so many lovely opportunities at MKPs and in life and let's all remember and appreciate that".

Hamish ... "Hello and welcome back. Thank you to the determined teachers and students for persisting through these truly tough times.



**Happy to be back and into the Lego.**

*Welcome back to school, I hope we have a better start to the year this time around. I am glad you all took care of yourselves and built your confidence".*

Classrooms used the last few weeks of term 2 to re-establish routines, share experiences and ease back into formal learning. Grade 5/6 had a Lego Masters and an Escape Room challenge.

We have made the best of the sunny weather, while other surrounding towns are fogged in. Students have enjoyed playing outside, working in the garden and running our Cross Country track. While all interschool sport has been cancelled students are training

for our House Cross Country, which we will hold in term 3, by running a track around our school grounds.

We welcome Tish to the MKPS staff. Tish will be working mainly in the Grade 2/3/4 classroom, but will also assist in the other classrooms. She has already had an impact and it is great to have her on board.

We thank families who looked after our school pets during lockdown. Ripley's family took care of our guinea pigs and Rubi's family continue to spoil our chooks. Work is underway to improve our chook house so we can welcome our chooks back to school.

To celebrate the end of term we had a Pyjama Day! This was great preparation for those days over the holidays when you wear your PJs all day.

We hope all our students and families are enjoying a mid-year break and we look forward to getting stuck back into it on Monday 13 July, when term 3 resumes.

It is the time when families start to consider schools for prep enrolments for 2021. Please give us a call on 57861295 to make a time for a tour. Come and see what makes MKPS such a great school.

*Meagan Callander, Principal*

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## Kinglake West Primary School

We have had a fantastic couple of weeks lately with the return to school of our children. The Grade P-2's came back on 26 May and it was such a fabulous feeling around the school when we had the chance to greet them.

All of our staff were involved in decorating the entrance to the school and then being outside ready to welcome the children personally. It was amazing just to see the joy in every child's eyes as they came into the school for the first time in 9 weeks, and then watching them as they settled quickly back to being in a classroom. They were all a little tired by the end of the first day back, but they are all working so hard to catch up on anything they missed out on.

We thought that it would be hard to beat the return of the P-2 classes but on the 9th we welcomed back the rest of our school, the Grade 3-6's. Once again the whole staff, and the P-2 children, created welcome posters as well as smiling faces, which decorated the front of the school. The grade 3-6 teachers also created large signs that they waved at all of the cars travelling past the school welcoming back everyone. It was a very special morning and great to have everyone back, it was like having our family reunited.

We have had to implement social distancing guidelines which, sadly, means that mums and dads aren't allowed to come into the school. Our families have been fantastic and have followed the guidelines and waved goodbye every morning from the gate or their car. However, it has been a lovely chance for staff members to be at the gate in the morning and to have a little chat with



almost every student as they come in. It has been a real opportunity to get to know the children even better!

In welcoming everyone back after such a long time away from school we wanted to do a fun unit of work that the whole school would be involved in. We thought that Pirates would give the opportunity for a dress up and fun day, lots of research and projects and a chance to write pirate letters, make treasure maps and come up with a chance to follow directions and do some mapping. Our Pirate Day was planned for June.

We had an amazing parent community throughout the remote learning time. Our families picked up the learning packs each fortnight, assisted their children to complete them by setting up learning times and then providing assistance; borrowing and looking after computers

from the school, communicating with the staff and welcoming the phone calls from the teachers to the children. Without their amazing support our remote and flexible learning would not have been so successful.

While we were in lockdown we had a number of requests from 2021 Prep parents for tours of our school and to discuss enrolling their children. Sadly, a school without children in it is really just a building and is not very exciting and doesn't let families get a good feel for the school. We are still not allowed to bring families through and so are working on a creative way to introduce our school to community families. However, if you are looking at schools then please give us a call and we can discuss what makes our school so successful. The school phone number is 5786 5262.



## Kinglake Primary School

With the return to of our senior students, we now feel complete as a school again and it is lovely to have all our students back and enjoying learning again. I know our teachers and staff were very excited to see the return of all students and to fill their classrooms with chatter and laughter.

### Remote learning on-line:

Learning on-line has had its challenges, but also has been an amazing learning opportunity for our parents, students and teachers. The majority of our students loved using technology to learn and embraced the situation, which students often do as they seem to be naturals with IT and are so resilient.

For some of our parents it seemed like another language! For others it was an opportunity to learn new skills themselves. For our wonderful teachers, it was also a steep learning curve to be ready in time and fluent with skills around the Microsoft Teams platform before going live. I and the school community thank them for their dedication to their students and going out of their comfort zones and learning new skills too.

Using the Microsoft Teams platform was a great way for staff to continue the teaching and learning for our students that have just thrived during this period of remote learning.



The quality teaching on line ensured that our students continued to learn against the curriculum and have definitely come out the other end of isolation with great results and not missed a beat. We are so proud of our parent's dedication and our student's resilience. We will continue to use Teams as a learning tool within the classrooms as the teachers see fit to integrate this technology into their day to day teaching practice.

**Building works:** Our building works continue to progress well, with the

installation of ramps and railing to ensure everyone can come to Kinglake Primary for an excellent education. The building works ensure our school is accessible for students with a disability.

### Kids Teaching Kids project:

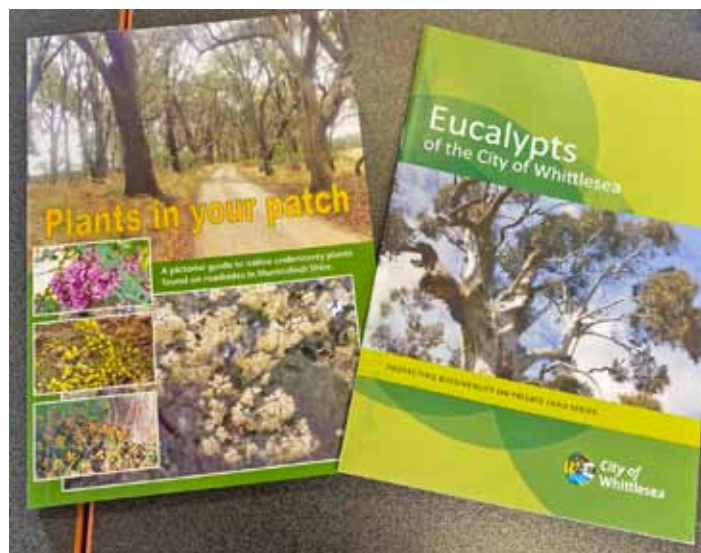
Ten Kinglake Primary students have begun an environmental project for this year's kids teaching kids event. The project is around the restoration of habitat corridors on and around the school grounds. They are working with Kids Teaching Kids and Landcare representatives to learn about the issues of habitat corridors that are not connected and the effect that has on the ability of wildlife to travel safely between areas. The project is ongoing, however to date the students have completed both a fauna and flora survey.

They have also examined footage of local animals from cameras set up in the forest area above the football oval. This will give students information about the types of animals that are inhabiting the school grounds and local areas both during the day

and at night. The flora survey helps students to understand which species are found in the area, if they are a native and understanding the role of trees and the structure of canopy and the different stories in the structure of animal habitat. Students worked with Zanni from Kids Teaching Kids around how we might go about restoring and rebuilding the break in the corridor of the habitat and how we can do that immediately and slowly over time, regrowing the native species of trees.

**School Tours:** We are so proud of our school and our students and love showing people around our beautiful school. Although group tours are unable to operate due to the pandemic we are very welcome to speak with individuals. So please give our office a call 5786 1284 if you're interested or even just curious about seeing the amazing things that go on at Kinglake Primary and the high quality teaching and learning programs that your child can benefit from.

*Deb Keating, Principal*







## Toolangi Primary School

Our School has that lovely buzzing sound of happy children again!

One thing we have noticed since our senior and junior students returned together on 26 May, has been the beautiful play across the school.

At recess and lunch, our grade 6 students are playing fantasy and imaginative games with our Prep students and Year Ones, some children are reading in the sun, and others are back building cubbies and finding new spots to hide. We have also welcomed back our PE, Art and Specialist Library teachers and look forward to the return of some volunteers in Term 3.

Our Junior class have finished their unit on Australian birds, and as the seasons have changed, have renewed a focus on winter and all the changes in our natural world that we see and celebrate with the return of the cold.

Tess has been working with all our students as we prepare for a modified Winter Solstice celebration. As a small school with a strong sense of community, we have missed our gatherings to commemorate the events that are important to us. Our Harvest Festival was postponed, but we are excited

about celebrating the solstice in a new way. We look forward to sharing some photos with you all.

Our Senior Class have wrapped up their 'fungi investigation'. During the final month of onsite learning, we embarked on a fungi hunt in Toolangi, captured the growth of the stinkhorn fungi using time lapse, coded a mini computer (BBC: microbit) to record air temperature and moisture levels in the soil where fungi grows, discovered a new way to look at fungi using a digital microscope, and participated in an online workshop with the incredible Alison Poulet.

Our community now has access to a defibrillator 24 hours a day, 7 days a week. CFA provided us with the unit, which can be accessed by all community members here at Toolangi Primary School. We have registered the defibrillator with Ambulance Victoria so that members of the community will be notified of its location when an emergency call is placed. The unit is located within the school grounds, outside the office front door.

We aim to run workshops for our students and families on first aid practices, including the use of a defibrillator,



as well as a session for our community.

Playgroup resumes in Term 3, and we have done some work around our school to create a special space for creative play for younger children.

If you would like to know more about Playgroup, come along

on Friday 17 July from 9.30am to meet some local families and learn more about the gentle and relaxed playgroup. We will be taking inquiries for 2021 enrolments in Term 3 and 4. If you would like to know more about the school, please get in touch with us to organise a visit.





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# Campfire Home Church



## IN GOD'S KINGDOM, WE ALL MATTER

In this world, we can be defined by race, nationality, politics, sexuality, economic status, gender, age, religion, and 1001 other ways. Most of us have multiple ways of defining ourselves depending on who we are with. As children, the circumstances of our lives and the behaviour of those around us profoundly influence how we later developed as adults. Whether we are loved or abused, protected or exploited, encouraged or ignored, nurtured or traumatised, those experiences will influence who we are and how we see ourselves.

The recent Black Lives Matter protests – sparked by the manslaughter of George Floyd – have highlighted the injustices that have been perpetrated against people, simply because one group thinks they are better than another. George Floyd's life matters because he is a human being made in the image of God. His race and skin colour shouldn't make any difference. As the Bible says, "For the LORD sees, not as man sees: man looks on the outward appearance, but the LORD looks on the heart".

**When we can look beyond outward appearances, maybe we will get close enough to be able to see into people's hearts too.**

From God's perspective, "There is neither Jew nor Greek, slave nor free, male nor female, for you are all one in Christ Jesus". (Galatians 3:28) We could add, "neither black nor white or any other shade in-between", because His church consists of people from every nation, tribe, language and people group around the world.

As one friend reminded me, "God loves ALL SORTS".

In God's kingdom, every person has a significance and purpose that is unique, unrepeatable, and irreplaceable. The world tries to press us into its various moulds, but God made us to be like Him in a totally unique way. The world decides our worth depending on whether we have something it wants, but God made us to love Him, and to be the objects of His love.

**There is no one like YOU in the whole universe, and God planned it that way.**

But sometimes, we feel like we don't belong, and wonder whether our life is worth living. This is because we have all gone astray, and lost our way, and so our lives are out of alignment with God's original purpose for us. The Bible calls this sin.

But God sent His Son Jesus to save us from sin, to give us hope for the future, and to bring us back to Himself. JESUS knows your name, and wants you to know Him – because ALL lives matter to Him, including YOURS. Come to Him, and find rest for your soul.

*Mark Trodd, Come and join us any Sunday from 10am.  
Ring Mark (57861970) for details*

## Church Services

### ANGLICAN CHURCH

#### St Peter's Memorial Church:

Cnr Bald Spur/Whittlesea-Kinglake Rds, Kinglake (Mel 250,B4)

Sunday Service: 8.30am Communion

Phone: 9716 2042

#### Christ Church, Whittlesea

5-9 Wallan Rd, Whittlesea (Mel 246E9)

Sunday service: 10.30am Communion

Minister: Rev.Dr Ruwan Palapathwala

97162042 or mob 0458113099

frruwan@gmail.com

[www.whittleseakinglakeanglican.org.au](http://www.whittleseakinglakeanglican.org.au)

Weddings and baptisms by appointment.

#### Whittlesea Opportunity Shop 7 Laurel St, Whittlesea

Enquiries: 9716 3144

Mon-Fri 10am-4pm, Sat 9.30am-12.30pm

### CAMPFIRE HOME CHURCH

21 Campbells Creek Rd, Castella.

Meets at 10 am every Sunday morning.

Ring Mark (57861970) or Jack (59629363) for details

### NEW HORIZONS

Whittlesea and Laurimar

(an Assemblies of God Church Member)

Senior Pastor: Shane and Millie Lepp

Phone: 9716 3057 or 0418 526 773

#### Sunday Services – Whittlesea

10am includes full Children's Church

28 Forest Street Whittlesea

Youth: every Sunday morning connect group  
during school term. Friday Nights Monthly.  
All youth welcome.

Contact: Natalie Stoner on 0413 724 014

Mainly Music Program Thursday 9am-10.30am

#### New Horizons Community Kitchen

Wednesdays 12-1pm, Church portable free lunch every

Wednesday, great time of fellowship.

For more info, contact church office on 9716 3057

### ST MARY'S CATHOLIC CHURCH

128 Main Road, Kinglake

Sunday Mass 8.30am

Priests: Fr Martin Ashe & Fr Shymon Thekkekalathungal

Office: 48 Mernda Village Dv, Mernda

Phone: 9715 2455

Email: [merndawhittlesea@cam.org.au](mailto:merndawhittlesea@cam.org.au)

Website: [www.cam.org.au/merndawhittlesea](http://www.cam.org.au/merndawhittlesea)

Parish Secretary: Monique Heckmann

Baptisms: Christine Hall 97152 455 Mon-Tue

First Communion/ Confirmation: internet registration via

Pastoral Associate: Sandy Starbuck Tue-Wed & Fri

### UNITING CHURCH

1050 Main Rd, Kinglake West

Services: 9am 1st & 3rd Sunday

Minister: 5786 5661

Friday night meals 6pm during school terms

The Meeting Place available for hire 5786 5661

### WHITTLESEA PRESBYTERIAN

Weekly services, including Sunday School

10.30am, 7 Lime St. Whittlesea

Enquiries: A. Johnson 9407 1797

Sunday School: Adele 9715 1198, Diane 5783 1658



# Kinglake Fire Brigade

## Winter Safety Guide for solid fuel heaters

By now winter has set in and we are going to do all we can to keep warm, and there are some safety issues that may need to be addressed.

### SOLID FUEL HEATERS (SFH)

Many of us have solid fuel heaters, this means that they require solid material that can be burnt to release energy, providing heat and light through the process of combustion, examples of solid fuels include wood, charcoal, peat, coal and wood pellets.

Depending on what type of heating you have, a thorough check, clean and/or service may be in order. Chimneys/flues discharge products as a result of this combustion, and because of this they should be inspected for soundness and thoroughly cleaned of any flammable materials such as grass, small twigs and other debris that may be the result of birds nesting in or around the flue pipe.

### Tips for correct use of a solid fuel heaters (SFH)

- Flue systems should be cleaned of soot or creosote to assist in the prevention of flue fires.
- Always use plenty of paper, good kindling and small logs to establish a hot fire quickly.
- Always leave the air control open for 20 minutes after refuelling heater.
- Avoid blocking the front of the firebox with logs.
- Do not overfill heater.
- Do not try to burn logs that are too large.

### Fuels that are not to be burned

Some fuels can release harmful toxins, which can pose a serious health risk to the public as well as the people in your home. When burnt, these substances may be released into the air or be present in the ash and pose a risk to health and/or to the environment.

The following fuels should never be burned • rubbish • driftwood • coal • Varnished or painted timber • Timber that has been treated with creosote, copper-chronic-arsenite (CCA) or lead based paint. If you are not sure – Do not burn it. Some hardwoods offered as firewood may have been used as railway sleepers or fencing and could be contaminated.

### Maintenance

1 Clean the chimney and flue at the end of



*Please don't let your flue get like this. The build up can cause a fire to start inside your flue and cause a chimney fire. If this happens please call the Fire Brigade. Even if you think you have put it out yourself many houses have been lost as the heat or embers have entered the roof space and ignited the surroundings.*

- every heating season;
- 2 Inspect the flue and chimney regularly to check for a build-up of soot and creosote; and
- 3 Remove all ash at the end of the heating season to prevent corrosion of the heater and during the heating season maintain a shallow layer of ash on the hearth.

### Home Fire Escape plans

Do you have an Escape Plan if there was a fire in your house?

Families who are well-prepared are more likely to escape their homes safely and without panic.

As part of your plan, all family members should know:

- The two quickest ways out of every room
- How they will exit from upstairs if your home has a second storey
- An agreed-upon meeting place outside, such as the letterbox
- How they will call Triple Zero (000)

There is a home fire escape plan template that you can download and print, to help create your plan.

### Top survival tips

- If your clothes catch fire, stop, drop and roll

- To help someone else, throw a woollen blanket over them to smother the flames
- Crawl low in smoke: the safest area for breathing is near the floor
- Use the back of your hand to check doors for heat before opening
- Close doors behind you if you can
- Don't go back inside for any reason

What parents need to know:

- Children are less likely than adults to wake up to the sound of a smoke alarm. Think about how you might be able to reach children's bedrooms if regular access is blocked by fire.
- Families should practise 'fire drills' twice a year – more often with younger children.

Useful tips for parents:

- Turn it into a game by timing how quickly they can escape
- Make sure children know their home address and how to call Triple Zero (000)
- Use online games and activities to teach children about fire safety
- Never lock your deadlocks when you're at home
- During a fire it will be dark and smoky – and a deadlocked door could block your escape. If you must keep deadlocks locked, leave your keys in the door.

Information can be found on the CFA site <http://www.cfa.vic.gov.au/plan-prepare/escape-plans/>, or you can contact me either on Facebook or at the station.

### Community Education

As our community safety coordinators cannot go out into the community due to COVID, recently CFA District 12 got some of their volunteers to make videos at home to send out the message of how to be safe in the home.

Our volunteers did a great job, and these can be seen on our facebook page 'Kinglake CFA' or on the District 12 page. I participated in this, which was an interesting experience. I hope you take a look and it helps you to engage in your own home fire safety.

We hope that you are staying warm and keeping safe.

Linda Craske

Brigade Community Safety Coordinator  
Kinglake Fire Brigade

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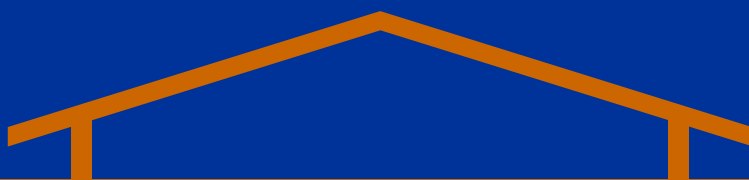
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- |                                     |               |                   |               |
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5780 2569 ah  
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0417 558 727

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**Phone: 0438 728 400**

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info@melbournewildlifepestcontrol.com.au  
www.melbournewildlifepestcontrol.com.au



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Plumbing Lic: 107659



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*Maccas Rural Services*

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 37 Thomson Lane  
 Kinglake 3763  
 p/f: **5786 1427**  
 m: 0409 143 237  
 e: [maccasmill@bigpond.com](mailto:maccasmill@bigpond.com)

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## SEPTIC TANK SERVICES

### SEPTIC SERVICES



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**LOCAL**

**BUSINESSES**  
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local businesses  
and communities  
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local economy



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# WATER BORES BY



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Technologies 0402 171 953

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Waggs Animal Home Visit Service 0419 562 127

## AUTO ELECTRICIAN

Diamond Creek Auto Electrical Service

Paul Dixon Ph 0458083280

## AUTOMOTIVE (CAR / MOTORCYCLE)

Parkers Auto Plus 9716 2010

## BANK

Bendigo Bank – Kinglake 5786 1656

## BIN HIRE

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## BUILDERS

Timbarra 5964 3368

## CAFES, BAKERY, FOOD & RESTAURANTS/ CATERING

Cappa Rossi's Cafe 5786 1783

Songbird Cafe & Larder  
songbirdcafeandlarder.com

## CONCRETE, STONE & BRICKLAYING SERVICES

Fleetwood Concreting 0418 534 973

## EARTHWORKS

Hollyoak Contracting 0412 789 406

JR Earthworks Damien 0418 506 130

Sprocket Earthmoving 0437 550 333

## EDUCATION AND TRAINING

The Centre 1300 843 236

## ELECTRICIANS & DATA SPECIALISTS

All Round Electrical 0417 594 342

All Wire and Cable Cameron 0431 695 589

AM Electrical Connections  
Adam 0488 990 000

Gary Francis Electrical 0438 001 302

Kinglake Electrical Services  
Jason 0448 810 715

## ENGINEERING, DESIGN & WELDING

R & D Burns Engineering 0428 300 357

## FENCING

Fencing & Land Services 0438 061 705

Maccas Rural Services  
5786 1427 or 0409 143 237

## FINANCIAL SERVICES

Buyers Choice Nicole 0412 169 035

## FIREWOOD

Nagambie Firewood Supplies  
Rob 0417 503 719

Pheasant Creek Stockfeeds & Supplies  
5786 5891

Spark It Up Firewood 0408 239 631

## FITNESS/SPORT

Kinglake Forest Adventures 5771 1287

## FLOORING

Brantwood Flooring 0417 599 931

J & T Precision Floors  
0423 270 954 / 0408 512 124

## FUNERAL HOMES

Halls Funeral Services 9438 5416

## GARDEN SERVICES & SUPPLIES

Feisty Enterprises Adam 0430 201 113

Morgan's Fuel Reduction 0419 895 464

Viking Maintenance 0499 949 940

## GAS SUPPLIES

Kinglake Gas Barry 5786 2197

Pheasant Creek Stockfeeds & Supplies  
5786 5891

## GATE OPENERS

Humevale 0400 086 210

## HAIRDRESSER

L D Hair Studio 0404 092 927

Teaserama 5786 1686

## HARDWARE

Simply Timber & Roofing 03 5743 0000

## HEALTH & WELLBEING

Chinese Medicine – Dr Angela Palmer  
5786 1889

Kinglake Massage and Day Spa 5786 5247

Koong's Thai Massage 0431 540 467

Psychologist - Peter Kueffer 0417 565 427

Whittlesea Physiotherapy 9716 2250

## LAWYERS / LEGAL SERVICES

TBA Law 03 5794 2334

## MARKETS (LOCAL)

Bollygum 5786 1426

Kinglake Produce & Artisan Market  
0400 337 556

## MEDICAL SERVICES

TLC Health Primary Care 03 9944 1500

Whittlesea Medical Clinic 9716 2207

Whittlesea Medical Imaging 9716 0278

## MEMBER OF PARLIAMENT

Cindy McLeish 9730 1066

Danielle Green 9432 9782

## METAL FABRICATIONS

Outer Edge Creations – Custom Fabrications  
0409 575 846

## NURSERY / GARDEN

Alowyn Gardens 9730 2400

## PAINTERS

John Kyme Painter & Decorator  
0418 564 851

## PEST CONTROL

Melbourne Wildlife and Pest Control  
0438 728 400

## PHARMACY

Hurstbridge Pharmacy 9718 2628

Kinglake Community Pharmacy 5786 1109

## PLASTERING

PDL Plastering 0417 558 727 or 5786 5591

## PLUMBING & PUMP SERVICES/SALES

Irelands Plumbing 0447 710 631

Kinglake Plumbing & Drainage 0408 176 342

Mountain Range Plumbing  
Damien 0418 506 130

Perspective Plumbing 0411 295 646

## POST OFFICE

Kinglake Post Office 5786 1209

## REAL ESTATE AGENTS

Mason, White, McDougall 5786 1199

Integrity Real Estate 5786 2033

## REMOVALS

Whittlesea Removals 9466 9455

## ROLLER SHUTTERS

Custom Roller Shutters 0401 843 828

## SCRAP METAL

United Metal Recycling 9467 5505

## SEPTIC SERVICES

Septic Services 0421 764 072

Septic Tank Specialists (Kinglake)  
0408 176 344

Bob Wallace & Sons 0419 131 958

## STOCKFEED

Pheasant Creek Stockfeeds & Supplies  
5786 5891

St Andrews Stockfeed 9710 1673

## TANK CLEANING

Accent On Tank Cleaning 0407 684 910



# LOCAL BUSINESS DIRECTORY

## TIMBER SUPPLIES

Simply Timber & Roofing 03 5743 0000

## TOWING & TRANSPORT

Eddy's Towing 0407 849 252 or 5797 8220

## TREE SERVICES

Morgan's Tree Services Pty Ltd 0419 895 464

Star Tree Service 5783 3170

Unlimbited Tree Services 0419 506 739

## VALUATIONS

Yarra Valley Valuations 5961 9176

## VETERINARY SERVICES

Mountain Ranges Vet Clinic 5786 1777

## WATER BORES

Northwest Drilling  
0409 362 289 or 9436 1982

## WATER SUPPLIERS

Kinglake West Water Anthony 0417 518 104

Mt Robertson Spring Water  
0400 389 022 or 5786 1389

## WEB DESIGN & INTERNET SERVICES

Tech Infonet 0419 182 858

## MURRINDINDI SHIRE COUNCIL

Customer Service and  
General Enquiries (03) 5772 0333  
Alexandra Library (03) 5772 0382  
Yea Library (03) 5736 0036  
Kinglake Library (03) 5786 1522  
Mobile Library 0429 412 521  
Operations Emergencies\* 0407 509 413  
(eg collapsed bridge or trees over road)  
Community Safety Emergencies\*  
0419 572 425  
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# COMMUNITY & EMERGENCY CONTACT NUMBERS

## EMERGENCY SERVICES

Kinglake Police	5786 1333
CFA	000
Police	000
Ambulance	000
SES	13 25 00
Nexus Primary Health	1300 77 33 52
Kinglake Ranges Health Centre	
Whittlesea Medical Clinic	
Whittlesea	9716 2207
Mill Park Super Clinic 24hrs	9436 4155
Dentist – Whittlesea	9716 0333
Dental 24 hr Emergency (Bundoora)	1800 233 684
Taxi	9310 5422
TRU Energy Power Failure	133 466
Bray Vets	0418 350 492
Mountain Ranges Vet Clinic	5786 1777
Help for Wildlife	0477 555 611
Wildlife Victoria	1300 094 535
Funeral Director	9438 5416
Local Laws	0419 572 425

## CRISIS NUMBERS

Berry Street	5770 2200
Kids Helpline	1800 551 800
Lifeline 24hr	13 11 14
Breastfeeding Helpline 24hrs	1800 686 268
24hr Maternal & Child Health line	13 22 29
Griefline 12noon – 3am	9935 7400
Poisons Information	13 11 26

## ALCOHOL AND DRUG SERVICES

Nexus Primary Health	1300 773 352
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## MENTAL HEALTH SERVICES

Mental Health Advice Line	1300 280 737
Crisis Assessment & Treatment Team	1300 859 789
Aged Psychiatric Assessment and Treatment	1300 369 005
Adult Mental Health Mon-Fri BH	5735 0333
Afterhours/Weekends/24hrs	1300 369 005
Child And Adolescent Mental Health	
Monday to Friday 9-5	5735 0300
Afterhours	1300 369 005
Mental Illness Fellowship	5735 2000
Goulburn Valley Health Mental Health Services	
Seymour	1300 369 005
Epping	1300 874 243
Heidelberg	1300 859 862

## HOUSING SERVICES

Office of Housing – (Seymour DHS)	5793 6400
Rural Housing Network	5735 2000
Pathways – homeless or at risk of becoming	5735 2055
Homeless	
– Outreach Connections Program BH	0409 812 159
The Bridge – for people up to 25yrs	5799 1298
Nexus Primary Health	1300 773 352
Consumer Affairs – Tenancy advice	1300 558 181

## AGED AND DISABILITY SERVICES

Aged Care Assessment Service	5823 6000
Aged Psychiatric Assessment and Treatment	1300 369 005
National Dementia Helpline	1800 100 500
Carers' Respite and Information Service	1800 059 059
Community Interlink	1800 222 582
DHS – Disability Access and Response Team	1800 783 783
Regional Information and Advocacy Council	1800 221 944
Victorian Aids and Equipment Program	1300 747 937
Interchange	
– for children with disabilities	5735 4600
Nexus Primary Health	1300 773 352
– Rural Access Worker – Disability Case Management –	
Physiotherapy, OT, Speech, Dietetics, Continence Advice, Podiatry	
SCOPE	5799 0148
Deaf Access Victoria	1300 302 335
Vision Australia	5831 3555
Kinglake Carers' Support Group	5786 1232

## CHILD AND FAMILY SERVICES

DHS Child Protection	1800 650 227
After Hours	13 12 78
Ellimatta Youth Inc	5786 1711
Foster Care – Berry Street Victoria	5799 0039
Family Day Care – Murrindindi Shire	1800 633 792
Permanent Care & Adoption – DHS	5832 1500
Specialist Children's Services – DHS	1800 783 783
Familycare	1800 663 107 or 5735 4600
Telephone Parenting Program	1800 880 660
Access & Support Worker	5774 2404

## FAMILY VIOLENCE

Nexus Primary Health	1300 773 352
Womens Domestic Violence Crisis Service	9322 3555 or 1800 015 188
Whittlesea Family Violence Unit, Mill Park Police	9407 3333

## COUNSELLING SERVICES

ATAPS (Access to allied and psychiatric services)	5734 8400
Ellimatta Youth Inc	5786 1711
General Counselling	
– Yea Community Health	5736 0400
Familycare	1800 663 107
Bushfire Financial Counselling	8401 0100 or 1800 002 992
Nexus Primary Health	1300 773 352
– Women in Relationships, Financial Counselling, Gambling	
Counselling, trauma, family therapy, play therapy	
G.V Centre Against Sexual Assault	5831 2343
Men & Relationships Program	1800 663 107
Relationships Australia	1300 364 277
Catholic Care	5786 1016
Victims Support Agency	1300 362 739
Victims of Crime Helpline	1800 819 817
ACGB Australian Centre for Grief and Bereavement	9265 2111

## HEALTH SERVICES

Hurstbridge Medical Centre	9718 2611
FamilyCare	5735 6400
Yea Medical Centre	5736 0444
Yea & District Memorial Hospital	5736 0400
– Acute care, District nursing, Ultrasound, Pathology, Physiotherapy, Visiting specialists	
Nexus Primary Health	
(Kinglake Ranges Health Centre)	1300 77 33 52
– Dietitian, OT, Diabetes educator, Asthma educator, Counsellor, Support Worker, general practitioner, practice nurse	
Maternal and Child Health	5786 1337
Lower Hume Palliative Care	5735 8070

## COMMUNITY SUPPORT RESOURCES

Ellimatta Youth Inc	5786 1711
Kinglake Neighbourhood House	5786 1301
Kinglake Ranges Men's Shed	5786 5999
KRBN	5786 1976

## SCHOOLS

Kinglake PS	5786 1284
Middle Kinglake PS	5786 1295
Kinglake West PS	5786 5262
Flowerdale PS	5780 1264
Toolangi PS	5962 9255
Strathewen PS	9714 8278
Yea High	5797 2207
Whittlesea SC	9719 1200
Diamond Valley	9438 1411

## KINDERGARTENS/PLAYGROUPS

Kinglake Ranges Childrens Centre	5786 1352
Kinglake Playgroup	5786 1301
Flowerdale Kinder	5780 2816

## PUBLIC PLACES

Bollygum Park	5786 1426
Community Centre Bookings	5786 1522
Kinglake Library	5786 1522
Kinglake Tool Library	0414 976 499
Sports Stadium Bookings	5786 1522
Kinglake West Hall	0435 414 110
Football Clubrooms	5786 1580
National Park	13 19 63 <a href="http://www.parks.vic.gov.au">www.parks.vic.gov.au</a>
Flowerdale Community Hall	5780 2027
Flowerdale Community House	5780 2664

## PATIENT TRANSPORT

Red Cross Patient Transport Service	0419 872 230
Lower Hume Community Transport Scheme	5799 2965

## JUSTICES OF THE PEACE

L Gunter (Flowerdale)	0417 535 566
Elizabeth Reid (JP)	0409 948 512
K Stewart (Kinglake)	5786 1557

## RESOURCE RECOVERY CENTRE

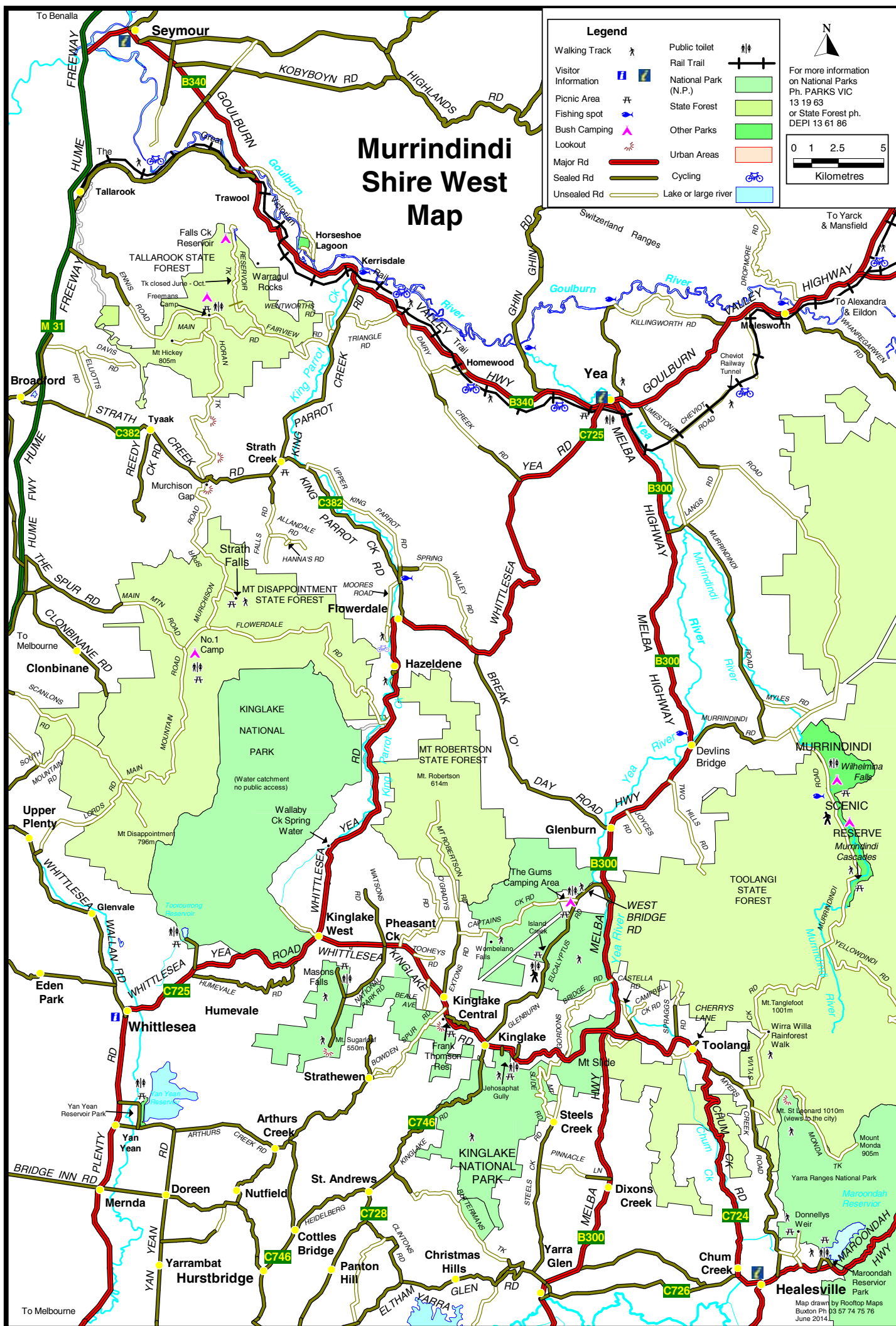
TRANSFER STATION (KINGLAKE)

CHARGES FOR MURRINDINDI RATEPAYERS

We recommend you check the website

[www.murrindindindi.vic.gov.au](http://www.murrindindindi.vic.gov.au) for current charges









# Integrity

REAL ESTATE YARRA VALLEY PTY LTD

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## WHAT IS DRIVING BUYERS?



Buyer  
Confidence



Record Low  
Interest Rates



Up to \$20,000 First  
Home Buyers Grant



Escape the City  
for Fresh Air



New \$25,000  
Building Grant



First Home Loan  
Deposit Scheme

## STILL NOT ENOUGH PROPERTIES TO MEET DEMAND

Buyer confidence has soared with record low interest rates and a range of new incentives including:

- \$20,000 Regional First Home Owners Grant Extended Until 2021
- New \$25,000 Building/Renovation Grant
- 5% First Home Loan Deposit Scheme

In addition to this, buyers are keen to escape the city to enjoy country lifestyle and fresh air. If you would like to sell but are unsure when the right time will be - THE TIME IS NOW.

**IN HIGHEST DEMAND : \$600k Homes for First Home Buyers**



Kinglake



Yea



Flowerdale



Kingsbury



Kinglake West



Kinglake



Glenburn



Yea

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**9730 2333**

Shop 2/38 - 40 Bell Street

Yarra Glen



**5786 2033**

Shop 1/2 Kinglake-Glenburn Road

Kinglake



# YOUR # 1 AGENT IN THE DISTRICT



masonwhite McDougall



## CASTELLA

NEW



### CONNECT WITH NATURE IN STYLE

Escape the city to this magnificent lifestyle property boasting a native bush setting and a short drive to the Yarra Valley with world class wineries and eateries.

Follow the Ornamental pear lined driveway and you will discover this large, spacious, light filled country home set on 4 1/2 acres approx. with a north facing outlook.

Offering an expansive combined living and dining area with a wood combustion fireplace, split system, stunning Mountain Ash floorboards, classic colonial windows and high ceilings secure tons of internal natural light, a massive full-height sliding barn door that was milled and made from a tree from off the property which opens into your 2nd living area and the many separate storage spaces all enhance the quirky design and use off all space. The kitchen is on trend and is centrally located making it the hub of the home with stainless steel appliances, granite island benchtops, butler's pantry, and abundant garden views.

The master bedroom wing is spacious and relaxed with a split system, WIR, ensuite and perfectly situated on the ground floor also versatile with separate private access to your own courtyard. There is another two large bedrooms, one situated on the upper level which has a walk-in and built in robes that would be the envy of your friends and a separate study nook.

The home will capture your heart as soon as you step through the front door, with its timeless style and relaxed, welcoming ambience. So, make sure you put this on your inspection list.

**ASKING: \$850,000 AH: DONNA WILSON ON 0409 676 933**

## PHEASANT CREEK

NEW



### LOCALS DO YOU WANT TO UPGRADE YOUR PROPERTY

Here is your opportunity to purchase prime real estate in the most sort after area in the Kinglake Ranges. Imagine your own 14 acre (approx.) parcel of land with a mixture of approx. 7 acres of cleared grazing land and 7 acres of beautiful Kinglake bush with a spring fed creek meandering through at the rear of the property. Ornamental pears trees line the driveway down to the excavated house site. Power has been run down to the house site with plans and permits ready to build a 5 bedroom, 4 bathroom story book home. Caravan & annex with power connected is on site and will stay with the property. Plans are available to view by private inspection only. With a 20,000 liter water tank, excellent fencing, and another excavated site for a shed, makes this a must inspect property. This property has so much to offer, call now to book your inspection.

**ASKING: \$630,000 - \$680,000 AH: JODIE THORNECROFT ON 0438 861 288**

## GLENBURN



### ENTRY POINT HOME, FANTASTIC LOCATION, ON THE RIVER

This three-bedroom brick veneer home is a fantastic opportunity to secure a property less than a minutes' drive to the melba Hwy, with quick access to the beautiful old town of Yea or 20 minutes to the Yarra Valley and the township of Yarra Glen. This property is on 4300m2 level block or just over an acre and is tucked away down a lovely quiet road with the Yea River at your back boundary. The house has concrete stumps and was re-wired 7 years ago, so with a bit of spit and polish it would make a great first home, investment property or even an easy to manage downsize property. **ASKING: \$510,000-\$550,000 AH: DONNA WILSON ON 0409 676 933**

## FLOWERDALE



### COUNTRY LIFESTYLE

Want to establish a country lifestyle then this level allotment of 1649m2 is the perfect start. With lovely established gardens consisting of ornamental trees, shrubs, cottage plants and fruit trees. Enjoy camping & picnics while you plan your new home with the King Parrot creek flowing past your back yard. You will spend many summer days here swimming, fishing and picnicking. The local store is only 4 minutes drive, 20 minutes to Whittlesea or 25 minutes to Yea.

This property is in a very sought-after area in Flowerdale, so be quick.

**ASKING: \$190,000 AH: JODIE THORNECROFT ON 0438 861 288**

**RING KINGLAKE'S LEADING AGENT FOR A FRIENDLY NO OBLIGATION APPRAISAL OR JUST CALL IN FOR A FRIENDLY CHAT ABOUT YOUR REAL ESTATE REQUIREMENTS.**

**5786 1199**

**1 GLENBURN ROAD, KINGLAKE  
mwmrealestate.com.au**

**Our other offices are located at Hurstbridge, Diamond Creek and Whittlesea**